

CUBERT 5 - 2ND JUNE 2009 (2)

Place	Time	Name	Team	Category	Pace
1	0:25:38	COLE, Jim	Tavistock AC	Male under 40	05:07.5
2	0:25:53	BUZZA, Dave	Cornwall AC	Male Vet 45-49	05:10.5
3	0:26:08	CLEAVE, Matthew	Cornwall AC	Male under 20	05:13.5
4	0:26:38	ELLIS, Peter	Hayle Runners	Male under 40	05:19.5
5	0:26:41	WAUMSLEY, Pete	Tamar Trotters	Male under 40	05:20.1
6	0:27:30	TELFORD, John	Cornwall AC	Male Vet 50-54	05:29.9
7	0:27:35	NASH, Dan	East Cornwall Harriers	Male under 20	05:30.9
8	0:27:47	WILSMORE, Michael	Tamar Trotters	Male under 40	05:33.3
9	0:27:48	CLEAVE, Ryan	Cornwall AC	Male under 20	05:33.5
10	0:27:49	HILL, Sam	Mounts Bay Harriers	Male under 40	05:33.7
11	0:28:02	GREGG, Paul	Tamar Trotters	Male Vet 40-44	05:36.3
12	0:28:19	HEARD, Mark	Launceston Road Runners	Male Vet 40-44	05:39.7
13	0:28:24	MONK, Chris	Newquay Road Runners	Male Vet 50-54	05:40.7
14	0:28:34	ALSOP, Daniel	St Austell RC	Male under 40	05:42.7
15	0:28:43	SYMONS, Tony	Tavistock AC	Male Vet 45-49	05:44.5
16	0:29:00	GENTLE, Stephen	East Cornwall Harriers	Male under 40	05:47.9
17	0:29:05	STONE, Matthew	Hayle Runners	Male under 40	05:48.9
18	0:29:08	WHERRY, Steven	Cornwall AC	Male Vet 45-49	05:49.5
19	0:29:13	BABB, Steve	Launceston Road Runners	Male Vet 40-44	05:50.5
20	0:29:22	THOMAS, Justin	Cornwall AC	Male under 40	05:52.3
21	0:29:32	DAVIS, Martin	Newquay Road Runners	Male Vet 50-54	05:54.3
22	0:29:34	HOOPER, Gregg	Newquay Road Runners	Male under 40	05:54.7
23	0:29:36	HOLLAND, Adam	Tavistock AC	Male under 40	05:55.1
24	0:29:38	WEBSTER, Craig	Newquay Road Runners	Male under 40	05:55.5
25	0:29:39	MARKS, Steve	Newquay Road Runners	Male under 40	05:55.7
26	0:29:40	PORTER, Darrin	Truro Running Club	Male Vet 40-44	05:55.9
27	0:29:41	LETCHFORD, Geoff	Mounts Bay Harriers	Male Vet 55-59	05:56.1
28	0:29:46	STEVENS, James	East Cornwall Harriers	Male under 40	05:57.1
29	0:29:50	HODGSON, Graham	Newquay Road Runners	Male Vet 45-49	05:57.9
30	0:30:03	BESTWICK, Paul	St Austell RC	Male under 40	06:00.5
31	0:30:09	KNOWLES, Simon	Hayle Runners	Male under 40	06:01.7
32	0:30:10	TURNER, Dave	Truro Running Club	Male Vet 40-44	06:01.9
33	0:30:19	HICKS, Sam	Hayle Runners	Male Vet 45-49	06:03.7
34	0:30:23	BUDGE, Mark	East Cornwall Harriers	Male under 20	06:04.5
35	0:30:33	CRITCHLOW, Martin	Tamar Trotters	Male Vet 45-49	06:06.5
36	0:30:35	ROBERTS, Jordan	Hayle Runners	Male under 20	06:06.9
37	0:30:37	WALKER, Jason	Mounts Bay Harriers	Male under 40	06:07.3
38	0:30:38	SIMS, Nigel	Mounts Bay Harriers	Male Vet 45-49	06:07.5
39	0:30:39	DAVIS, Andy		Male Vet 45-49	06:07.7
40	0:30:40	ROBERTS, Malcolm	St Austell RC	Male Vet 55-59	06:07.9
41	0:30:41	REID, Alan	Hayle Runners	Male under 40	06:08.1
