

TREGGY 7 - 31ST AUGUST 2008 {2}

PLACE	TIME	NAME	TEAM	CATEGORY	PACE	NO
1	0:37:42	COLE, Jim	Tavistock AC	Male under 40	05:23.0	324
2	0:39:33	BUZZA, Dave	Cornwall AC	Male Vet 45-49	05:38.9	167
3	0:40:36	MILFORD, Shaun	Newquay Road Runners	Male Vet 45-49	05:47.9	122
4	0:41:03	ELLIS, Peter	Hayle Runners	Male under 40	05:51.7	194
5	0:41:15	DUNN, Tony	Cornwall AC	Male Vet 40-44	05:53.5	179
6	0:41:17	DREW, Tim	Mounts Bay Harriers	Male under 40	05:53.7	360
7	0:41:24	ALSOP, Daniel	St Austell RC	Male under 40	05:54.7	140
8	0:41:35	LEWIS, Matt	Cornwall AC	Male under 40	05:56.3	37
9	0:41:44	BROOKES, Steven	Tamar Trotters	Male Vet 40-44	05:57.6	288
10	0:42:34	CHERRINGTON, Mike	Tamar Trotters	Male Vet 40-44	06:04.7	88
11	0:42:54	FRIDAY, Jo	Cornwall AC	Female under 35	06:07.6	31
12	0:43:05	VOADEN, Roger		Male Vet 40-44	06:09.2	86
13	0:43:06	WHERRY, Steven	Cornwall AC	Male Vet 40-44	06:09.3	174
14	0:43:07	TOZER, Shaun	Cornwall AC	Male under 40	06:09.5	41
15	0:43:23	VERNON, Gary	Launceston Road Runners	Male under 40	06:11.7	348
16	0:43:36	SNOOK, Colin	Cornwall AC	Male under 40	06:13.6	180
17	0:43:51	MARSON, Gary	Tamar Trotters	Male Vet 45-49	06:15.7	248
18	0:44:14	ANGILLEY, David	Cornwall AC	Male Vet 40-44	06:19.0	170
19	0:44:15	JEFFERYS, Warren	Hayle Runners	Male under 40	06:19.2	203
20	0:44:18	MILES, Carl	St Austell RC	Male under 40	06:19.6	157
21	0:44:22	TRUDGIAN, Andy	St Austell RC	Male under 40	06:20.2	163
22	0:44:29	SABINE, Christopher		Male under 40	06:21.2	330
23	0:44:37	MASSEY, Gareth	Newquay Road Runners	Male under 40	06:22.3	358
24	0:44:54	GENTLE, Stephen	East Cornwall Harriers	Male under 40	06:24.7	111
25	0:44:58	HICKS, Sam	Hayle Runners	Male Vet 40-44	06:25.3	353
26	0:44:59	ROBERTS, Malcolm	St Austell RC	Male Vet 55-59	06:25.5	159
27	0:45:08	CHESTERFIELD, Paul	Cornwall AC	Male Vet 45-49	06:26.7	181
28	0:45:09	STALLARD, Emma	Cornwall AC	Female Vet 35-39	06:26.9	138
29	0:45:26	BROWN, Bob	East Cornwall Harriers	Male under 40	06:29.3	58
30	0:45:33	CROWLE, Revis	East Cornwall Harriers	Female Vet 45-49	06:30.3	349
31	0:45:38	BESTWICK, Paul	St Austell RC	Male under 40	06:31.0	362
32	0:45:43	DOYLE, John	Mounts Bay Harriers	Male Vet 50-54	06:31.7	139
33	0:45:55	COOPER, Allan	Truro Running Club	Male Vet 55-59	06:33.5	225
34	0:46:06	MACLAREN, Donald	St Austell RC	Male Vet 45-49	06:35.0	154
35	0:46:08	LAWSON, Matthew		Male under 40	06:35.3	30
36	0:46:11	HILL, Sam	Mounts Bay Harriers	Male under 40	06:35.7	54
37	0:46:15	WITHAM, Neville	Cornwall AC	Male Vet 50-54	06:36.3	82
38	0:46:19	HEAL, Will	Bideford AAC	Male under 40	06:36.9	164
39	0:46:26	BARKELL, Neil		Male under 40	06:37.9	318
40	0:46:37	SOUTHBY, Dave	Cornwall AC	Male Vet 40-44	06:39.5	43
41	0:46:47	TRUSCOTT, Simon	Newquay Road Runners	Male under 40	06:40.9	237
42	0:46:54	WILES, Brian	Launceston Road Runners	Male Vet 60-64	06:41.9	39
43	0:46:59	WALLBANK, Rob	St Austell RC	Male under 40	06:42.6	165
