

St.Austell Running Club

Time Trial Positions 2009

	10/01/2009	14/04/2009	19/05/2009	30/06/2009	27/08/2009	Average	Times
ALSOP, Daniel		0:22:41				0:22:41	1
BESTWICK, Paul		0:23:43	0:24:02			0:23:52	2
DOYLE, Nigel				0:25:06		0:25:06	1
TRUDGIAN, Andy	0:24:33	0:25:19	0:25:29	0:25:35		0:25:14	4
ROBERTS, Malcolm		0:25:07	0:25:12	0:25:49		0:25:23	3
MACLAREN, Donald		0:24:53	0:26:02			0:25:28	2
HAWKIN, Richard				0:26:08		0:26:08	1
BULLOCK, Paul	0:26:15		0:26:07			0:26:11	2
TREGASKES, Andy				0:26:15		0:26:15	1
REYNOLDS, Andy				0:26:21		0:26:21	1
BLEWETT, Derren				0:26:10	0:26:35	0:26:22	2
WALLBANK, Rob		0:26:30				0:26:30	1
WHERRY, James					00:26:39	0:26:39	1
BUDGE, Stephen			0:27:25	0:26:10		0:26:48	2
CROWLE, Mark		0:26:49				0:26:49	1
BUDGE, Lee			0:26:52			0:26:52	1
ANDREW, Jamie		0:26:44	0:26:37	0:27:16		0:26:52	3
BROWN, Ken	0:27:01					0:27:01	1
BAZIN, Peter		0:27:06		0:26:38	00:27:35	0:27:06	3
CIANO, Phil			0:27:07			0:27:07	1
MARSHALL, Tom	0:28:01			0:26:50		0:27:25	2
NEWSTEAD,Kayleigh			0:27:27			0:27:27	1
PLAYER, Garry		0:27:27				0:27:27	1
MARTIN, Steve		0:28:12	0:27:19			0:27:45	2
GIBBONS, Stuart				0:27:49		0:27:49	1
GILLESPIE, Steve	0:28:29	0:27:19				0:27:54	2
HOOK, Guy	0:28:43				00:27:28	0:28:06	2
SCRACE, Shaun	0:30:08		0:27:45		00:27:03	0:28:19	3
FARQUAR, James		0:29:00	0:28:21	0:29:20	00:27:00	0:28:25	4
FERGUSON, Andy		0:28:28	0:28:23			0:28:25	2
ALSOP, Doug			0:29:12	0:28:43	00:27:22	0:28:26	3
COTTESS, Ashley		0:28:41	0:28:11			0:28:26	2
PIPET, Martin		0:28:27	0:28:02	0:29:04		0:28:31	3
HAWKIN, Gareth		0:28:37				0:28:37	1
HARRISON, Osham		0:28:41				0:28:41	1
GROSE, Matt	0:30:44		0:28:20		00:27:05	0:28:43	3
ROBINSON, Kevin		0:28:48				0:28:48	1
COLLET, Jeri		0:29:44	0:28:05			0:28:55	2
MURPHY, Jason		0:29:46	0:28:14	0:29:38	00:28:46	0:29:06	4
LEE, Steven				0:29:29		0:29:29	1
HOULT, Colin			0:29:58	0:30:01	00:28:59	0:29:39	3
GREET, Pete		0:29:40				0:29:40	1
BATE, Geoff		0:29:42				0:29:42	1
ELLIS, Steve				0:29:48		0:29:48	1
ROGERS, Mark			0:30:00			0:30:00	1
FLOWERS, Cliff		0:29:27		0:30:38		0:30:03	2