42	0:30:43	WYATT, Steve	Hayle Runners	Male under 40	06:08.5
43	0:30:46	MITCHELL, Nigel	Truro Running Club	Male Vet 40-44	06:09.1
44	0:30:49	BOLT, Phil	Cornwall AC	Male Vet 40-44	06:09.7
45	0:31:00	GOODREID, Ian	Hayle Runners	Male Vet 45-49	06:11.9
46	0:31:03	WITHAM, Neville	Cornwall AC	Male Vet 50-54	06:12.5
47	0:31:05	O'CONGHALIE, Seamus	Tamar Trotters	Male under 40	06:12.9
48	0:31:06	HUTCHISON, Don	Mounts Bay Harriers	Male Vet 45-49	06:13.1
49	0:31:07	MACLAREN, Donald	St Austell RC	Male Vet 50-54	06:13.3
50	0:31:08	CROWLE, Revis	East Cornwall Harriers	Female Vet 45-49	06:13.5
51	0:31:08	WALKER, Chris	Newquay Road Runners	Male under 40	06:13.5
52	0:31:09	TRUDGIAN, Andy	St Austell RC	Male under 40	06:13.7
53	0:31:14	DALTON, Richard	Falmouth Road Runners	Male under 20	06:14.7
54	0:31:16	PARKES, John	Mounts Bay Harriers	Male Vet 50-54	06:15.1
55	0:31:17	PAINE, Steven	Tamar Trotters	Male Vet 40-44	06:15.3
56	0:31:18	OMORI, Mark	Mounts Bay Harriers	Male Vet 45-49	06:15.5
57	0:31:20	ALSTON, Bethany	Cornwall AC	Female under 20	06:15.9
58	0:31:22	DOYLE, Nigel	St Austell RC	Male Vet 40-44	06:16.3

59	0:31:23	KELVEY, Lucy	Newquay Road Runners	Female Vet 35-39	06:16.5
60	0:31:28	STEPHENS, Alastair	Mounts Bay Harriers	Male under 40	06:17.5
61	0:31:29	STALLARD, Emma	Cornwall AC	Female Vet 35-39	06:17.7
62	0:31:33	HICKSON, Andrew	Mounts Bay Harriers	Male Vet 40-44	06:18.5
63	0:31:34	BOSUSTOW, Suzy	Cornwall AC	Female Vet 35-39	06:18.7
64	0:31:35	MONTGOMERY-SMITH, Phil		Male under 40	06:18.9
65	0:31:38	JOSE, Aaron	Cornwall AC	Male under 20	06:19.5
66	0:31:39	REDDICLIFFE, Nigel	Launceston Road Runners	Male Vet 40-44	06:19.7
67	0:31:43	SQUIBB, Jason	Cornwall AC	Male Vet 40-44	06:20.5
68	0:31:45	CROWLE, Arron	East Cornwall Harriers	Male under 20	06:20.9
69	0:31:48	BUNCLARK, Adam	Mile High	Male under 40	06:21.5
70	0:31:48	DANIELS, Alex		Male under 40	06:21.5
71	0:31:53	PELL, David	Cornwall AC	Male Vet 40-44	06:22.5
72	0:31:55	DORRELL, Mark	Carn Runners	Male Vet 45-49	06:22.9
73	0:31:58	SMITH, Liam	East Cornwall Harriers	Male under 20	06:23.5
74	0:32:04	ABRAHAM, Scott	Hayle Runners	Male under 40	06:24.7
75	0:32:07	WILES, Brian	Launceston Road Runners	Male Vet 60-64	06:25.3
76	0:32:13	COATES, Felix	Gyllynvase S L S C	Male under 20	06:26.5
77	0:32:14	MAYES, Richard	Hayle Runners	Male under 40	06:26.7
78	0:32:20	MUTSAERS, Adrian	Cornwall AC	Male under 40	06:27.9
79	0:32:22	RENDLE, Steve	Newquay Road Runners	Male Vet 40-44	06:28.3
80	0:32:25	LOCKETT, Pat	Newquay Road Runners	Male Vet 60-64	06:28.9
81	0:32:27	BUDGE, Stephen	St Austell RC	Male Vet 45-49	06:29.3
82	0:32:28	CROWLE, Mark	St Austell RC	Male under 40	06:29.5
83	0:32:29	WALLBANK, Rob	St Austell RC	Male under 40	06:29.7