44	0:47:04	BOSUSTOW, Suzy	Cornwall AC	Female Vet 35-39	06:43.3	171
45	0:47:09	WALDIE, John	Cornwall AC	Male Vet 40-44	06:44.0	33
46	0:47:18	DALTON, Richard	Falmouth Road Runners	Male under 40	06:45.3	299
47	0:47:28	MORANT, Jordan	Hayle Runners	Male under 40	06:46.7	209
48	0:47:38	ALSTON, Bethany	Cornwall AC	Female under 35	06:48.2	89
49	0:47:39	CURTIS, Ken	Cornwall AC	Male Vet 45-49	06:48.3	50
50	0:47:41	CROWLE, Mark	St Austell RC	Male under 40	06:48.6	253
51	0:47:44	LEECH, Terry	East Cornwall Harriers	Male Vet 50-54	06:49.0	291
52	0:47:46	STEVEN, Caroline	Launceston Road Runners	Female Vet 40-44	06:49.3	263
53	0:47:51	BOLT, Phil	Cornwall AC	Male Vet 40-44	06:50.0	289
54	0:47:59	ROY, Diane	East Cornwall Harriers	Female Vet 45-49	06:51.2	334
55	0:48:12	MATTHEWS, Ian	Mounts Bay Harriers	Male Vet 40-44	06:53.0	105
56	0:48:18	LOCKETT, Pat	Newquay Road Runners	Male Vet 60-64	06:53.9	233
57	0:48:22	PEARSON, Andrew	Bideford AAC	Male under 40	06:54.5	152
58	0:48:27	LEE, Phil	Truro Running Club	Male Vet 50-54	06:55.2	92
59	0:48:31	GYNN, Trevor	Launceston Road Runners	Male Vet 45-49	06:55.7	3

60	0:48:36	CROWLE, Ian	East Cornwall Harriers	Male Vet 45-49	06:56.5	350
61	0:48:40	BURROWS, Anthony	Hayle Runners	Male Vet 40-44	06:57.0	131
62	0:48:43	OSBORNE, John	Launceston Road Runners	Male Vet 60-64	06:57.5	5
63	0:48:46	Donna	Cornwall AC	Female Vet 35-39	06:57.9	177
64	0:48:48	DAW, Sharon	East Cornwall Harriers	Female Vet 40-44	06:58.2	134
65	0:48:52	WRIGHT, Ian	Cornwall AC	Male Vet 50-54	06:58.7	178
66	0:48:54	HUMPHREY, Thomas	Hayle Runners	Male under 40	06:59.0	314
67	0:48:57	HOLE, Stephen	Carn Runners	Male under 40	06:59.5	95
68	0:48:58	WRIGHT, Paul	Newquay Road Runners	Male Vet 60-64	06:59.6	81
69	0:48:59	JUKES, Andy	Hayle Runners	Male Vet 40-44	06:59.7	198
70	0:49:09	BULLOCK, Paul	St Austell RC	Male Vet 50-54	07:01.2	145
71	0:49:16	TREGASKES, Andy	St Austell RC	Male under 40	07:02.2	252
72	0:49:20	WOODHOUSE, James		Male Vet 40-44	07:02.7	370
73	0:49:31	DOMINEY, Chris	Newquay Road Runners	Male under 40	07:04.3	114
74	0:49:34	SNOW, Ian	Torrington AAC	Male Vet 55-59	07:04.7	267
75	0:49:35	BURGESS, Kathryn	Cornwall AC	Female under 35	07:04.9	48
76	0:49:43	OGILVIE, Sue	Newquay Road Runners	Female Vet 50-54	07:06.0	113
77	0:49:50	WOOLDRIDGE, David	Newquay Road Runners	Male Vet 45-49	07:07.0	307
78	0:49:54	HILL, Nancy	Mounts Bay Harriers	Female Vet 40-44	07:07.6	32
79	0:50:04	ABRAHAM, Scott	Hayle Runners	Male under 40	07:09.0	182
80	0:50:05	ANGILLEY, Jayne	Hayle Runners	Female Vet 45-49	07:09.2	183
81	0:50:07	BAZLEY, Peter	Tavistock AC	Male Vet 50-54	07:09.5	215
82	0:50:09	OMORI, Mark	Mounts Bay Harriers	Male Vet 45-49	07:09.7	136
83	0:50:13	ARROWSMITH, Paul	East Cornwall Harriers	Male under 40	07:10.3	281
84	0:50:18	HICKSON, Andrew	Mounts Bay Harriers	Male Vet 40-44	07:11.0	125
85	0:50:28	MILLS, Jenny	Launceston Road Runners	Female Vet 55-59	07:12.4	90
