

# STICKER A.F.C. 5 - 20TH JUNE 2009

PLACE	TIME	NAME	TEAM	CATEGORY	PACE	NO
1	0:26:19	SHILSTON, Oliver	Cornwall AC	Male under 40	05:15.7	487
2	0:26:40	GIBSON, Oliver	Newquay Road Runners	Male under 40	05:19.9	215
3	0:27:03	CLEAVE, Matthew	Cornwall AC	Male under 20	05:24.5	497
4	0:27:24	ELLIS, Peter	Hayle Runners	Male under 40	05:28.7	377
5	0:27:27	O'BRIEN, Gary	Swindon Harriers	Male under 40	05:29.3	188
6	0:27:29	NASH, Dan	East Cornwall Harriers	Male under 20	05:29.7	194
7	0:28:08	CLEAVE, Ryan	Cornwall AC	Male under 20	05:37.5	496
8	0:28:13	MILFORD, Shaun	Newquay Road Runners	Male Vet 45-49	05:38.5	284
9	0:28:19	WALDIE, James	Cornwall AC	Male under 20	05:39.7	262
10	0:28:22	DUNN, Tony	Cornwall AC	Male Vet 45-49	05:40.3	227
11	0:28:40	HEARD, Mark	Launceston Road Runners	Male Vet 40-44	05:43.9	141
12	0:28:48	MONK, Chris	Newquay Road Runners	Male vet 50-54	05:45.5	275
13	0:28:53	WARRINGTON, Dave		Male under 40	05:46.5	431
14	0:29:16	ROBINSON, Michael	Mounts Bay Harriers	Male under 40	05:51.1	267
15	0:29:26	STEVENS, James	East Cornwall Harriers	Male under 40	05:53.1	240
16	0:29:27	GYNN, Oliver		Male under 20	05:53.3	499
17	0:29:35	WHERRY, Steven	Cornwall AC	Male Vet 45-49	05:54.9	221
18	0:29:38	SYMONS, Tony	Tavistock AC	Male Vet 45-49	05:55.5	424
19	0:29:41	THOMAS, Justin	Cornwall AC	Male under 40	05:56.1	358
20	0:30:01	DAVIS, Martin	Newquay Road Runners	Male vet 50-54	06:00.1	274
21	0:30:13	BABB, Steve	Launceston Road Runners	Male Vet 40-44	06:02.5	178
22	0:30:19	GROOMBRIDGE, Steve	Tavistock AC	Male Vet 55-59	06:03.7	469
23	0:30:20	TAYLOR, Andrew	Serpentine Running Club	Male under 40	06:03.9	213
24	0:30:28	BUDGE, Mark	East Cornwall Harriers	Male under 20	06:05.5	136
25	0:30:28	HICKS, Sam	Hayle Runners	Male Vet 45-49	06:05.5	398
26	0:30:32	LETCHFORD, Geoff	Mounts Bay Harriers	Male Vet 55-59	06:06.3	307
27	0:30:36	MARKS, Steve	Newquay Road Runners	Male under 40	06:07.1	288
28	0:30:37	MITCHELL, Nigel	Truro Running Club	Male Vet 40-44	06:07.3	222
29	0:30:37	TURNER, Dave	Truro Running Club	Male Vet 40-44	06:07.3	484
30	0:30:39	HODGSON, Graham	Newquay Road Runners	Male Vet 45-49	06:07.7	283
31	0:30:43	HUNT, Simon	Bournemouth A C	Male Vet 55-59	06:08.5	468
32	0:30:47	STEPHENS, Jeremy	Hayle Runners	Male Vet 40-44	06:09.3	454
33	0:30:50	MILES, Carl	St Austell RC	Male under 40	06:09.9	4
34	0:30:53	ROBINSON, Matthew		Male Vet 40-44	06:10.5	237
35	0:30:53	OAKES, Duncan		Male Vet 40-44	06:10.5	142
36	0:31:00	STALLARD, Emma	Cornwall AC	Female Vet 35-39	06:11.9	193
37	0:31:02	DANIELS, Alex		Male under 40	06:12.3	482
38	0:31:04	YOULDEN, Jamie	St Austell RC	Male under 40	06:12.7	520
39	0:31:07	JOHANSEN, Miles	Mounts Bay Harriers	Male under 40	06:13.3	324
40	0:31:17	RESCORLA, Kensa		Female Vet 35-39	06:15.3	505
41	0:31:23	HOWELL, Tom		Male under 40	06:16.5	428
42	0:31:26	KNOWLES, Simon	Hayle Runners	Male under 40	06:17.1	385
43	0:31:27	WALKER, Jason	Mounts Bay Harriers	Male under 40	06:17.3	318
44	0:31:28	CROWLE, Arron	East Cornwall Harriers	Male under 20	06:17.5	224
45	0:31:31	CROWLE, Revis	East Cornwall Harriers	Female Vet 45-49	06:18.1	223
46	0:31:35	BOLT, Phil	Cornwall AC	Male Vet 40-44	06:18.9	230
47	0:31:40	WITHAM, Neville	Cornwall AC	Male vet 50-54	06:19.9	159
48	0:31:41	ROBERTS, Malcolm	St Austell RC	Male Vet 55-59	06:20.1	76
49	0:31:49	KELVEY, Lucy	Newquay Road Runners	Female Vet 35-39	06:21.7	285
50	0:31:54	TRUDGIAN, Andy	St Austell RC	Male under 40	06:22.7	80
51	0:32:04	TRUSCOTT, Simon	Newquay Road Runners	Male under 40	06:24.7	470
52	0:32:05	REDDICLIFFE, Nigel	Launceston Road Runners	Male Vet 40-44	06:24.9	138
53	0:32:07	BECKETT, Rob		Male Vet 45-49	06:25.3	471
54	0:32:09	PELL, David	Cornwall AC	Male Vet 40-44	06:25.7	507
55	0:32:10	OMORI, Mark	Mounts Bay Harriers	Male Vet 45-49	06:25.9	311
56	0:32:15	GYNN, Trevor	Launceston Road Runners	Male Vet 45-49	06:26.9	500
57	0:32:17	HICKSON, Andrew	Mounts Bay Harriers	Male Vet 40-44	06:27.3	310
58	0:32:30	SIMS, Steven	East Cornwall Harriers	Male under 20	06:29.9	457

59	0:32:33	SQUIBB, Ben		Male under 40	06:30.5	486
60	0:32:40	WALDIE, John	Cornwall AC	Male Vet 40-44	06:31.9	263
61	0:32:42	BOSUSTOW, Suzy	Cornwall AC	Female Vet 35-39	06:32.3	148
62	0:32:43	CALCRAFT, John		Male under 40	06:32.5	196
63	0:32:44	BURROWS, Anthony	Hayle Runners	Male Vet 45-49	06:32.7	369