84	0:32:29	WILSMORE, Paul	Tamar Trotters	Male Vet 55-59	06:29.7
85	0:32:30	BERESFORD, Lee	Newquay Road Runners	Male under 40	06:29.9
86	0:32:31	TREBILCOCK, Emily	Gyllynvase S L S C	Female under 35	06:30.1
87	0:32:34	BURROWS, Anthony	Hayle Runners	Male Vet 40-44	06:30.7
88	0:32:38	WHITHAM, Alicia		Female under 35	06:31.5
89	0:32:39	CROWLE, Ian	East Cornwall Harriers	Male Vet 45-49	06:31.7
90	0:32:40	MARSTON, Jeremy	Mounts Bay Harriers	Male under 40	06:31.9
91	0:32:41	PERKIN, Sam	Mounts Bay Harriers	Male under 40	06:32.1
92	0:32:43	HARRIS, Geoff	Newquay Road Runners	Male Vet 45-49	06:32.5
93	0:32:45	WRIGHT, Paul	Newquay Road Runners	Male Vet 60-64	06:32.9
94	0:32:46	JONES, Simon	St Austell RC	Male under 40	06:33.1
95	0:32:47	SOLE, Paul		Male under 40	06:33.3
96	0:32:47	CHAPMAN, Sam	Falmouth Road Runners	Male under 20	06:33.3
97	0:32:47	BURGESS, Kathryn	Cornwall AC	Female under 35	06:33.3
98	0:32:47	ROY, Diane	East Cornwall Harriers	Female Vet 45-49	06:33.3
99	0:32:48	BULLOCK, Paul	St Austell RC	Male Vet 50-54	06:33.5
100	0:32:49	LAURIE, Andrew		Male Vet 45-49	06:33.7
101	0:32:50	HARRISON, Debbie	Hayle Runners	Female Vet 35-39	06:33.9
102	0:32:51	BUDGE, Lee	St Austell RC	Male under 40	06:34.1
103	0:32:55	RESTALL, Stephen	Newquay Road Runners	Male Vet 50-54	06:34.9
104	0:32:55	GEEN, Martin		Male under 40	06:34.9
105	0:32:55	GRAINGER, Christopher	Hayle Runners	Male under 40	06:34.9
106	0:32:55	HOWARD, Simon	Newquay Road Runners	Male under 40	06:34.9
107	0:32:55	CHAPMAN, Joe	Falmouth Road Runners	Male under 20	06:34.9
108	0:32:58	ARROWSMITH, Paul	East Cornwall Harriers	Male under 40	06:35.5
109	0:32:58	GLENDINNING, Tom	Launceston Road Runners	Male under 40	06:35.5
110	0:33:00	MATTHEWS, Ian	Mounts Bay Harriers	Male Vet 40-44	06:35.9
111	0:33:00	YATES, Jason	Kernow Runners	Male under 40	06:35.9
112	0:33:11	SMITH, Derek	Hayle Runners	Male Vet 45-49	06:38.1
113	0:33:12	TREGASKES, Andy	St Austell RC	Male under 40	06:38.3
114	0:33:15	POLGLASE, Tom	Carn Runners	Male Vet 55-59	06:38.9
115	0:33:17	SUTTON, Tom		Male under 40	06:39.3
116	0:33:19	THOMPSON, John	Newquay Road Runners	Male Vet 50-54	06:39.7
117	0:33:20	RUETSCH, Fiona	Hayle Runners	Female Vet 40-44	06:39.9
118	0:33:23	EDWARDS, John	Hayle Runners	Male Vet 50-54	06:40.5
119	0:33:32	CURTIS, Matt	Hayle Runners	Male under 40	06:42.3
120	0:33:34	ANDREW, Jamie	St Austell RC	Male under 40	06:42.7
121	0:33:35	TRUMAN, Jason	Newquay Road Runners	Male under 40	06:42.9

122	0:33:36	TORR, Robert		Male Vet 50-54	06:43.1
123	0:33:38	EVANS, Julian	Falmouth Road Runners	Male under 40	06:43.5
124	0:33:40	ADAMS, Tim	St Austell RC	Male under 40	06:43.9
125	0:33:41	BROWNE, Ben		Male under 40	06:44.1
126	0:33:42	HILL, Nancy	Mounts Bay Harriers	Female Vet 40-44	06:44.3