86	0:50:43	HILL, Terry	Hayle Runners	Male Vet 45-49	07:14.6	200
87	0:50:52	MARSH, Danny	Cornwall AC	Male under 40	07:15.9	97
88	0:50:53	TRUMAN, Jason	Newquay Road Runners	Male under 40	07:16.0	235
89	0:50:55	ULLMAN, Chris	East Cornwall Harriers	Male under 40	07:16.3	69
90	0:51:09	THOMPSON, John	Newquay Road Runners	Male Vet 50-54	07:18.3	123
91	0:51:12	TRESIDDER, Rachel	Mounts Bay Harriers	Female under 35	07:18.7	77
92	0:51:15	ALSOP, Doug	St Austell RC	Male Vet 60-64	07:19.2	141
93	0:51:16	BAKER, Rachel	Launceston Road Runners	Female under 35	07:19.3	271
94	0:51:23	PHILPOTTS, Bob	Hayle Runners	Male Vet 50-54	07:20.3	205
95	0:51:30	GREEN, Alan	East Cornwall Harriers	Male Vet 50-54	07:21.3	293
96	0:51:49	WIMBERLEY, Graham		Male Vet 45-49	07:24.0	127
97	0:52:13	HITCHENS, Ricky	Newquay Road Runners	Male Vet 40-44	07:27.4	305
98	0:52:21	HOLDEN, Charlie	Hayle Runners	Male under 40	07:28.6	201
99	0:52:23	STEPHENSON, Mark	Newquay Road Runners	Male Vet 45-49	07:28.9	231
100	0:52:26	EDEN, Reg	St Austell RC	Male Vet 55-59	07:29.3	8
101	0:52:32	STRINGER, Justin	Truro Running Club	Male under 40	07:30.2	130
102	0:52:33	MORRIS, Paul		Male under 40	07:30.3	333
103	0:52:46	YATES, Jason	Kernow Runners	Male under 40	07:32.2	265
104	0:52:51	EMMERTON, Kevin	Newquay Road Runners	Male Vet 45-49	07:32.9	234
105	0:52:52	SCOTT, Ian	Newquay Road Runners	Male Vet 40-44	07:33.0	70
106	0:52:54	TOMS, Faye	Hayle Runners	Female under 35	07:33.3	216
107	0:52:57	EVANS, Jennifer	Cornwall AC	Female under 35	07:33.7	68
108	0:52:59	LITTLEJOHNS, Alan	Launceston Road Runners	Male Vet 60-64	07:34.0	10
109	0:53:02	FERGUSON, Andrew	Truro Running Club	Male Vet 40-44	07:34.4	55
110	0:53:03	ORCHARD, Mike	Hayle Runners	Male Vet 50-54	07:34.6	354
111	0:53:09	STORER, Graham	Cornwall AC	Male Vet 50-54	07:35.4	72
112	0:53:11	SHARP, Jeremy	Truro Running Club	Male Vet 50-54	07:35.7	325
113	0:53:13	BUNTING, Maggie	Tamar Trotters	Female Vet 40-44	07:36.0	244
114	0:53:16	TONKIN, Craig	Hayle Runners	Male under 40	07:36.4	217
115	0:53:18	KEARNS, Joe	Launceston Road Runners	Male Vet 45-49	07:36.7	347
116	0:53:20	RICHARDSON, Lesley	Newquay Road Runners	Female Vet 45-49	07:37.0	115
117	0:53:25	BESTWICK, Rachel	St Austell RC	Female under 35	07:37.7	143
118	0:53:37	WHITE, Len	East Cornwall Harriers	Male Vet 50-54	07:39.4	36
119	0:53:45	HOULT, Colin	St Austell RC	Male Vet 55-59	07:40.6	44
120	0:53:50	GORMAN, Noel		Male Vet 40-44	07:41.3	101
121	0:53:51	HERBERT, Adam	Cornwall AC	Male under 40	07:41.4	290
122	0:53:54	TOWNEND, Stewart	Hayle Runners	Male Vet 65-69	07:41.9	218

123	0:54:02	ANDREWS, Mark	East Cornwall Harriers	Male Vet 50-54	07:43.0	319
124	0:54:07	GILBERT, Michael		Male under 40	07:43.7	124
125	0:54:11	THACKER, Steve	Ropsley Road Runners	Male Vet 45-49	07:44.3	337
126	0:54:14	PENBERTHY, Michael	Hayle Runners	Male Vet 50-54	07:44.7	230
127	0:54:16	SHENTON, Robert	Tamar Trotters	Male Vet 50-54	07:45.0	246