64	0:32:45	KNOWLES, Juliet	Cornwall AC	Female Vet 35-39	06:32.9	264
65	0:32:47	SMITH, Liam	East Cornwall Harriers	Male under 20	06:33.3	155
66	0:32:49	CHAPMAN, Joe	Falmouth Road Runners	Male under 20	06:33.7	343
67	0:32:56	MONTGOMERY-SMITH, Phil		Male under 40	06:35.1	164
68	0:32:58	ALSTON, Bethany	Cornwall AC	Female under 20	06:35.5	226
69	0:33:00	BERESFORD, Lee	Newquay Road Runners	Male under 40	06:35.9	286
70	0:33:02	DORRELL, Mark	Carn Runners	Male Vet 45-49	06:36.3	149
71	0:33:04	PURVIS, Adam	East Cornwall Harriers	Male under 40	06:36.7	154
72	0:33:06	HARRIS, Geoff	Newquay Road Runners	Male Vet 45-49	06:37.1	281
73	0:33:09	POLGLASE, Tom	Carn Runners	Male Vet 55-59	06:37.7	483
74	0:33:10	WILES, Brian	Launceston Road Runners	Male Vet 60-64	06:37.9	151
75	0:33:12	LAURIE, Andrew		Male Vet 45-49	06:38.3	153
76	0:33:14	SOLE, Paul		Male under 40	06:38.7	351
77	0:33:17	MACLAREN, Donald	St Austell RC	Male vet 50-54	06:39.3	60
78	0:33:18	HARRISON, Debbie	Hayle Runners	Female Vet 35-39	06:39.5	381
79	0:33:22	CHAPMAN, Sam	Falmouth Road Runners	Male under 20	06:40.3	344
80	0:33:24	BUDGE, Stephen	St Austell RC	Male Vet 45-49	06:40.7	18
81	0:33:26	DUNN, Sam		Male under 40	06:41.1	425
82	0:33:26	POMEROY, Shane	St Austell RC	Male under 40	06:41.1	75
83	0:33:28	CROWLE, Ian	East Cornwall Harriers	Male Vet 45-49	06:41.5	225
84	0:33:29	ROGERS, Jason	Sticker Football Club	Male under 20	06:41.7	445
85	0:33:30	CROWLE, Mark	St Austell RC	Male under 40	06:41.9	34
86	0:33:31	EMMERTON, Kevin	Newquay Road Runners	Male Vet 45-49	06:42.1	277
87	0:33:32	LOCKETT, Pat	Newquay Road Runners	Male Vet 60-64	06:42.3	287
88	0:33:33	TREGASKES, Andy	St Austell RC	Male under 40	06:42.5	434
89	0:33:35	CURTIS, Ken	Cornwall AC	Male Vet 45-49	06:42.9	177
90	0:33:37	HAWKEN, Richard	St Austell RC	Male under 40	06:43.3	50
91	0:33:39	MARSTON, Jeremy	Mounds Bay Harriers	Male under 40	06:43.7	323
92	0:33:41	ABRAHAM, Scott	Hayle Runners	Male under 40	06:44.1	362
93	0:33:42	WRIGHT, Paul	Newquay Road Runners	Male Vet 60-64	06:44.3	298
94	0:33:46	ROY, Diane	East Cornwall Harriers	Female Vet 45-49	06:45.1	130
95	0:33:53	RESTALL, Stephen	Newquay Road Runners	Male vet 50-54	06:46.5	121
96	0:33:58	MUTSAERS, Adrian	Cornwall AC	Male under 40	06:47.5	209
97	0:34:00	LEWIS, Jules	Hayle Runners	Male Vet 40-44	06:47.9	455
98	0:34:02	GILBERT, Michael	Launceston Road Runners	Male under 40	06:48.3	174
99	0:34:06	CURTIS, Matt	Hayle Runners	Male under 40	06:49.1	373
100	0:34:12	TOMS, Simon		Male under 40	06:50.3	119
101	0:34:17	WILLS, Martin	Cornwall AC	Male under 40	06:51.3	463
102	0:34:19	REYNOLDS, Andy	St Austell RC	Male under 40	06:51.7	77
103	0:34:24	ALMEY, Jenny	Cornwall AC	Female under 20	06:52.7	214
104	0:34:25	ADAMS, Tim	St Austell RC	Male under 40	06:52.9	27
105	0:34:27	KEARNEY, Peter	Carn Runners	Male Vet 45-49	06:53.3	216
106	0:34:29	LEE, Eloise	Falmouth Road Runners	Female under 35	06:53.7	243
107	0:34:29	TRUMAN, Jason	Newquay Road Runners	Male under 40	06:53.7	295
108	0:34:29	DOBSON, Grahame	Newquay Road Runners	Male Vet 45-49	06:53.7	466
109	0:34:32	BROWN, Kenneth	St Austell RC	Male Vet 40-44	06:54.3	13
110	0:34:38	DOWRICK, Mike	Hayle Runners	Male under 40	06:55.5	375
111	0:34:38	BAZIN, Peter	St Austell RC	Male Vet 40-44	06:55.5	10
112	0:34:38	PERKIN, Sam	Mounds Bay Harriers	Male under 40	06:55.5	313
113	0:34:41	BRADLEY, Jennifer	Serpentine Running Club	Female under 35	06:56.1	212
114	0:34:42	SMITH, Derek	Hayle Runners	Male Vet 45-49	06:56.3	396
115	0:34:48	MARSH, Danny	Cornwall AC	Male under 40	06:57.5	231
116	0:34:52	RENDLE, Steve	Newquay Road Runners	Male Vet 40-44	06:58.3	293
117	0:34:53	NEWSTEAD, Kayleigh	St Austell RC	Female under 35	06:58.5	67
118	0:34:55	YATES, Rich	Launceston Road Runners	Male Vet 40-44	06:58.9	109
119	0:35:00	RUNDLE, Amy	Cornwall AC	Female under 20	06:59.9	312
120	0:35:01	JONES, Simon	St Austell RC	Male under 40	07:00.1	57
121	0:35:03	HILL, Nancy	Mounds Bay Harriers	Female Vet 40-44	07:00.5	317

122	0:35:05	PHILLIPS, Steven	Carn Runners	Male under 40	07:00.9	107
123	0:35:08	DINGLE, Jordan	Sticker Football Club	Male under 20	07:01.5	444
124	0:35:09	WILLIAMS, Ian	St Austell RC	Male Vet 40-44	07:01.7	85
125	0:35:10	GILLESPIE, Rebecca	Hayle Runners	Female under 35	07:01.9	419
126	0:35:12	PLAYER, Garry	St Austell RC	Male Vet 40-44	07:02.3	73