127	0:33:44	PEARCE, Gregory	St Austell RC	Male Vet 50-54	06:44.7
128	0:33:46	WILLS, Martin	Cornwall AC	Male under 40	06:45.1
129	0:33:49	NEWSTEAD, Kayleigh	St Austell RC	Female under 20	06:45.7
130	0:33:56	THOMPSON, Adam	Newquay Road Runners	Male under 20	06:47.1
131	0:33:59	CURTIS, Ken	Cornwall AC	Male Vet 45-49	06:47.7
132	0:34:07	HOLE, Stephen	Carn Runners	Male under 40	06:49.3
133	0:34:08	HAWKEN, Richard	St Austell RC	Male under 40	06:49.5
134	0:34:11	BOWERY, John		Male under 40	06:50.1
135	0:34:12	STRINGER, Justin	Truro Running Club	Male Vet 40-44	06:50.3
136	0:34:14	GILBERT, Michael	Launceston Road Runners	Male under 40	06:50.7
137	0:34:15	DOWRICK, Mike	Hayle Runners	Male under 40	06:50.9
138	0:34:18	MARTIN, Steve	St Austell RC	Male under 40	06:51.5
139	0:34:21	HOLDEN, Charlie	Mounts Bay Harriers	Male under 40	06:52.1
140	0:34:28	WILLIAMS, Ian	St Austell RC	Male Vet 40-44	06:53.5
141	0:34:29	PLAYER, Garry	St Austell RC	Male Vet 40-44	06:53.7
142	0:34:32	BROWN, Kenneth	St Austell RC	Male Vet 40-44	06:54.3
143	0:34:33	OGILVIE, Sue	Newquay Road Runners	Female Vet 50-54	06:54.5
144	0:34:33	BAZIN, Peter	St Austell RC	Male Vet 40-44	06:54.5
145	0:34:33	JEWELL, William	Truro Running Club	Male Vet 45-49	06:54.5
146	0:34:34	HORTON, John	Newquay Road Runners	Male Vet 65-69	06:54.7
147	0:34:35	COLLETT, Jeri	St Austell RC	Female under 35	06:54.9
148	0:34:36	LEWIS, Jules	Hayle Runners	Male Vet 40-44	06:55.1
149	0:34:44	OSBORNE, John	Launceston Road Runners	Male Vet 60-64	06:56.7
150	0:34:47	WRIGHT, Benjamin		Male under 40	06:57.3
151	0:34:48	CIANO, Phillip	Truro Running Club	Male Vet 45-49	06:57.5
152	0:34:49	GEORGE, Nicola	Newquay Par AC	Female under 20	06:57.7
153	0:34:51	LEE, Eloise	Falmouth Road Runners	Female under 35	06:58.1
154	0:34:51	WITHERS, Russell	Newquay Par AC	Male under 40	06:58.1
155	0:34:57	HICKS, James	Hayle Runners	Male Vet 40-44	06:59.3
156	0:35:01	YATES, Rich	Launceston Road Runners	Male Vet 40-44	07:00.1
157	0:35:02	ANGILLEY, Jayne	Hayle Runners	Female Vet 45-49	07:00.3
158	0:35:03	GRAY, Heidi	Newquay Road Runners	Female under 35	07:00.5
159	0:35:05	LEE, Steven	Hayle Runners	Male Vet 45-49	07:00.9
160	0:35:06	WHYMARK, Todd	Gyllynvase S L S C	Male under 40	07:01.1
161	0:35:08	ADIE, Gordon	Truro Running Club	Male Vet 45-49	07:01.5
162	0:35:09	HILL, Terry	Hayle Runners	Male Vet 45-49	07:01.7
163	0:35:10	NEVILLE, Philip	Newquay Road Runners	Male Vet 40-44	07:01.9
164	0:35:12	LONGMAN, Jon		Male under 40	07:02.3
165	0:35:18	HOOK, Guy	St Austell RC	Male Vet 40-44	07:03.4
166	0:35:19	NAYLER, Mark		Male under 40	07:03.6
167	0:35:20	FERGUSON, Andrew	St Austell RC	Male Vet 40-44	07:03.8
168	0:35:20	LUDLOW, Stephen	Evesham Vale Runners	Male Vet 45-49	07:03.8