128	0:54:18	RITCHIE, Janet	Carn Runners	Female Vet 45-49	07:45.3	277
129	0:54:26	LEWIS, Leonard	Falmouth Road Runners	Male Vet 60-64	07:46.4	298
130	0:54:28	ADEY, Steve	Hayle Runners	Male under 40	07:46.7	197
131	0:54:37	SHAPLAND, Ron	Newquay Road Runners	Male Vet 65-69	07:48.0	121
132	0:54:43	HOFFEN, Kate	Tamar Trotters	Female Vet 40-44	07:48.9	59
133	0:54:52	BLIGHT, James		Male under 40	07:50.2	87
134	0:54:57	CLEMENTS, Martyn		Male Vet 50-54	07:50.9	283
135	0:55:02	PERKIN, Sam	Mounts Bay Harriers	Male under 40	07:51.6	11
136	0:55:05	BURNELL, Frank	Hayle Runners	Male Vet 50-54	07:52.0	51
137	0:55:06	QUICK, Louise	Hayle Runners	Female under 35	07:52.2	210
138	0:55:12	SHIPTON, Jason	Tamar Trotters	Male under 40	07:53.0	241
139	0:55:17	CURTIN, Emily	East Cornwall Harriers	Female Vet 35-39	07:53.7	53
140	0:55:19	CARPENTER, Michael	Launceston Road Runners	Male Vet 55-59	07:54.0	262
141	0:55:23	MOORE, Andy	Hayle Runners	Male Vet 50-54	07:54.6	208
142	0:55:29	HOOK, Guy	St Austell RC	Male under 40	07:55.4	151
143	0:55:39	PALMER, Michael	East Cornwall Harriers	Male Vet 60-64	07:56.9	321
144	0:55:43	TURNER, Yvonne	Mounts Bay Harriers	Female Vet 45-49	07:57.4	73
145	0:55:50	HYNARD, Mark	Hayle Runners	Male Vet 45-49	07:58.4	202
146	0:55:52	ROWE, Gareth		Male Vet 50-54	07:58.7	256
147	0:55:54	FITZMAURICE, Kate	Hayle Runners	Female under 35	07:59.0	13
148	0:55:58	ALLEN, Peter	Newquay Road Runners	Male Vet 50-54	07:59.6	16
149	0:55:59	SMITH, Brian	Hayle Runners	Male Vet 40-44	07:59.7	214
150	0:56:06	ADAMS, David	Newquay Road Runners	Male under 40	08:00.7	309
151	0:56:13	SPENCE, Max		Male under 40	08:01.7	67
152	0:56:20	PARKER, Andrew	Launceston Road Runners	Male Vet 45-49	08:02.7	22
153	0:56:25	WOODLEY, David	Tamar Trotters	Male under 40	08:03.4	311
154	0:56:26	MOUNTER, David	Carn Runners	Male Vet 60-64	08:03.6	9
155	0:56:28	ABBOTT, Jason		Male under 40	08:03.9	18
156	0:56:36	ROPER, Helen	AlchesterRC	Female under 35	08:05.0	132
157	0:56:48	TAYLOR, Sue	Mounts Bay Harriers	Female Vet 55-59	08:06.7	129
158	0:56:56	CHATER, Gary	Launceston Road Runners	Male Vet 40-44	08:07.9	108
159	0:57:02	WILTON, David	Falmouth Road Runners	Male Vet 50-54	08:08.7	223
160	0:57:09	GRONWALT, Ian	Mounts Bay Harriers	Male Vet 40-44	08:09.7	315
161	0:57:16	DAVEY, Tracey	St Austell RC	Female Vet 35-39	08:10.7	147
162	0:57:21	CRYER, Jon		Male Vet 50-54	08:11.4	284
163	0:57:22	GREET, Pete	St Austell RC	Male under 40	08:11.6	149
164	0:57:28	BLIGHT, Andrew	Truro Running Club	Male Vet 45-49	08:12.4	17
165	0:57:30	YATES, Rich	Launceston Road Runners	Male Vet 40-44	08:12.7	264
166	0:57:31	MARKS, Stephen	Carn Runners	Male Vet 55-59	08:12.9	99
167	0:57:44	SIMS, Andrew	East Cornwall Harriers	Male Vet 40-44	08:14.7	345
168	0:58:02	SPRINGALL, Claire	Truro Running Club	Female Vet 35-39	08:17.3	35
169	0:58:04	SUGAR, Eddie		Male Vet 55-59	08:17.6	176