ALLEN, Sue		0:30:17			0:30:17	1
BULL, Andy			0:30:25		0:30:25	1
JONES, Simon			0:34:01	00:26:54	0:30:27	2
ROWE, Tim	0:30:32	0:30:29			0:30:31	2
POLLARD, Simon	0:30:36				0:30:36	1
EDEN, Reg			0:30:43		0:30:43	1
CAIRNEY, Shirley		0:30:05	0:31:30		0:30:48	2
CAMBORIEUX, Catherine	0:31:22	0:30:41	0:30:31		0:30:51	3
JEFFREY, Tristram	0:30:10	0:30:40	0:32:12		0:31:01	3
ROWETT, Kimberley		0:31:01			0:31:01	1
DAVEY, Tracey	0:30:55	0:29:51	0:32:26		0:31:04	3
KIMPTON, Fred	0:31:29	0:31:10	0:30:33		0:31:04	3
CROUCH, Laura			0:31:18		0:31:18	1
WRIGHT, Lucy			0:31:25		0:31:25	1
ENGLEY, Rupert	0:34:21	0:30:57		00:29:05	0:31:28	3
DUANE, Richard	0:32:24	0:30:35	0:32:42		0:31:54	3
VAGUE, Kala				00:32:10	0:32:10	1
BUILDER, Rachel				00:32:13	0:32:13	1
BAZELEY, Geoff	0:32:33		0:34:07	00:30:03	0:32:14	3
COTTESS, Claire	0:31:31	0:32:31	0:32:47		0:32:16	3
CHILLINGWORTH, Jackie	0:32:20		0:32:13		0:32:16	2
ENDEAN, Dave			0:32:42		0:32:42	1
MELLIS, Susan	0:32:20	0:33:06			0:32:43	2
COVUS, Steve		0:34:04	0:33:17	00:31:51	0:33:04	3
GRILLS, Deb			0:33:00	00:33:12	0:33:06	2
JIWA, Shiraz		0:32:44	0:33:42		0:33:13	2
WILLIAMS, Phil			0:36:09	00:31:03	0:33:36	2
COCKINGS, Abbie	0:33:47				0:33:47	1
BUDGE, Claire	0:33:47				0:33:47	1
MITCHELL, Marilyn				00:33:52	0:33:52	1
HORTON, Jackie		0:34:02	0:33:58		0:34:00	2
BLAKE, Rachel	0:34:10				0:34:10	1
BAZELEY, Sarah	0:34:24	0:34:12	0:35:08	00:33:56	0:34:25	4
O'REILLY, Gayle			0:34:29		0:34:29	1
ROWE, Kristy	0:35:26	0:34:12			0:34:49	2
PRESTON, Helen		0:34:50			0:34:50	1
MACLAREN, Lesley	0:35:22	0:33:22	0:36:13		0:34:59	3
BUDGE, Andy	0:35:02				0:35:02	1
WILKINSON, Andrew		0:35:20			0:35:20	1
BAILEY, Sarah		0:35:25			0:35:25	1
CAIRNEY, Terry		0:31:56	0:39:07		0:35:31	2
CARTHEW, Roz			0:35:35		0:35:35	1
FENN, Holly		0:35:39			0:35:39	1
BROWN, Lisa		0:36:15			0:36:15	1
WEST, Lindsay	0:36:18				0:36:18	1
HIBBS, Vicky	0:36:21				0:36:21	1
HANCOCK, Debbie	0:36:26				0:36:26	1
DAVEY, Lynne	0:36:50	0:36:08			0:36:29	2
HERRINGTON, Julie	0:37:25	0:35:33			0:36:29	2
ASSER, James		0:47:09	0:34:41	00:29:58	0:37:16	3
YATES, Angela	0:38:04	0:38:11		00:36:39	0:37:38	3

UPWARD, Barry		0:37:59				0:37:59	1
BULLOCK, Katie	0:38:47	0:43:31	0:36:33	0:34:41	00:36:31	0:38:01	5
WILLIAMS, Angela				0:39:44	00:36:24	0:38:04	2
JONES, Trish				0:38:06		0:38:06	1
HUMPHRIES, Steve		0:38:46				0:38:46	1
LOBB, Michele	0:37:29		0:38:17	0:42:17		0:39:21	3
FRANKS, Michelle			0:38:35	0:40:15		0:39:25	2
LEWIS, Mel				0:40:14		0:40:14	1
COLEMAN, Alison	0:44:30	0:38:36		0:38:07		0:40:24	3
DUTTON, Mike				0:43:47	00:37:15	0:40:31	2
MITCHELL, Niki		0:40:36				0:40:36	1
HINDS, Olivia				0:42:41		0:42:41	1
MILE, Sandra		0:43:09				0:43:09	1
HARRIS, Jayne		0:43:29				0:43:29	1
MACLAREN, Hazel				0:44:47		0:44:47	1
SNELL, Sarah				0:45:10		0:45:10	1
WYATT, Terry				0:48:03		0:48:03	1