169	0:35:23	SNOOK, Neil		Male under 40	07:04.4
170	0:35:26	QUINN, Sean	St Austell RC	Male Vet 40-44	07:05.0
171	0:35:28	TONKIN, Craig	Hayle Runners	Male under 40	07:05.4
172	0:35:28	TOWNEND, Stewart	Hayle Runners	Male Vet 65-69	07:05.4
173	0:35:36	FORD-DUNN, Jonathan	Truro Running Club	Male Vet 50-54	07:07.0
174	0:35:38	BROWN, David	Truro Running Club	Male Vet 40-44	07:07.4
175	0:35:41	FRANCIS, Desmond	Hayle Runners	Male Vet 40-44	07:08.0
176	0:35:43	BURNELL, Frank	Hayle Runners	Male Vet 50-54	07:08.4
177	0:35:44	DIMENT, Natasha	Cornwall AC	Female under 20	07:08.6
178	0:35:46	BENNETT, Charlotte	Hayle Runners	Female Vet 35-39	07:09.0
179	0:35:47	EDLIN, David	Newquay Road Runners	Male Vet 40-44	07:09.2
180	0:35:48	WHITEHEAD, Dayle		Male under 40	07:09.4
181	0:35:49	ZAPATA, Carlos	Falmouth Road Runners	Male Vet 45-49	07:09.6
182	0:35:51	LAMING, Andrew	Newquay Road Runners	Male under 40	07:10.0
183	0:35:52	ALSOP, Doug	St Austell RC	Male Vet 60-64	07:10.2
184	0:35:55	PHILLIPS, Steven	Carn Runners	Male under 40	07:10.8

185	0:35:58	PETTIT, Danny	Newquay Road Runners	Male Vet 40-44	07:11.4
186	0:35:59	TURTON, Jess	Mounts Bay Harriers	Female under 35	07:11.6
187	0:35:59	SPENCE, Ben		Male under 40	07:11.6
188	0:36:05	ORCHARD, Mike	Hayle Runners	Male Vet 50-54	07:12.8
189	0:36:06	HOOPER, Paul	Mounts Bay Harriers	Male Vet 45-49	07:13.0
190	0:36:08	SCRACE, Shaun	St Austell RC	Male under 40	07:13.4
191	0:36:10	FARQUHAR, James	St Austell RC	Male under 40	07:13.8
192	0:36:11	ALLEN, Peter	Newquay Road Runners	Male Vet 50-54	07:14.0
193	0:36:12	CURTIS, Martin	Hayle Runners	Male Vet 60-64	07:14.2
194	0:36:14	TORR, Peter	Cornwall AC	Male Vet 50-54	07:14.6
195	0:36:15	LEDGER, Alan		Male under 40	07:14.8
196	0:36:16	DATE, Malcolm	Hayle Runners	Male Vet 45-49	07:15.0
197	0:36:17	RILEY, Paul	Cornwall AC	Male Vet 45-49	07:15.2
198	0:36:19	LUSTY, Liz	St Austell RC	Female Vet 40-44	07:15.6
199	0:36:22	TREBILCOCK, Mark	St Austell RC	Male Vet 45-49	07:16.2
200	0:36:23	TURNER, James	Truro Running Club	Male under 40	07:16.4
201	0:36:26	PIPET, Martin	St Austell RC	Male under 40	07:17.0
202	0:36:29	MATTHEWS, Martin	St Austell RC	Male under 40	07:17.6
203	0:36:31	BARTON, Chris		Male Vet 40-44	07:18.0
204	0:36:42	NASH, Jenny	East Cornwall Harriers	Female Vet 45-49	07:20.2
205	0:36:44	BOON, Andy	St Austell RC	Male under 40	07:20.6
206	0:36:44	LLOYD, James	Truro Running Club	Male under 40	07:20.6
207	0:36:44	PENBERTHY, Michael	Hayle Runners	Male Vet 50-54	07:20.6
208	0:36:47	JULIAN, Rory		Male under 40	07:21.2
209	0:36:50	NIGHTINGALE, Jonathan		Male Vet 40-44	07:21.8
210	0:36:51	TOMS, Faye	Hayle Runners	Female under 35	07:22.0
211	0:36:52	WEBB, Sean	Hayle Runners	Male Vet 40-44	07:22.2