170	0:58:06	SMITH, Alan	East Cornwall Harriers	Male Vet 65-69	08:17.9	338
171	0:58:08	MARSHALL, Keith	Falmouth Road Runners	Male Vet 60-64	08:18.2	20
172	0:58:16	KINGTON, Norris	Cornwall AC	Male Vet 65-69	08:19.3	224
173	0:58:18	CHILDS, Peter		Male Vet 55-59	08:19.6	148
174	0:58:25	FENN, Holly	St Austell RC	Female under 35	08:20.6	254
175	0:58:30	BALDWIN, Mike	Hayle Runners	Male Vet 45-49	08:21.3	184
176	0:58:31	THOMAS, Rachael	Truro Running Club	Female Vet 35-39	08:21.4	63
177	0:58:32	FOREMAN, Michelle	Hayle Runners	Female Vet 40-44	08:21.6	195
178	0:58:37	CHATER, Ann-marie	Launceston Road Runners	Female Vet 40-44	08:22.3	46
179	0:58:38	FUNNELL, Bridget		Female Vet 55-59	08:22.4	295
180	0:58:39	DONOVAN, John	Torbay AC	Male Vet 50-54	08:22.6	373
181	0:58:40	DREW, Peter	Carn Runners	Male Vet 55-59	08:22.7	278
182	0:58:50	PARRITT, Pat	East Cornwall Harriers	Female Vet 55-59	08:24.2	260
183	0:58:52	HITCHENS, Wietske	Newquay Road Runners	Female Vet 40-44	08:24.4	306
184	0:58:59	ERITH, Amanda	East Cornwall Harriers	Female Vet 55-59	08:25.4	228
185	0:59:07	MASKELL, Lisa	Hayle Runners	Female under 35	08:26.6	229

186	0:59:08	DREW, Barry	Carn Runners	Male Vet 60-64	08:26.7	29
187	0:59:09	TRESTRAIL, Jo	Carn Runners	Female Vet 35-39	08:26.9	94
188	0:59:11	GLEED, Keith	Tamar Trotters	Male Vet 55-59	08:27.2	336
189	0:59:17	BROWN, David		Male Vet 40-44	08:28.0	56
190	0:59:18	WILLIAMS, Maria	Hayle Runners	Female Vet 45-49	08:28.2	221
191	0:59:24	MORRIS, Sonya	Womens Running Net (C)	Female Vet 35-39	08:29.0	120
192	0:59:31	SPARGO, Philip	Truro Running Club	Male Vet 50-54	08:30.0	61
193	0:59:42	BUDGE, Andrew	St Austell RC	Male Vet 40-44	08:31.6	161
194	0:59:45	HOWGILL, Helen		Female Vet 35-39	08:32.0	74
195	0:59:50	BUILDER, Rachel	St Austell RC	Female Vet 35-39	08:32.7	251
196	0:59:52	COLEMAN, Rob	St Austell RC	Male under 40	08:33.0	250
197	0:59:53	PALMER, Robin		Male under 40	08:33.1	199
198	0:59:55	MOULE, Robert		Male Vet 40-44	08:33.4	110
199	0:59:59	WILLIAMS, Angie		Female Vet 45-49	08:34.0	258
200	1:00:06	RASMUSSEN, Peter	Launceston Road Runners	Male under 40	08:35.0	329
201	1:00:07	CAIRNEY, Shirley	St Austell RC	Female Vet 40-44	08:35.1	255
202	1:00:08	MELLIS, Susan	St Austell RC	Female Vet 55-59	08:35.3	155
203	1:00:09	DUNCAN, Jeanette	Womens Running Net (C)	Female Vet 45-49	08:35.4	356
204	1:00:16	EDLIN, David	Newquay Road Runners	Male under 40	08:36.4	117
205	1:00:20	VENNING, Martin	Launceston Road Runners	Male Vet 55-59	08:37.0	7
206	1:00:21	POLLITT, Derek	St Austell RC	Male Vet 40-44	08:37.1	158
207	1:00:22	DONISELLI, Michela	Launceston Road Runners	Female Vet 35-39	08:37.3	103
208	1:00:30	MORFORD, Anna	Truro Running Club	Female Vet 40-44	08:38.4	83
209	1:00:40	ROWE, Phil	Hayle Runners	Male Vet 60-64	08:39.9	212
210	1:00:49	HARRIS, Geoff	Newquay Road Runners	Male Vet 45-49	08:41.1	236
211	1:00:49	FRASER, Glen	Hayle Runners	Male Vet 50-54	08:41.1	196