127	0:35:15	ADIE, Gordon	Truro Running Club	Male Vet 45-49	07:02.8	200
128	0:35:17	EDWARDS, John	Hayle Runners	Male vet 50-54	07:03.2	376
129	0:35:20	LEE, Chris	Horsham Blue Star Harriers	Male vet 50-54	07:03.8	485
130	0:35:20	MATTHEWS, Martin	St Austell RC	Male under 40	07:03.8	64
131	0:35:22	HARRISON, Osham	St Austell RC	Female Vet 35-39	07:04.2	49
132	0:35:23	WOOLDRIDGE, David	Newquay Road Runners	Male Vet 45-49	07:04.4	297
133	0:35:24	POPE, Robert	Truro Running Club	Male Vet 45-49	07:04.6	513
134	0:35:28	HITCHENS, Ricky	Newquay Road Runners	Male Vet 40-44	07:05.4	409
135	0:35:29	LEE, Steven	Hayle Runners	Male Vet 45-49	07:05.6	388
136	0:35:31	PETTIT, Danny	Newquay Road Runners	Male Vet 40-44	07:06.0	289
137	0:35:32	COLLETT, Jeri	St Austell RC	Female under 35	07:06.2	29
138	0:35:32	MARSHALL, Tom	St Austell RC	Male under 40	07:06.2	62
139	0:35:32	PASCOE, Gary	Truro Running Club	Male Vet 45-49	07:06.2	205
140	0:35:34	SCOTT, Ian	Newquay Road Runners	Male Vet 40-44	07:06.6	220
141	0:35:35	TURTON, Jess	Mounts Bay Harriers	Female under 35	07:06.8	266
142	0:35:43	GIBBONS, Stuart	St Austell RC	Male Vet 45-49	07:08.4	42
143	0:35:44	PEARCE, Gregory	St Austell RC	Male vet 50-54	07:08.6	70
144	0:35:45	RICHARDSON, Lesley	Newquay Road Runners	Female Vet 45-49	07:08.8	279
145	0:35:45	HARRIS, Jon	East Cornwall Harriers	Male vet 50-54	07:08.8	495
146	0:35:46	NEVILLE, Philip	Newquay Road Runners	Male Vet 45-49	07:09.0	292
147	0:35:48	WEBB, Sean	Hayle Runners	Male Vet 40-44	07:09.4	450
148	0:35:48	QUINN, Sean	St Austell RC	Male Vet 40-44	07:09.4	104
149	0:35:49	HILL, Terry	Hayle Runners	Male Vet 45-49	07:09.6	383
150	0:35:50	STRINGER, Justin	Truro Running Club	Male Vet 40-44	07:09.8	206
151	0:35:54	CIANO, Phillip	Truro Running Club	Male Vet 45-49	07:10.6	202
152	0:35:55	KERSHAW, Kay		Female under 35	07:10.8	506
153	0:35:56	ASHMAN, Phil	Newquay Road Runners	Male Vet 45-49	07:11.0	271
154	0:36:06	ANDREWS, Simon	Camel Valley Tri	Male Vet 45-49	07:13.0	472
155	0:36:10	TRESIDDER, Rachel	Mounts Bay Harriers	Female under 35	07:13.8	360
156	0:36:11	CHESTERFIELD, Paul	Cornwall AC	Male Vet 45-49	07:14.0	412
157	0:36:11	HOOK, Guy	St Austell RC	Male Vet 40-44	07:14.0	52
158	0:36:13	ALSOP, Doug	St Austell RC	Male Vet 60-64	07:14.4	5
159	0:36:17	FERGUSON, Andrew	St Austell RC	Male Vet 40-44	07:15.2	41
160	0:36:20	REEVES, Mike	Truro Running Club	Male Vet 45-49	07:15.8	517
161	0:36:20	FARQUHAR, James	St Austell RC	Male under 40	07:15.8	39
162	0:36:29	ALLEN, Peter	Newquay Road Runners	Male vet 50-54	07:17.6	117
163	0:36:31	COLLINS, Gary	Truro Running Club	Male under 40	07:18.0	503
164	0:36:34	CHESTERFIELD, Caroline	Cornwall AC	Female Vet 45-49	07:18.6	413
165	0:36:36	MORRIS, Paul	Hayle Runners	Male under 40	07:19.0	390
166	0:36:40	LLOYD, James	Truro Running Club	Male under 40	07:19.8	184
167	0:36:42	HOOPER, Paul	Mounts Bay Harriers	Male Vet 45-49	07:20.2	191
168	0:36:50	DATE, Malcolm	Hayle Runners	Male Vet 45-49	07:21.8	374
169	0:36:51	SIMS, Andrew	East Cornwall Harriers	Male Vet 40-44	07:22.0	458
170	0:36:53	BOON, Andy	St Austell RC	Male under 40	07:22.4	12
171	0:36:57	SNELL, Frank	St Austell RC	Male Vet 40-44	07:23.2	16
172	0:37:00	BURNELL, Frank	Hayle Runners	Male vet 50-54	07:23.8	368
173	0:37:03	LUSTY, Liz	St Austell RC	Female Vet 40-44	07:24.4	134
174	0:37:03	TREBILCOCK, Mark	St Austell RC	Male Vet 45-49	07:24.4	435
175	0:37:06	TOWNEND, Stewart	Hayle Runners	Male Vet 65-69	07:25.0	401
176	0:37:10	TONKIN, Craig	Hayle Runners	Male under 40	07:25.8	400
177	0:37:13	COTTISS, Ashley	St Austell RC	Male Vet 45-49	07:26.4	30
178	0:37:16	NASH, Jenny	East Cornwall Harriers	Female Vet 45-49	07:27.0	195
179	0:37:18	ROPER, Helen	Tamar Trotters	Female under 35	07:27.4	449
180	0:37:18	SAVILLE, Mhairi	Mounts Bay Harriers	Female under 35	07:27.4	321
181	0:37:18	HOULT, Colin	St Austell RC	Male Vet 55-59	07:27.4	54
182	0:37:21	COLEMAN, Rob	St Austell RC	Male under 40	07:28.0	28
183	0:37:21	HAWKINS, Marc		Male under 40	07:28.0	465
184	0:37:33	TOMS, Faye	Hayle Runners	Female under 35	07:30.4	399

185	0:37:40	GILLESPIE, Stephen	St Austell RC	Male under 40	07:31.8	416
186	0:37:41	PARKER, Andrew	Launceston Road Runners	Male Vet 45-49	07:32.0	488
187	0:37:43	TREMAIN, Simon		Male Vet 40-44	07:32.4	422
188	0:37:50	TORR, Peter	Cornwall AC	Male vet 50-54	07:33.8	355