212	0:36:53	SAVILLE, Mhairi	Mounts Bay Harriers	Female under 35	07:22.4
213	0:36:56	HOULT, Colin	St Austell RC	Male Vet 55-59	07:23.0
214	0:36:58	HERBERT, Adam	Cornwall AC	Male under 40	07:23.4
215	0:37:00	GOLDSWORTHY, Rachael	Hayle Runners	Female under 35	07:23.8
216	0:37:10	JUKES, Andy	Hayle Runners	Male Vet 40-44	07:25.8
217	0:37:11	TALLING, Glyn		Male under 40	07:26.0
218	0:37:12	SPENCE, Max		Male under 40	07:26.2
219	0:37:13	BRAY, Vivian	Cornwall AC	Male Vet 40-44	07:26.4
220	0:37:14	EATOCK, John-paul	Hayle Runners	Male under 40	07:26.6
221	0:37:15	CARPENTER, Michael	Launceston Road Runners	Male Vet 55-59	07:26.8
222	0:37:17	HEMSWORTH, Kim	Falmouth Road Runners	Male Vet 55-59	07:27.2
223	0:37:21	MORGAN, Katie	Gyllynvase S L S C	Female under 20	07:28.0
224	0:37:24	PARKER, Andrew	Launceston Road Runners	Male Vet 45-49	07:28.6
225	0:37:26	BALDWIN, Mike	Hayle Runners	Male Vet 45-49	07:29.0
226	0:37:26	SHIPTON, Jason	Tamar Trotters	Male under 40	07:29.0
227	0:37:28	WORTH, John	Hayle Runners	Male Vet 50-54	07:29.4
228	0:37:29	ANGOVE, Paul	Mounts Bay Harriers	Male Vet 40-44	07:29.6
229	0:37:30	WILTON, David	Falmouth Road Runners	Male Vet 50-54	07:29.8
230	0:37:33	MARSHALL, Tom	St Austell RC	Male under 40	07:30.4
231	0:37:38	GROSE, Matt	St Austell RC	Male under 40	07:31.4
232	0:37:39	ROWELL, Tony	Tri Logic Cornwall	Male Vet 45-49	07:31.6
233	0:37:41	CUDDY, Steve		Male Vet 45-49	07:32.0
234	0:37:42	MCNEVIN, Philip	Mounts Bay Harriers	Male under 40	07:32.2
235	0:37:43	THOMAS, Helen	Carn Runners	Female Vet 35-39	07:32.4
236	0:37:45	ROWE, Gareth		Male Vet 50-54	07:32.8
237	0:37:52	SHAPLAND, Ron	Newquay Road Runners	Male Vet 65-69	07:34.2
238	0:37:54	SMITH, Brian	Hayle Runners	Male Vet 40-44	07:34.6
239	0:37:55	CURTIN, Emily	East Cornwall Harriers	Female Vet 35-39	07:34.8
240	0:37:56	DOBSON, Lesley	Newquay Road Runners	Female Vet 40-44	07:35.0
241	0:38:00	CHATER, Gary	Launceston Road Runners	Male Vet 40-44	07:35.8
242	0:38:01	WOTTON, Keith	Truro Running Club	Male Vet 50-54	07:36.0
243	0:38:04	ALLEN, Sue	St Austell RC	Female Vet 45-49	07:36.6
244	0:38:05	RINGER, Ian	East Cornwall Harriers	Male Vet 60-64	07:36.8
245	0:38:06	BUNTING, Maggie	Tamar Trotters	Female Vet 40-44	07:37.0
246	0:38:07	CLIMBER, Phil	Hayle Runners	Male Vet 40-44	07:37.2
247	0:38:08	ROGERS, Laura		Female under 35	07:37.4

248	0:38:10	HIBBERT, Clive	Mounts Bay Harriers	Male Vet 60-64	07:37.8
249	0:38:11	PARK, Ian		Male Vet 40-44	07:38.0
250	0:38:12	ENGLEY, Rupert	St Austell RC	Male under 40	07:38.2
251	0:38:14	MUSKETT, Geoff	Gyllynvase S L S C	Male under 40	07:38.6
252	0:38:15	EMSDEN, Hugh	Gyllynvase S L S C	Male Vet 40-44	07:38.8
253	0:38:23	RASMUSSEN, Peter	Launceston Road Runners	Male under 40	07:40.4
