

## BOCONNOC 5 - 19TH OCTOBER 2008

PLACE	TIME	NAME	TEAM	CATEGORY	PACE	NO
1	0:30:29	ALSOP, Daniel	St Austell RC		06:05.7	549
2	0:31:04	HIEBER, Ben	Newquay Road Runners	Male Vet 40-49	06:12.7	522
3	0:31:15	TRUBRIDGE, James			06:14.9	532
4	0:31:44	HODGSON, Graham	Newquay Road Runners	Male Vet 40-49	06:20.7	479
5	0:31:49	SABINE, Christopher			06:21.7	558
6	0:32:21	YOULDEN, Jamie	St Austell RC		06:28.1	496
7	0:32:45	MACLAREN, Donald	St Austell RC	Male Vet 40-49	06:32.9	498
8	0:33:01	SIMS, Steven	East Cornwall Harriers		06:36.1	530
9	0:33:02	BUDGE, Stephen	St Austell RC	Male Vet 40-49	06:36.3	490
10	0:33:06	KELVEY, Lucy	Newquay Road Runners		06:37.1	480
11	0:33:07	DOYLE, Nigel	St Austell RC	Male Vet 40-49	06:37.3	543
12	0:33:12	LEECH, Terry	East Cornwall Harriers	Male Vet 50-59	06:38.3	521
13	0:33:34	SMITH, Liam	East Cornwall Harriers		06:42.7	458
14	0:33:53	MATTHEWS, Ian	Mounts Bay Harriers	Male Vet 40-49	06:46.5	437
15	0:34:02	PURVIS, Adam	East Cornwall Harriers		06:48.3	457
16	0:34:04	JOSE, Aaron	Cornwall AC		06:48.7	474
17	0:34:51	REYNOLDS, Andy	St Austell RC		06:58.1	465
18	0:34:55	THOMPSON, John	Newquay Road Runners	Male Vet 50-59	06:58.9	517
19	0:35:23	BAZIN, Peter	St Austell RC	Male Vet 40-49	07:04.4	501
20	0:35:30	MARSHALL, Tom	St Austell RC		07:05.8	499
21	0:35:37	CIANO, Phillip	Truro Running Club	Male Vet 40-49	07:07.2	483
22	0:36:00	NIGHTINGALE, Jonathan		Male Vet 40-49	07:11.8	523
23	0:36:02	WEST, Andrew			07:12.2	454
24	0:36:03	STORER, Graham	Cornwall AC	Male Vet 50-59	07:12.4	442
25	0:36:14	JONES, Simon	St Austell RC		07:14.6	497
26	0:36:27	ALSOP, Doug	St Austell RC	Male Vet 60+	07:17.2	548
27	0:36:29	BROWN, Kenneth	St Austell RC	Male Vet 40-49	07:17.6	516
28	0:36:46	TURNER, James	Truro Running Club		07:21.0	504
29	0:36:49	ANDREWS, Mark	East Cornwall Harriers	Male Vet 50-59	07:21.6	553
30	0:36:52	PAWLEY, Christopher			07:22.2	467
31	0:36:53	BURGESS, Kathryn	Cornwall AC		07:22.4	533
32	0:37:03	BUDGE, Lee	St Austell RC		07:24.4	491
33	0:37:06	HOULT, Colin	St Austell RC	Male Vet 50-59	07:25.0	482
34	0:37:44	MATTHEWS, Viv	Mounts Bay Harriers	Male Vet 50-59	07:32.6	450
35	0:38:09	LANCASHIRE, Mark			07:37.6	486
36	0:38:16	LOCK, Roger	Cornwall AC	Male Vet 50-59	07:39.0	535
37	0:38:31	WILLSON, Richard	Truro Running Club	Male Vet 50-59	07:42.0	519
38	0:38:52	ELLIS, Michael	Devon/Cornwall Police		07:46.2	445
39	0:39:12	MATTHEWS, Jamie	Mounts Bay Harriers		07:50.2	515
40	0:39:14	CUSHING, Jeff		Male Vet 60+	07:50.6	507
41	0:39:24	RAGGETT, Ian	Mounts Bay Harriers		07:52.6	460
42	0:39:29	TURNER, Yvonne	Mounts Bay Harriers	Female Vet 45-59	07:53.6	443