189	0:37:51	PIPET, Martin	St Austell RC	Male under 40	07:34.0	71
190	0:37:53	BALDWIN, Mike	Hayle Runners	Male Vet 45-49	07:34.4	364
191	0:38:01	HUTCHINS, Will	Cornwall AC	Male under 40	07:36.0	443
192	0:38:02	SMITH, Brian	Hayle Runners	Male Vet 40-44	07:36.2	395
193	0:38:06	WALKER, Jack	Sticker Football Club	Male under 40	07:37.0	448
194	0:38:06	HEMSWORTH, Kim	Falmouth Road Runners	Male Vet 55-59	07:37.0	241
195	0:38:06	ELLIS, Steve	St Austell RC	Male Vet 40-44	07:37.0	94
196	0:38:06	COWARD, Norma	Newquay Road Runners	Female Vet 40-44	07:37.0	296
197	0:38:06	WILTON, David	Falmouth Road Runners	Male vet 50-54	07:37.0	245
198	0:38:08	BRAY, Vivian	Cornwall AC	Male Vet 40-44	07:37.4	478
199	0:38:12	SHIPTON, Jason	Tamar Trotters	Male under 40	07:38.2	406
200	0:38:13	DOBSON, Lesley	Newquay Road Runners	Female Vet 40-44	07:38.4	273
201	0:38:14	PALK, Verity	St Austell RC	Female under 35	07:38.6	69
202	0:38:16	ARMSTRONG, Ian		Male under 40	07:39.0	493
203	0:38:20	ELVY, Chris	Truro Running Club	Male vet 50-54	07:39.8	501
204	0:38:21	DAVEY, Tracey	St Austell RC	Female Vet 35-39	07:40.0	36
205	0:38:24	ALLEN, Sue	St Austell RC	Female Vet 45-49	07:40.6	3
206	0:38:27	LAYCOCK, Gregg		Male Vet 40-44	07:41.2	508
207	0:38:33	WILLIAMS, Maria	Hayle Runners	Female Vet 45-49	07:42.4	402
208	0:38:36	WORTH, John	Hayle Runners	Male vet 50-54	07:43.0	403
209	0:38:37	ROSS, Alison	East Cornwall Harriers	Female Vet 50-54	07:43.2	494
210	0:38:41	MARSHALL-STEVENS, Gary	St Austell RC	Male under 40	07:44.0	63
211	0:38:46	CARPENTER, Michael	Launceston Road Runners	Male Vet 55-59	07:45.0	170
212	0:38:49	SYMONS, Martin	Carn Runners	Male Vet 40-44	07:45.6	477
213	0:38:50	CHATER, Gary	Launceston Road Runners	Male Vet 40-44	07:45.8	139
214	0:38:52	WALLBANK, Rob	St Austell RC	Male under 40	07:46.2	82
215	0:38:52	BUDGE, Lee	St Austell RC	Male under 40	07:46.2	17
216	0:38:56	WOTTON, Lisa	St Austell RC	Female Vet 45-49	07:47.0	84
217	0:38:59	HIBBERT, Clive	Mounts Bay Harriers	Male Vet 60-64	07:47.6	308
218	0:39:00	CURTIS, Martin	Hayle Runners	Male Vet 60-64	07:47.8	372
219	0:39:00	HUSY, Joanne	Newquay Road Runners	Female Vet 35-39	07:47.8	303
220	0:39:01	BUNTING, Maggie	Tamar Trotters	Female Vet 40-44	07:48.0	340
221	0:39:03	KNUCKEY, Nigel	Truro Running Club	Male vet 50-54	07:48.4	346
222	0:39:12	THOMAS, Rachael	Truro Running Club	Female Vet 35-39	07:50.2	207
223	0:39:17	GOODRIGHT, Ray	East Cornwall Harriers	Male Vet 60-64	07:51.2	181
224	0:39:19	CAIRNEY, Shirley	St Austell RC	Female Vet 40-44	07:51.6	23
225	0:39:21	DREW, Peter	Carn Runners	Male Vet 60-64	07:52.0	161
226	0:39:21	KNIGHT, Margaret	Falmouth Road Runners	Female Vet 40-44	07:52.0	258
227	0:39:23	FLOWERS, Cliff	St Austell RC	Male Vet 45-49	07:52.4	100
228	0:39:25	GROSE, Matt	St Austell RC	Male under 40	07:52.8	46
229	0:39:25	GOLDSWORTHY, Rachael	Hayle Runners	Female under 35	07:52.8	380
230	0:39:27	GYNN, Stewart	Launceston Road Runners	Male Vet 40-44	07:53.2	187
231	0:39:31	LOVEGROVE, Miles		Male under 40	07:54.0	490
232	0:39:35	SIMPSON, David		Male Vet 40-44	07:54.8	211
233	0:39:36	MOORE, Andy	Hayle Runners	Male vet 50-54	07:55.0	389
234	0:39:39	KIMPTON, Fred	St Austell RC	Male under 40	07:55.6	58
235	0:39:40	LANGHORN, John	Tamar Trotters	Male Vet 55-59	07:55.8	337
236	0:39:41	HARLOW, Derek	St Austell RC	Male Vet 40-44	07:56.0	521
237	0:39:42	CAMBORLEUX, Catheryn	St Austell RC	Female Vet 35-39	07:56.2	40
238	0:39:43	GOLLEY, Paul		Male under 40	07:56.4	491
239	0:39:44	MOUNTER, David	Carn Runners	Male Vet 60-64	07:56.6	152
240	0:39:46	DAVIS, Gerald	Stone MM	Male Vet 65-69	07:57.0	157
241	0:39:47	JEFFREY, Tristram	St Austell RC	Male Vet 40-44	07:57.2	56
242	0:39:48	MEENS, Daniel	Sticker Football Club	Male under 20	07:57.4	446
243	0:39:51	BARLEY, Paul	Looe Pioneers	Male Vet 45-49	07:58.0	232
244	0:39:56	SHAPLAND, Ron	Newquay Road Runners	Male Vet 65-69	07:59.0	294
245	0:39:57	MARSHALL, Keith	Falmouth Road Runners	Male Vet 60-64	07:59.2	252
246	0:40:00	MATTHEWS, Jamie	Mounts Bay Harriers	Male under 20	07:59.8	306
247	0:40:01	MATTHEWS, Ian	Mounts Bay Harriers	Male Vet 40-44	08:00.0	304

248	0:40:03	MONTGOMERY-SMITH, Taryn	Truro Running Club	Female under 35	08:00.4	165
249	0:40:06	RILEY, Paul	Cornwall AC	Male Vet 45-49	08:01.0	492
250	0:40:09	JONES, Simon	Mounts Bay Harriers	Male under 40	08:01.6	315