254	0:38:27	ROWE, Phil	Hayle Runners	Male Vet 60-64	07:41.2
255	0:38:28	EDEN, Reg	St Austell RC	Male Vet 55-59	07:41.4
256	0:38:33	ADAMS, David	Newquay Road Runners	Male under 40	07:42.4
257	0:38:34	DAVEY, Tracey	St Austell RC	Female Vet 35-39	07:42.6
258	0:38:36	DANCE, Jane	Tamar Trotters	Female Vet 40-44	07:43.0
259	0:38:37	CAIRNEY, Shirley	St Austell RC	Female Vet 40-44	07:43.2
260	0:38:38	STORER, Graham	Cornwall AC	Male Vet 50-54	07:43.4
261	0:38:45	MOORE, Andy	Hayle Runners	Male Vet 50-54	07:44.8
262	0:38:46	WOTTON, Lisa	St Austell RC	Female Vet 45-49	07:45.0
263	0:38:46	KNUCKEY, Nigel	Truro Running Club	Male Vet 50-54	07:45.0
264	0:38:46	THOMAS, Rachael	Truro Running Club	Female Vet 35-39	07:45.0
265	0:38:47	JONES, Simon	Mounts Bay Harriers	Male under 40	07:45.2
266	0:38:47	LEO, Cas	Hayle Runners	Male Vet 45-49	07:45.2
267	0:38:48	TYACK, Cher	Cornwall AC	Female under 35	07:45.4
268	0:38:49	TRESTRAIL, Jo	Carn Runners	Female Vet 35-39	07:45.6
269	0:38:50	DUANE, Richard	St Austell RC	Male Vet 55-59	07:45.8
270	0:38:52	HUSY, Joanne	Newquay Road Runners	Female Vet 35-39	07:46.2
271	0:38:55	MEAD, Sarah	Abingdon AAC	Female Vet 40-44	07:46.8
272	0:38:56	DUFFY, Sarah		Female Vet 45-49	07:47.0
273	0:38:57	MASKELL, Lisa	Hayle Runners	Female under 35	07:47.2
274	0:39:00	DREW, Peter	Carn Runners	Male Vet 60-64	07:47.8
275	0:39:03	CAMBORLEUX, Catheryn	St Austell RC	Female Vet 35-39	07:48.4
276	0:39:05	DAVIES, Dave		Male under 40	07:48.8
277	0:39:06	JOHNSON, Graham		Male under 40	07:49.0
278	0:39:07	INNES, Vicky	Bude Rats	Female Vet 35-39	07:49.2
279	0:39:07	KNIGHT, Margaret	Falmouth Road Runners	Female Vet 40-44	07:49.2
280	0:39:09	AINSWORTH, John	Tamar Trotters	Male Vet 40-44	07:49.6
281	0:39:11	COWARD, Norma	Newquay Road Runners	Female Vet 40-44	07:50.0
282	0:39:14	TOLCHARD, Ian	Devon/Cornwall Police	Male Vet 40-44	07:50.6
283	0:39:16	GYNN, Stewart	Launceston Road Runners	Male Vet 40-44	07:51.0
284	0:39:18	CRYER, Jon		Male Vet 55-59	07:51.4
285	0:39:19	O'MAHONEY, Kevin	Launceston Road Runners	Male Vet 65-69	07:51.6
286	0:39:22	KELSEY, Louise	Tamar Trotters	Female Vet 35-39	07:52.2
287	0:39:23	HORN, Christopher	Shenley Stridders	Male Vet 45-49	07:52.4
288	0:39:24	GOODRIGHT, Ray	East Cornwall Harriers	Male Vet 60-64	07:52.6
289	0:39:27	REID, Melissa	Gyllynvase S L S C	Female under 20	07:53.2
290	0:39:29	FLETCHER, Thomas		Male under 40	07:53.6
291	0:39:31	CLIFF, Naomi	Hayle Runners	Female Vet 40-44	07:54.0
292	0:39:32	VENNING, Martin	Launceston Road Runners	Male Vet 55-59	07:54.2
293	0:39:36	MORRIS, Paul	Hayle Runners	Male under 40	07:55.0
294	0:39:36	FITZMAURICE, Kate	Hayle Runners	Female under 35	07:55.0
295	0:39:36	TREBELL, Andrew		Male Vet 45-49	07:55.0