212	1:00:58	SPENCER, Christopher		Male Vet 45-49	08:42.4	104
213	1:01:03	WHYBREW, Paul	Launceston Road Runners	Male Vet 45-49	08:43.1	273
214	1:01:10	TAYLOR, James		Male Vet 40-44	08:44.1	335
215	1:01:12	GYNN, Stewart		Male Vet 40-44	08:44.4	359
216	1:01:32	BENNETT, David	Truro Running Club	Male Vet 55-59	08:47.3	84
217	1:01:40	POLLARD, Carol	East Cornwall Harriers	Female Vet 50-54	08:48.4	285
218	1:01:48	CURTIS, Jill	Cornwall AC	Female Vet 50-54	08:49.6	49
219	1:01:54	LAMBRECHTS, Patsy	Launceston Road Runners	Female Vet 45-49	08:50.4	65
220	1:01:55	MOULE, Eunice	Tavistock AC	Female Vet 40-44	08:50.6	109
221	1:02:04	Tracey	Womens Running Net (C)	Female Vet 35-39	08:51.9	328
222	1:02:14	GARBETT, Linda	Carn Runners	Female Vet 35-39	08:53.3	226
223	1:02:19	MULLARKEY, Mary	East Cornwall Harriers	Female Vet 55-59	08:54.0	261
224	1:02:33	BARNES, John		Male Vet 45-49	08:56.0	343
225	1:02:40	PARKIN, Sue		Female Vet 40-44	08:57.0	316
226	1:02:44	ROWE, Tim	St Austell RC	Male Vet 40-44	08:57.6	160
227	1:03:04	PRATTEN, Kenneth	Callington RR	Male Vet 70+	09:00.4	294
228	1:03:06	HOILE, Rita	East Cornwall Harriers	Female Vet 55-59	09:00.7	107
229	1:03:09	CAVES, Trevor		Male Vet 50-54	09:01.1	100
230	1:03:26	ASSER, James	St Austell RC	Male Vet 40-44	09:03.6	142
231	1:03:28	TRETHEWEY, Martin	Newquay Road Runners	Male Vet 40-44	09:03.9	112
232	1:03:31	CASSAVILLE, Sarah		Female under 35	09:04.3	78
233	1:03:32	BUCKLEY, Tracey	East Cornwall Harriers	Female under 35	09:04.4	79
234	1:03:33	MITCHELL, Marilyn	St Austell RC	Female Vet 60-64	09:04.6	156
235	1:03:35	LEO, Cas	Hayle Runners	Male Vet 45-49	09:04.9	206
236	1:03:36	PICKARD, Dave		Male Vet 45-49	09:05.0	222
237	1:03:38	WATKINS, Yvonne	Mounts Bay Harriers	Female Vet 45-49	09:05.3	282
238	1:03:39	GODBY, Stephen		Male Vet 50-54	09:05.4	292
239	1:03:42	WILLIAMS, Andy		Male Vet 50-54	09:05.9	259
240	1:03:44	GOODALL, Malcolm	Falmouth Road Runners	Male Vet 40-44	09:06.1	24
241	1:03:45	WILLIS, Sharon	Womens Running Net (C)	Female Vet 45-49	09:06.3	137
242	1:03:54	MARKS, Wendy	Carn Runners	Female Vet 50-54	09:07.6	98
243	1:03:58	BURGES, Sue	Launceston Road Runners	Female Vet 55-59	09:08.1	4
244	1:04:01	TOZER, Nicola	Truro Running Club	Female Vet 35-39	09:08.6	42
245	1:04:14	MUTSAERS, Kirstie	Cornwall AC	Female Vet 35-39	09:10.4	296
246	1:04:14	MUTSAERS, Adrian	Cornwall AC	Male under 40	09:10.4	297
247	1:04:17	CHAPMAN, Susan	Hayle Runners	Female Vet 45-49	09:10.9	193
248	1:04:44	BARRINGTON, Ann	Truro Running Club	Female Vet 50-54	09:14.7	91

249	1:04:48	BUDGE, Claire	St Austell RC	Female under 35	09:15.3	144
250	1:05:38	BERESFORD, Chris	Carn Runners	Male Vet 45-49	09:22.4	93
251	1:05:53	ROWE, Jane	Womens Running Net (C)	Female Vet 45-49	09:24.6	257
252	1:06:00	ROBERTS, Liz	Bideford AAC	Female Vet 35-39	09:25.6	344
253	1:06:01	ADAMS, Sally	Newquay Road Runners	Female Vet 35-39	09:25.7	341