251	0:40:10	ROWE, Phil	Hayle Runners	Male Vet 60-64	08:01.8	393
252	0:40:13	SPENCER-SMITH, Andrea	Hayle Runners	Female Vet 40-44	08:02.4	451
253	0:40:14	MELLIS, Susan	St Austell RC	Female Vet 55-59	08:02.6	65
254	0:40:15	THORP, Peter	Launceston Road Runners	Male Vet 45-49	08:02.8	474
255	0:40:17	COLE, Sally		Female Vet 55-59	08:03.2	473
256	0:40:18	HITCHENS, Wietske	Newquay Road Runners	Female Vet 40-44	08:03.4	282
257	0:40:21	TAPPING, Amy		Female under 35	08:04.0	350
258	0:40:22	FITZMAURICE, Kate	Hayle Runners	Female under 35	08:04.2	378
259	0:40:23	ENGLAND, Louise	East Cornwall Harriers	Female Vet 35-39	08:04.4	342
260	0:40:24	WEBSTER, Kathie		Female Vet 50-54	08:04.6	461
261	0:40:26	WRIGHT, Lucy	St Austell RC	Female Vet 35-39	08:05.0	78
262	0:40:27	BUILDER, Rachel	St Austell RC	Female Vet 35-39	08:05.2	19
263	0:40:28	POMEROY, Philip	Newquay Par AC	Male Vet 55-59	08:05.4	515
264	0:40:32	LANNON, Lance	Truro Running Club	Male Vet 45-49	08:06.2	236
265	0:40:35	BURROWS, Robert	Mounts Bay Harriers	Male Vet 55-59	08:06.8	322
266	0:40:38	GILBERT, Katy	St Austell RC	Female Vet 45-49	08:07.4	43
267	0:40:39	MORRIS, Sonya	Newquay Road Runners	Female Vet 35-39	08:07.6	291
268	0:40:43	AINSWORTH, John	Tamar Trotters	Male Vet 40-44	08:08.4	330
269	0:40:44	FOREMAN, Michelle	Hayle Runners	Female Vet 40-44	08:08.6	379
270	0:40:46	BAKER, Sarah		Female under 35	08:09.0	430
271	0:40:49	RITCHIE, Janet	Carn Runners	Female Vet 45-49	08:09.6	146
272	0:40:49	ADAMS, David	Newquay Road Runners	Male under 40	08:09.6	481
273	0:40:49	CRADDOCK, Paul		Male Vet 40-44	08:09.6	357
274	0:40:51	CHOAK, Sarah	Falmouth Road Runners	Female Vet 40-44	08:10.0	254
275	0:40:52	EDEN, Reg	St Austell RC	Male Vet 55-59	08:10.2	95
276	0:40:56	O'REILLY, Kevin	Tamar Trotters	Male vet 50-54	08:11.0	331
277	0:40:56	BULL, Andy	St Austell RC	Male under 20	08:11.0	20
278	0:40:56	SUGAR, Eddie		Male Vet 55-59	08:11.0	278
279	0:40:59	O'MAHOONEY, Kevin	Launceston Road Runners	Male Vet 65-69	08:11.6	352
280	0:41:00	HAWKE, Mike	Sticker Football Club	Male under 40	08:11.8	447
281	0:41:02	SIMPSON, Alastair		Male under 40	08:12.2	439
282	0:41:02	BUNDY, Tim	Mounts Bay Harriers	Male Vet 40-44	08:12.2	115
283	0:41:06	DUFFY, Sarah		Female Vet 45-49	08:13.0	128
284	0:41:07	TOMLINSON, Nigel	Carn Runners	Male Vet 40-44	08:13.2	186
285	0:41:09	MULLARKEY, Mary	East Cornwall Harriers	Female Vet 60+	08:13.6	173
286	0:41:10	MARKS, Stephen	Carn Runners	Male Vet 55-59	08:13.8	140
287	0:41:21	DAVEY, Pete		Male under 40	08:16.0	522
288	0:41:26	WHERRY, Alan		Male Vet 45-49	08:17.0	498
289	0:41:27	SQUIRE, Mark	Mounts Bay Harriers	Male vet 50-54	08:17.2	320
290	0:41:28	ENDEAN, Dave	St Austell RC	Male Vet 55-59	08:17.4	38
291	0:41:31	COVUS, Steven	St Austell RC	Male under 40	08:18.0	32
292	0:41:38	TYACK, Cher	Cornwall AC	Female under 35	08:19.4	502
293	0:41:40	BENNETT, Gary	Looe Pioneers	Male Vet 45-49	08:19.8	427
294	0:41:41	WEST, Hannah	Launceston Road Runners	Female under 35	08:20.0	349
295	0:41:42	DREW, Barry	Carn Runners	Male Vet 60-64	08:20.2	127
296	0:41:43	O'REILLY, Gayle	St Austell RC	Female Vet 35-39	08:20.4	68
297	0:41:44	FRANCIS, Chris	Tynedale Harriers	Male Vet 55-59	08:20.6	410
298	0:41:46	TREWHELLA, Chris	Mounts Bay Harriers	Male Vet 45-49	08:21.0	309
299	0:41:46	HAWKINS, Lynn		Female Vet 35-39	08:21.0	464
300	0:41:47	COCKINGS, Abby	St Austell RC	Female Vet 35-39	08:21.2	26
301	0:41:49	FRITH, Ray	Newquay Road Runners	Male Vet 60-64	08:21.6	356
302	0:41:51	PENBERTHY, Carol	Tri Logic Cornwall	Female Vet 50-54	08:22.0	420
303	0:41:54	EVANS, Des	Newquay Road Runners	Male Vet 60-64	08:22.6	276
304	0:41:56	BARRINGTON, Ann	Truro Running Club	Female Vet 50-54	08:23.0	201
305	0:41:57	SOLE, John		Male under 40	08:23.2	192
306	0:41:58	BURTON, Julia	Newquay Road Runners	Female Vet 35-39	08:23.4	272
307	0:41:59	CHILLINGWORTH, Jackie	St Austell RC	Female Vet 35-39	08:23.6	25
308	0:42:05	JONES, Steve	Looe Pioneers	Male vet 50-54	08:24.8	511
309	0:42:07	PEPPIATT, Barbara	St Austell RC	Female Vet 45-49	08:25.2	72
310	0:42:11	ANDREWS, Jane	Falmouth Road Runners	Female Vet 35-39	08:26.0	257

311	0:42:16	VAGUE, Kala	St Austell RC	Female Vet 40-44	08:27.0	81
312	0:42:26	MORFORD, Anna	Truro Running Club	Female Vet 40-44	08:29.0	518
313	0:42:29	VENNING, Martin	Launceston Road Runners	Male Vet 55-59	08:29.6	111