43	0:39:42	GOSSAN, John	Looe Pioneers	Male Vet 50-59	07:56.2	550
44	0:39:57	ALLEN, Peter	Newquay Road Runners	Male Vet 50-59	07:59.2	472
45	0:39:58	SPENCE, Max			07:59.4	524
46	0:39:58	CAIRNEY, Shirley	St Austell RC	Female Vet 35-44	07:59.4	492
47	0:39:59	EDLIN, David	Newquay Road Runners		07:59.6	446
48	0:40:15	NEVILLE, Matthew		Male Vet 40-49	08:02.8	529
49	0:40:18	RINGER, Ian	East Cornwall Harriers	Male Vet 60+	08:03.4	464
50	0:40:22	DAVIS, Christopher		Male Vet 50-59	08:04.2	542
51	0:40:27	RASMUSSEN, Peter	Launceston Road Runners		08:05.2	541
52	0:40:29	HOOK, Guy	St Austell RC		08:05.6	554
53	0:40:43	BANBURY, David		Male Vet 40-49	08:08.4	556
54	0:40:59	DONOUGH, John	Torbay AC	Male Vet 50-59	08:11.6	561
55	0:41:05	SIMS, Andrew	East Cornwall Harriers	Male Vet 40-49	08:12.8	531
56	0:41:28	CROUCH, Laura	St Austell RC		08:17.4	493
57	0:41:33	MACKONCHIE, Andy		Male Vet 40-49	08:18.4	545
58	0:41:46	DREW, Barry	Carn Runners	Male Vet 60+	08:21.0	455
59	0:41:57	BOWDEN, John	Looe Pioneers	Male Vet 50-59	08:23.2	526

60	0:42:03	JOSLIN, Alison	Truro Running Club	Female Vet 45-59	08:24.4	453
61	0:42:25	BALES, Simon		Male Vet 60+	08:28.8	559
62	0:43:10	MEDL, Stephen		Male Vet 40-49	08:37.8	466
63	0:43:15	GENTLE, Marie	East Cornwall Harriers		08:38.8	534
64	0:43:27	BUDGE, Andrew	St Austell RC	Male Vet 40-49	08:41.2	488
65	0:43:50	MATTA, Chris	Truro Running Club	Male Vet 40-49	08:45.8	463
66	0:43:55	DUFFY, Jane		Female Vet 45-59	08:46.8	469
67	0:43:57	WRIGHT, Lucy	St Austell RC	Female Vet 35-44	08:47.2	514
68	0:44:12	PRADY, Liz	Mounts Bay Harriers	Female Vet 45-59	08:50.2	484
69	0:44:19	MULLARKEY, Mary	East Cornwall Harriers	Female Vet 60+	08:51.6	451
70	0:44:46	JEANS, Nick	Truro Running Club	Male Vet 60+	08:57.0	475
71	0:44:56	HAAS, Bernhard		Male Vet 40-49	08:59.0	461
72	0:45:15	WILLIS, Sharon	Womens Running Net (C)	Female Vet 45-59	09:02.8	471
73	0:45:34	CAMBORLEUX, Catheryn	St Austell RC	Female Vet 35-44	09:06.6	570
74	0:45:35	SAUNDER, Hannah			09:06.8	569
75	0:46:09	BUDGE, Claire	St Austell RC		09:13.6	489
76	0:46:22	JORDAN, Phil	Truro Running Club	Male Vet 50-59	09:16.2	520
77	0:46:29	ANSTEY, Mary	South West Vets AC	Female Vet 60+	09:17.6	536
78	0:46:30	BAZELEY, Sarah	St Austell RC	Female Vet 35-44	09:17.8	494
79	0:46:31	O'REILLY, Gayle	St Austell RC	Female Vet 35-44	09:18.0	500
80	0:46:51	BARLEY, Paul	Looe Pioneers	Male Vet 40-49	09:22.0	470
81	0:46:53	RULE, Helen	St Austell RC		09:22.4	528
82	0:47:06	HERRINGTON, Julie	St Austell RC	Female Vet 35-44	09:25.0	495
83	0:47:06	GALLOWAY, Alison	Carn Runners	Female Vet 45-59	09:25.0	505