254	1:06:03	TURNER, Ena		Female Vet 50-54	09:26.0	286
255	1:06:05	TREDINNICK, Emma	Hayle Runners	Female Vet 35-39	09:26.3	220
256	1:06:25	ROGERS, Victoria	Tamar Trotters	Female Vet 40-44	09:29.1	245
257	1:06:34	BOWKER, Rachel	Hayle Runners	Female Vet 35-39	09:30.4	190
258	1:06:42	MATTHEWS, Susan	Mounts Bay Harriers	Female Vet 45-49	09:31.6	106
259	1:06:47	HATCH, David	Moorhaven	Male Vet 60-64	09:32.3	60
260	1:06:54	FOLKARD, Julie	Womens Running Net (C)	Female Vet 45-49	09:33.3	34
261	1:07:01	WEBB, Louise	Womens Running Net (C)	Female Vet 35-39	09:34.3	71
262	1:07:15	PARSONS, Sonia	Launceston Road Runners	Female Vet 35-39	09:36.3	272
263	1:07:19	OSBORN, Kathryn	Hayle Runners	Female Vet 45-49	09:36.9	128
264	1:07:22	PRADY, Liz	Mounts Bay Harriers	Female Vet 50-54	09:37.3	340
265	1:07:39	HAMMICK, Liz	Falmouth Road Runners	Female Vet 55-59	09:39.7	300
266	1:07:45	WEST, Scott		Male under 40	09:40.6	371
267	1:07:48	WRIGHT, Lisa	Womens Running Net (C)	Female Vet 60-64	09:41.0	80
268	1:07:49	TONG, Rebecca	Truro Running Club	Female Vet 35-39	09:41.1	15
269	1:07:54	WATKINS, Leigh	Tamar Trotters	Male under 40	09:41.9	242
270	1:07:57	MARSHALL, Terry	Falmouth Road Runners	Female Vet 55-59	09:42.3	19
271	1:07:58	HUTCHINSON, Rod		Male Vet 45-49	09:42.4	207
272	1:07:59	BOWDEN, Jackie	Hayle Runners	Female Vet 45-49	09:42.6	189
273	1:08:02	VALLIS, Sandra	Womens Running Net (C)	Female Vet 45-49	09:43.0	232
274	1:08:21	HARLAND, Simon		Male Vet 40-44	09:45.7	276
275	1:08:41	REYNOLDS, Andrew	Hayle Runners	Male Vet 40-44	09:48.6	211
276	1:08:51	LATHOM, Janet	Launceston Road Runners	Female Vet 50-54	09:50.0	269
277	1:08:59	BARRIBAL, Julie	Launceston Road Runners	Female Vet 40-44	09:51.1	320
278	1:09:10	ROWE, Kristy	Womens Running Net (C)	Female Vet 35-39	09:52.7	274
279	1:09:13	STEPHENS, Sandra	St Austell RC	Female Vet 45-49	09:53.1	162
280	1:09:22	WADE, Margaret	Womens Running Net (C)	Female Vet 55-59	09:54.4	280
281	1:09:25	BALDWIN, Sarah	Hayle Runners	Female Vet 40-44	09:54.8	185
282	1:09:28	DAVEY, Lynne	St Austell RC	Female Vet 40-44	09:55.3	249
283	1:09:39	SCARROTT, Mark	Tamar Trotters	Male Vet 40-44	09:56.8	310
284	1:09:42	CHALLIS, Pat	Wells City Harriers	Female Vet 60-64	09:57.3	308
285	1:09:49	BAKER, Jim	Launceston Road Runners	Male Vet 65-69	09:58.3	361
286	1:09:52	PENNY, Hilary	Falmouth Road Runners	Female Vet 50-54	09:58.7	304
287	1:09:53	FOSTER, Mick	Launceston Road Runners	Male Vet 60-64	09:58.8	64
288	1:09:58	PRIDEAUX, Marion	Launceston Road Runners	Female Vet 45-49	09:59.6	355
289	1:10:28	BOWDEN, Tracy	Hayle Runners	Female under 35	10:03.8	188
290	1:10:28	KIRK, Debbie	Hayle Runners	Female under 35	10:03.8	204
291	1:10:49	BAKER, Rachel		Female under 35	10:06.8	85
292	1:10:55	BULLOCK, Katie	St Austell RC	Female under 35	10:07.7	266
293	1:11:33	TAPPIN, Anna	Newquay Road Runners	Female Vet 50-54	10:13.1	116
294	1:11:35	MEDLICOTT, Dee		Female Vet 40-44	10:13.4	38