314	0:42:39	COTTESS, Claire	St Austell RC	Female Vet 45-49	08:31.6	31
315	0:42:45	BILKEY, Adele	St Austell RC	Female Vet 45-49	08:32.8	415
316	0:42:49	BLAKE, Rachel	St Austell RC	Female Vet 35-39	08:33.6	11
317	0:42:49	KINGTON, Norris	Cornwall AC	Male Vet 65-69	08:33.6	171
318	0:42:58	CAIRNEY, Terry	St Austell RC	Male Vet 40-44	08:35.4	24
319	0:43:00	HARLAND, Simon		Male Vet 40-44	08:35.8	219
320	0:43:05	APPLEYARD, George	Newquay Road Runners	Female under 35	08:36.8	301
321	0:43:07	MILNER, Dick	Falmouth Road Runners	Male Vet 55-59	08:37.2	256
322	0:43:09	GRILLS, Debbie	St Austell RC	Female Vet 45-49	08:37.6	45
323	0:43:13	WENDIK-BYFIELD, Ann	East Cornwall Harriers	Female Vet 40-44	08:38.4	459
324	0:43:15	HAYNES, Howard	Hayle Runners	Male Vet 70+	08:38.8	382
325	0:43:16	DUFFY, Jane		Female Vet 45-49	08:39.0	129
326	0:43:18	WATKINS, Leigh	Tamar Trotters	Male under 40	08:39.4	328
327	0:43:19	COLLINS, Tom	PL24	Male under 40	08:39.6	228
328	0:43:21	GIBBS, Sonya	Womens Running Net (C)	Female Vet 45-49	08:40.0	516
329	0:43:22	CARDELL, Timothea	Hayle Runners	Female Vet 60+	08:40.2	371
330	0:43:32	ROSEWALL, Tammy	Mounts Bay Harriers	Female under 35	08:42.2	108
331	0:43:32	GOODALL, Malcolm	Falmouth Road Runners	Male Vet 45-49	08:42.2	247
332	0:43:33	PETERS, Trina	Mounts Bay Harriers	Female Vet 40-44	08:42.4	314
333	0:43:37	WILLIS, Sharon	Womens Running Net (C)	Female Vet 45-49	08:43.2	270
334	0:43:37	HAWKEY, Samantha	Womens Running Net (C)	Female Vet 40-44	08:43.2	229
335	0:43:37	MOONEY, Judith	Mounts Bay Harriers	Female Vet 40-44	08:43.2	327
336	0:43:43	ASSER, James	St Austell RC	Male Vet 40-44	08:44.4	7
337	0:43:45	BULLOCK, Martin	St Austell RC	Male under 40	08:44.8	22
338	0:43:48	CURTIS, Jill	Cornwall AC	Female Vet 50-54	08:45.4	176
339	0:43:50	LEWIS, Caroline	Hayle Runners	Female Vet 40-44	08:45.8	452
340	0:43:50	LEE, Becky	Hayle Runners	Female Vet 40-44	08:45.8	387
341	0:43:51	MUTSAERS, Kirstie	Cornwall AC	Female Vet 35-39	08:46.0	208
342	0:44:01	STOCKS, Gary		Male under 40	08:48.0	198
343	0:44:07	CAVE, Sarah	Falmouth Road Runners	Female under 35	08:49.2	250
344	0:44:07	FRASER, Glen	Hayle Runners	Male vet 50-54	08:49.2	453
345	0:44:10	BAZELEY, Sarah	St Austell RC	Female Vet 40-44	08:49.8	9
346	0:44:13	FINDLAY, Alex	Carn Runners	Male vet 50-54	08:50.4	185
347	0:44:13	MITCHELL, Marilyn	St Austell RC	Female Vet 60+	08:50.4	66
348	0:44:18	PRYCE, Joanna	Truro Running Club	Female Vet 45-49	08:51.4	233
349	0:44:22	WILKINSON, Andrew	St Austell RC	Male Vet 45-49	08:52.2	96
350	0:44:24	NOBBS, Simon	Tamar Trotters	Male vet 50-54	08:52.6	341
351	0:44:29	JEANS, Nick	Truro Running Club	Male Vet 65-69	08:53.6	234
352	0:44:30	BAILEY, Sarah	St Austell RC	Female Vet 35-39	08:53.8	103
353	0:44:31	CLOETE, Vicky	Womens Running Net (C)	Female Vet 35-39	08:54.0	407
354	0:44:32	NOBLE, Tracey	Tamar Trotters	Female Vet 35-39	08:54.2	332
355	0:44:34	HOLDING, Ruth	Newquay Road Runners	Female Vet 45-49	08:54.6	300
356	0:44:39	MILFORD, Catherine	Newquay Road Runners	Female Vet 40-44	08:55.6	280
357	0:44:40	ZALUMS, Andre	St Austell RC	Male vet 50-54	08:55.8	44
358	0:44:42	GAMBLE, Deborah	Truro Running Club	Female Vet 40-44	08:56.2	235
359	0:44:43	PRADY, Liz	Mounts Bay Harriers	Female Vet 50-54	08:56.4	316
360	0:44:44	HORTON, Jackie	St Austell RC	Female Vet 40-44	08:56.6	53
361	0:44:45	PICKARD, Dave	Launceston Road Runners	Male vet 50-54	08:56.8	132
362	0:44:47	BURNS, Jayne	St Austell RC	Female Vet 40-44	08:57.2	417
363	0:44:48	WEBBER, Sharon		Female Vet 35-39	08:57.4	437
364	0:44:48	WEBBER, Brian		Male Vet 45-49	08:57.4	438
365	0:44:49	BUDGE, Andrew	St Austell RC	Male Vet 40-44	08:57.6	15
366	0:44:51	CLARK, Phil	Newquay Road Runners	Male under 40	08:58.0	361
367	0:44:58	BURGES, Sue	Launceston Road Runners	Female Vet 55-59	08:59.4	106
368	0:45:01	SUCH, Louise	Hayle Runners	Female Vet 40-44	09:00.0	397
369	0:45:02	KENT, Aaron		Male under 40	09:00.2	519
370	0:45:05	MORSE, Jackie		Female Vet 45-49	09:00.8	150
371	0:45:09	TREVARTHEN, Jon		Male under 20	09:01.6	462
372	0:45:12	HUTCHINS, Sarah	Womens Running Net (C)	Female under 35	09:02.2	442
373	0:45:12	BALDWIN, Sarah	Hayle Runners	Female Vet 40-44	09:02.2	365

374	0:45:16	LAING, Stella	Hayle Runners	Female Vet 40-44	09:03.0	386