84	0:47:35	CALVERT, Emily		Female Vet 35-44	09:30.8	544
85	0:47:42	GOUWS, Lucy			09:32.2	539
86	0:47:45	MATTHEWS, Susan	Mounts Bay Harriers	Female Vet 45-59	09:32.8	438
87	0:48:20	HAWKEY, Samantha	Womens Running Net (C)	Female Vet 35-44	09:39.8	478
88	0:48:39	BRODERICK, Patrick		Male Vet 60+	09:43.6	547
89	0:48:42	MITCHELL, Marilyn	St Austell RC	Female Vet 60+	09:44.2	439
90	0:49:03	DAVIS, Sam	Looe Pioneers	Female Vet 35-44	09:48.4	551
91	0:49:37	LEHAN, Lorraine		Female Vet 35-44	09:55.2	538
92	0:49:55	STEPHENS, Sandra	St Austell RC	Female Vet 45-59	09:58.8	502
93	0:50:26	MEDLICOTT, Dee		Female Vet 35-44	10:05.0	459
94	0:51:03	ANSTEY, David	South West Vets AC	Male Vet 60+	10:12.4	537
95	0:51:10	CULLEY, Carol	Carn Runners	Female Vet 45-59	10:13.8	509
96	0:51:48	DREW, Carole	Carn Runners	Female Vet 60+	10:21.4	456
97	0:51:49	MITCHELL, Julie			10:21.6	540
98	0:51:52	PHILLIPS, Diane	Tri Logic Cornwall	Female Vet 35-44	10:22.2	476
99	0:51:59	GUNN, Hilary		Female Vet 35-44	10:23.6	518
100	0:52:03	TAPPIN, Anna	Newquay Road Runners	Female Vet 45-59	10:24.4	506
101	0:53:05	CULLEY, Lizzy	Carn Runners		10:36.8	508
102	0:53:09	VILES, Charlotte			10:37.6	566
103	0:53:09	ALLEN, Emma		Female Vet 35-44	10:37.6	567
104	0:55:32	BATCHELOR, Gordon		Male Vet 60+	11:06.2	444
105	0:56:41	HARWOOD-LYNN, Teresa		Female Vet 45-59	11:20.0	571
106	0:57:01	ROBERTS, Pauline	Looe Pioneers	Female Vet 45-59	11:24.0	552
107	0:57:01	BOWDEN, Geraldine	Looe Pioneers	Female Vet 45-59	11:24.0	527
108	0:57:17	LEWIS, Melanie	Womens Running Net (C)	Female Vet 45-59	11:27.2	546
109	0:57:17	SANTON, Jane		Female Vet 35-44	11:27.2	462
110	0:57:27	HORNSBY, Claire		Female Vet 35-44	11:29.2	481
111	0:58:39	COOK, Terry			11:43.6	477
112	0:59:01	FAROLESS, Ben		Male Vet 50-59	11:48.0	572
113	0:59:04	WOOD, Lorna	Falmouth Road Runners	Female Vet 45-59	11:48.6	503
114	0:59:12	COLEMAN, Alison	St Austell RC	Female Vet 35-44	11:50.2	510
115	0:59:20	SIDEBOTHAM, John	St Austell RC		11:51.8	560
116	0:59:29	CRAZE, Sue	East Cornwall Harriers	Female Vet 35-44	11:53.6	485
117	0:59:36	BARNARD, Louise			11:55.0	568
118	1:00:17	PEARCE, Jennifer	Womens Running Net (C)	Female Vet 45-59	12:03.2	448
119	1:01:55	NOTLEY, Lennie		Male Vet 50-59	12:22.8	564
120	1:01:59	NOTLEY, Jo		Female Vet 35-44	12:23.6	565
121	1:06:02	WHITE, Christine	Falmouth Road Runners	Female Vet 60+	13:12.2	487
122	1:07:10	SLEE, June	Looe Pioneers	Female Vet 45-59	13:25.8	555

123	1:07:10	WILSON, Ellen	Looe Pioneers	Female Vet 60+	13:25.8	557
124	1:07:52	STEPHENS, Alison		Female Vet 35-44	13:34.2	563
125	1:07:52	STURTRIDGE, Rachel			13:34.2	562