295	1:11:49	FRANCIS, Donna	Womens Running Net (C)	Female Vet 55-59	10:15.4	66
296	1:12:03	NUTA, Julie	Launceston Road Runners	Female Vet 35-39	10:17.4	2
297	1:12:04	MASON, Helen	Launceston Road Runners	Female Vet 40-44	10:17.6	270
298	1:12:14	JAMESON, Judy	Carn Runners	Female Vet 45-49	10:19.0	227
299	1:12:38	LOBB, Michele	St Austell RC	Female Vet 45-49	10:22.4	268
300	1:12:43	NEILSON, Julie	Womens Running Net (C)	Female Vet 45-49	10:23.1	339
301	1:12:44	WIMBERLEY, Julie	Womens Running Net (C)	Female Vet 45-49	10:23.3	126
302	1:12:52	DREW, Carole	Carn Runners	Female Vet 60-64	10:24.4	28
303	1:13:00	MURRAY, Debi	Womens Running Net (C)	Female Vet 40-44	10:25.6	40
304	1:13:11	BRENNAN, Tom	Hayle Runners	Male Vet 60-64	10:27.1	191
305	1:13:18	HAMBLY, Darren	St Austell RC	Male under 40	10:28.1	150
306	1:13:20	PARKIN, Graham		Male under 40	10:28.4	317
307	1:13:53	LEACH, Cheryl	Launceston Road Runners	Female Vet 60-64	10:33.1	14
308	1:14:11	HANCOCK, Debbie	St Austell RC	Female Vet 35-39	10:35.7	357
309	1:15:01	BULLEN, Margaret	Truro Running Club	Female Vet 55-59	10:42.8	1
310	1:15:37	WOOD, Julie	Hayle Runners	Female Vet 35-39	10:48.0	312
311	1:15:45	REID, Michelle	Hayle Runners	Female Vet 35-39	10:49.1	352

312	1:15:47	BRENNAN, Valerie	Hayle Runners	Female Vet 55-59	10:49.4	192
313	1:16:02	WRIGHT, Mike	Hayle Runners	Male Vet 55-59	10:51.6	47
314	1:16:34	D'HAESELEER, Tineke	Falmouth Road Runners	Female under 35	10:56.1	303
315	1:16:50	BOWDEN, Ian	Hayle Runners	Male under 40	10:58.4	187
316	1:17:21	BENNETTS, William	Hayle Runners	Male Vet 65-69	11:02.8	186
317	1:17:22	WYATT, Terry	St Austell RC	Male Vet 45-49	11:03.0	166
318	1:17:50	HAWKEN, Val	Newquay Road Runners	Female Vet 65	11:07.0	119
319	1:18:45	SYCAMORE, Kathryn	Hayle Runners	Female Vet 35-39	11:14.8	351
320	1:19:30	WOOD, Lorna	Falmouth Road Runners	Female Vet 50-54	11:21.3	301
321	1:19:40	VENNING, Ann	Launceston Road Runners	Female Vet 55-59	11:22.7	6
322	1:19:49	PASCOE, Wendy	Hayle Runners	Female Vet 45-49	11:24.0	219
323	1:21:21	MENEAR, Tracie	Womens Running Net (C)	Female Vet 40-44	11:37.1	96
324	1:22:20	DOONER, Sean	South West Vets AC	Male Vet 70+	11:45.5	173
325	1:22:56	MACLAREN, Hazel	Womens Running Net (C)	Female Vet 40-44	11:50.7	133
326	1:22:58	WATKINS, Wendy	Tamar Trotters	Female Vet 35-39	11:51.0	243
327	1:22:59	SHENTON, Deborah	Tamar Trotters	Female Vet 50-54	11:51.1	247
328	1:23:40	BARRIE, Noelene	Falmouth Road Runners	Female Vet 40-44	11:57.0	25
329	1:24:36	PEARCE, Jennifer		Female Vet 55-59	12:05.0	21
330	1:24:36	BLAND, Emma	Womens Running Net (C)	Female Vet 40-44	12:05.0	326
331	1:24:36	STEPHENSON, Christine	Womens Running Net (C)	Female Vet 50-54	12:05.0	238
332	1:25:14	COURT, Simon	Tamar Trotters	Male Vet 40-44	12:10.4	239
333	1:26:44	MCCONNELL, John	Tamar Trotters	Male Vet 50-54	12:23.3	102
334	1:28:12	COURT, Sue	Tamar Trotters	Female Vet 35-39	12:35.8	240