375	0:45:21	DEBNAM, Peter		Male Vet 60-64	09:04.0	172
376	0:45:31	CULLEY, Lizzy	Carn Runners	Female under 35	09:06.0	125
377	0:45:37	MEDDLETON, Melissa	Tamar Trotters	Female under 35	09:07.2	338
378	0:45:40	HOLT, Liane	Newquay Road Runners	Female under 35	09:07.8	302
379	0:45:45	MARSHALL, Terry	Falmouth Road Runners	Female Vet 60+	09:08.8	253
380	0:45:49	MATTHEWS, Susan	Mounts Bay Harriers	Female Vet 45-49	09:09.6	305
381	0:45:57	HERRINGTON, Julie	St Austell RC	Female Vet 40-44	09:11.2	51
382	0:46:01	MCLACHLAN, Sarah	Tamar Trotters	Female Vet 35-39	09:12.0	405
383	0:46:04	PICKARD, Linda	Launceston Road Runners	Female Vet 45-49	09:12.6	131
384	0:46:06	SOUTHBY, Helen		Female Vet 40-44	09:13.0	408
385	0:46:06	SOUTHBY, Dave	Cornwall AC	Male Vet 40-44	09:13.0	156
386	0:46:09	ELSEY, Lisa	St Austell RC	Female Vet 40-44	09:13.6	101
387	0:46:11	HARRIS, Gavin		Male under 40	09:14.0	456
388	0:46:14	WHITE, Karen		Female Vet 40-44	09:14.6	217
389	0:46:16	TAYLOR, Sara	St Austell RC	Female under 35	09:15.0	432
390	0:46:21	BAKER, Steph	Tamar Trotters	Female Vet 35-39	09:16.0	333
391	0:46:22	SWEET, Tara		Female under 35	09:16.2	512
392	0:46:24	BULLOCK, Katie	St Austell RC	Female under 35	09:16.6	21
393	0:46:24	LEE, Nicola		Female Vet 50-54	09:16.6	436
394	0:46:29	WATTS, Debra	St Austell RC	Female Vet 40-44	09:17.6	102
395	0:46:37	TORR, Lynette	Cornwall AC	Female Vet 55-59	09:19.2	354
396	0:46:38	GOSLING-BROWN, Kimberley		Female under 35	09:19.4	180
397	0:46:41	HAMMICK, Liz	Falmouth Road Runners	Female Vet 55-59	09:20.0	248
398	0:46:44	CARTER, Roger	Looe Pioneers	Male vet 50-54	09:20.6	426
399	0:46:49	POLLITT, Derek	St Austell RC	Male Vet 40-44	09:21.6	91
400	0:46:50	GRIFFITH, Jacky	Womens Running Net (C)	Female Vet 45-49	09:21.8	183
401	0:46:50	GRANT, David		Male Vet 45-49	09:21.8	190
402	0:46:54	HIBBS, Vickki	St Austell RC	Female Vet 35-39	09:22.6	414
403	0:46:54	RULE, Helen	St Austell RC	Female under 35	09:22.6	79
404	0:46:55	JAMIESON, Sandy	Carn Runners	Female Vet 55-59	09:22.8	353
405	0:46:56	PROWSE, Micheala	St Austell RC	Female under 35	09:23.0	92
406	0:46:57	SHEPHERD, Alan	Hayle Runners	Male Vet 60-64	09:23.2	394
407	0:46:58	WRIGHT, Lisa	Newquay Road Runners	Female Vet 60+	09:23.4	299
408	0:47:05	STOCKS, Stephen		Male under 40	09:24.8	197
409	0:47:06	BARBERY, Tim	Devon/Cornwall Police	Male Vet 40-44	09:25.0	345
410	0:47:07	STEPHENS, Roger	Falmouth Road Runners	Male Vet 55-59	09:25.2	255
411	0:47:10	CHILLINGWORTH, Glynn	St Austell RC	Male under 40	09:25.8	97
412	0:47:17	HUNT, Marilyn		Female Vet 55-59	09:27.2	467
413	0:47:19	SQUIRE, Helen	Mounts Bay Harriers	Female Vet 45-49	09:27.6	319
414	0:47:28	DAVEY, Lynne	St Austell RC	Female Vet 40-44	09:29.4	35
415	0:47:32	JENKIN, Peter	Falmouth Road Runners	Male vet 50-54	09:30.2	348
416	0:47:36	BAKER, Philippa		Female Vet 50-54	09:31.0	429
417	0:47:39	TERRY, Darren		Male under 40	09:31.6	440
418	0:47:48	CULLEY, Carol	Carn Runners	Female Vet 50-54	09:33.4	199
419	0:47:51	OSBORNE, Pete		Male under 40	09:34.0	460
420	0:47:55	MILLWARD, Laura	Carn Runners	Female Vet 45-49	09:34.8	124
421	0:48:02	ADAMS, Sally	Newquay Road Runners	Female Vet 35-39	09:36.2	480
422	0:48:03	JOHNS, Michael	Mounts Bay Harriers	Male vet 50-54	09:36.4	325
423	0:48:04	LATHOM, Janet	Launceston Road Runners	Female Vet 50-54	09:36.6	169
424	0:48:09	HANCOCK, Debbie	St Austell RC	Female Vet 35-39	09:37.6	37
425	0:48:10	BOWDEN, Ian	Hayle Runners	Male under 40	09:37.8	367
426	0:48:15	YATES, Angela	St Austell RC	Female Vet 50-54	09:38.8	87
427	0:48:17	OSBORN, Kathryn	Hayle Runners	Female Vet 45-49	09:39.2	122
428	0:48:27	MCFADDEN, Tracy		Female Vet 40-44	09:41.2	120
429	0:48:39	HUMPHRIES, Steve	St Austell RC	Male Vet 40-44	09:43.6	55
430	0:48:39	HATCH, David	Moorhaven	Male Vet 60-64	09:43.6	158
431	0:48:45	BAKER, Emma	Looe Pioneers	Female Vet 35-39	09:44.8	510
432	0:48:46	JOHNS, Gillian	Mounts Bay Harriers	Female Vet 50-54	09:45.0	326
433	0:48:47	JAMES, Amanda	Tamar Trotters	Female Vet 55-59	09:45.2	336
434	0:48:48	PIPER, Jacqueline	Truro Running Club	Female Vet 40-44	09:45.4	167
435	0:48:54	WEST, Lindsay	St Austell RC	Female Vet 50-54	09:46.6	83
436	0:48:56	BUDGE, Lynne	East Cornwall Harriers	Female Vet 40-44	09:47.0	135

437	0:49:04	COLEMAN, Alison	St Austell RC	Female Vet 35-39	09:48.6	1
438	0:49:13	THORP, Sharon	Launceston Road Runners	Female Vet 45-49	09:50.4	475
439	0:49:27	WALLACE, Lisa	Truro Running Club	Female under 35	09:53.2	479
440	0:49:34	ROONEY, Rob	St Austell RC	Male vet 50-54	09:54.6	514
441	0:49:36	MACLAREN, Leslie	St Austell RC	Female under 35	09:55.0	61
442	0:49:40	CAIN, Gillian	East Cornwall Harriers	Female Vet 40-44	09:55.8	166
443	0:49:47	WADE, Margaret	Womens Running Net (C)	Female Vet 55-59	09:57.2	123
444	0:49:50	BULLEN, Margaret	Truro Running Club	Female Vet 55-59	09:57.8	116
445	0:49:52	WISNER, Kath		Female Vet 35-39	09:58.2	347
446	0:50:08	FOSTER, Ann	Tamar Trotters	Female Vet 60+	10:01.4	334
447	0:50:09	STEVENS, Jon	Hayle Runners	Male Vet 40-44	10:01.6	418
448	0:50:11	WARE, Aileen	Looe Pioneers	Female Vet 55-59	10:02.0	218
449	0:50:13	WOODHEAD, Malcolm	Tamar Trotters	Male Vet 55-59	10:02.4	339
450	0:50:15	JOSLIN, Alison	Truro Running Club	Female Vet 50-54	10:02.8	204
451	0:50:18	MANSELL, Tracie	Womens Running Net (C)	Female Vet 35-39	10:03.4	239
452	0:50:28	LOBB, Michele	St Austell RC	Female Vet 50-54	10:05.4	59
453	0:50:29	GARRETT, Carol	Carn Runners	Female Vet 40-44	10:05.6	145
454	0:50:33	JAMESON, Judy	Carn Runners	Female Vet 50-54	10:06.4	105
455	0:50:35	FOX, Sarah		Female under 35	10:06.8	163
456	0:50:47	RANGER, Nigel	Royal Navy AC	Male Vet 40-44	10:09.2	238
457	0:50:51	PASCOE, Wendy	Hayle Runners	Female Vet 45-49	10:10.0	391
458	0:50:55	HAMMETT, Andy	South Devon AC	Male Vet 60-64	10:10.8	268
459	0:51:44	LEWIS, Melanie	St Austell RC	Female Vet 50-54	10:20.6	14
460	0:51:54	LIGHT, Donna		Female Vet 40-44	10:22.6	504
461	0:51:55	BUNDY, Christine	Mounts Bay Harriers	Female Vet 45-49	10:22.8	114
462	0:52:17	WOOLLEY, Catherine	Tamar Trotters	Female Vet 50-54	10:27.2	335
463	0:52:21	CLARK, Debra	Falmouth Road Runners	Female Vet 40-44	10:28.0	242
464	0:52:22	HAYNES, Joanna	Womens Running Net (C)	Female Vet 50-54	10:28.2	489
465	0:52:24	DONNITHORNE, Claire		Female under 35	10:28.6	509
466	0:52:25	COUSINS, Lindsay	St Austell RC	Female under 35	10:28.8	433
467	0:52:47	ALLEN, Jess	St Austell RC	Female under 35	10:33.2	2
468	0:52:50	JELBERT, Ruth	Hayle Runners	Female Vet 35-39	10:33.8	384
469	0:52:55	DREW, Carole	Carn Runners	Female Vet 60+	10:34.8	126
470	0:53:04	PETERS, Tim		Male Vet 60-64	10:36.6	189
471	0:53:24	BARRIE, Noelene	Falmouth Road Runners	Female Vet 45-49	10:40.6	246
472	0:54:00	BENNETTS, William	Hayle Runners	Male Vet 70+	10:47.8	366
473	0:54:03	JONES, Lisa	St Austell RC	Female under 35	10:48.4	88
474	0:54:16	PERRING, Sharon	Womens Running Net (C)	Female Vet 35-39	10:51.0	261
475	0:54:23	ROWETT, Ann	St Austell RC	Female Vet 50-54	10:52.4	6
476	0:54:25	HARRIS, Jayne	St Austell RC	Female Vet 40-44	10:52.8	48
477	0:54:44	KNIGHTS, Julie	Carn Runners	Female Vet 50-54	10:56.6	147
478	0:55:13	WRIGHT, Mike	Hayle Runners	Male Vet 60-64	11:02.4	404
479	0:55:24	FRANCIS, Kirsten	Tynedale Harriers	Female Vet 45-49	11:04.6	411
480	0:55:51	HAMBLY, Darren	St Austell RC	Male under 40	11:10.0	47
481	0:56:16	SPRY, Will		Male under 20	11:15.0	476
482	0:56:30	GARRARD, David	Falmouth Road Runners	Male Vet 60-64	11:17.8	251
483	0:56:44	TREGILAS, Neil		Male under 40	11:20.6	421
484	0:57:06	CLATWORTHY, Dave	East Cornwall Harriers	Male Vet 60-64	11:25.0	265
485	0:57:20	MARTIN, Helen	St Austell RC	Female under 35	11:27.8	99
486	0:57:20	MARTIN, Rob	St Austell RC	Male under 40	11:27.8	98
487	0:57:41	MILBURN, Mark	Newquay Road Runners	Male Vet 45-49	11:32.0	290
488	0:57:45	WYATT, Terry	St Austell RC	Male Vet 45-49	11:32.8	86
489	0:57:59	RICHARDS, Leonora	South Devon AC	Female Vet 50-54	11:35.6	269
490	0:58:08	WATKINS, Wendy	Tamar Trotters	Female Vet 35-39	11:37.4	329
491	0:58:14	HEMMING, Theresa	St Austell RC	Female Vet 50-54	11:38.6	8
492	0:58:48	REDDICLIFFE, Diane	Launceston Road Runners	Female Vet 45-49	11:45.4	137
493	0:58:59	DUTTON, Mike	St Austell RC	Male under 40	11:47.6	89
494	0:59:04	BYRNE, Deborah	Hayle Runners	Female Vet 35-39	11:48.6	370
495	0:59:18	VENNING, Ann	Launceston Road Runners	Female Vet 55-59	11:51.4	110
496	0:59:58	WHITE, Christine	Falmouth Road Runners	Female Vet 60+	11:59.4	249
497	1:00:00	MACLAREN, Hazel	Womens Running Net (C)	Female Vet 45-49	11:59.8	160
498	1:10:06	FALCIONE, Marisa	Falmouth Road Runners	Female Vet 40-44	14:00.9	244
499	1:10:06	ALSOP, Geraldine	St Austell RC	Female Vet 60+	14:00.9	93