296	0:39:36	PUGH, Graham	Carn Runners	Male Vet 40-44	07:55.0
297	0:39:39	GUNN, Becky	Gyllynvase S L S C	Female under 20	07:55.6
298	0:39:41	CRADDOCK, Paul		Male Vet 40-44	07:56.0
299	0:39:42	BURROWS, Robert	Mounts Bay Harriers	Male Vet 55-59	07:56.2
300	0:39:43	JONES, Lisa	Newquay Road Runners	Female under 35	07:56.4
301	0:39:44	BUSCOMBE, Charles		Male under 40	07:56.6
302	0:39:45	MARKS, Stephen	Carn Runners	Male Vet 55-59	07:56.8
303	0:39:45	HOWES, Colin	Newquay Road Runners	Male Vet 55-59	07:56.8
304	0:39:46	TAPPING, Amy		Female under 35	07:57.0
305	0:39:47	ROWE, Tim	St Austell RC	Male Vet 40-44	07:57.2
306	0:39:49	TOMLINSON, Nigel	Carn Runners	Male Vet 40-44	07:57.6
307	0:39:56	MONTGOMERY-SMITH, Taryn	Truro Running Club	Female under 35	07:59.0
308	0:40:00	SCOTT, David	Hayle Runners	Male Vet 45-49	07:59.8
309	0:40:01	GILBERT, Katy	St Austell RC	Female Vet 45-49	08:00.0
310	0:40:04	TUCKER, Graeme		Male under 40	08:00.6

311	0:40:10	WALKER, Amy	Hayle Runners	Female under 35	08:01.8
312	0:40:13	WHITWORTH, Alex	Sydney Striders	Male Vet 65-69	08:02.4
313	0:40:17	MARSHALL, Keith	Falmouth Road Runners	Male Vet 60-64	08:03.2
314	0:40:17	KIMPTON, Fred	St Austell RC	Male under 40	08:03.2
315	0:40:22	TRETHEWEY, Martin	Newquay Road Runners	Male Vet 40-44	08:04.2
316	0:40:23	ARMSTRONG, Ian		Male under 40	08:04.4
317	0:40:26	MILLWARD, Lora		Female under 35	08:05.0
318	0:40:29	PALK, Verity	St Austell RC	Female under 35	08:05.6
319	0:40:30	MULLARKEY, Mary	East Cornwall Harriers	Female Vet 60+	08:05.8
320	0:40:31	CHOAK, Sarah	Falmouth Road Runners	Female Vet 40-44	08:06.0
321	0:40:33	MELLIS, Susan	St Austell RC	Female Vet 55-59	08:06.4
322	0:40:34	CARHART, Chris		Male Vet 45-49	08:06.6
323	0:40:35	HAYNES, Howard	Hayle Runners	Male Vet 70+	08:06.8
324	0:40:37	BUNDY, Tim	Mounts Bay Harriers	Male Vet 40-44	08:07.2
325	0:40:39	CHILLINGWORTH, Jackie	St Austell RC	Female Vet 35-39	08:07.6
326	0:40:43	ANDREWS, Jane	Falmouth Road Runners	Female Vet 35-39	08:08.4
327	0:40:45	GRILLS, Debbie	St Austell RC	Female Vet 45-49	08:08.8
328	0:40:45	SPARGO, Gail	Hayle Runners	Female Vet 45-49	08:08.8
329	0:40:47	DREW, Barry	Carn Runners	Male Vet 60-64	08:09.2
330	0:40:54	KINGTON, Norris	Cornwall AC	Male Vet 65-69	08:10.6
331	0:40:59	GAMBLE, Phillip	Truro Running Club	Male Vet 40-44	08:11.6
332	0:40:59	GARBETT, Linda	Carn Runners	Female Vet 40-44	08:11.6
333	0:40:59	COAD, Lowenna		Female under 35	08:11.6
334	0:41:01	WATSON, Janet	Falmouth Road Runners	Female Vet 55-59	08:12.0
335	0:41:02	MANSHIP, Dave	oadby owls	Male Vet 50-54	08:12.2
336	0:41:03	LE BOULANGER, Mathieu		Male under 40	08:12.4
337	0:41:03	ENDEAN, Dave	St Austell RC	Male Vet 55-59	08:12.4
338	0:41:08	FOREMAN, Michelle	Hayle Runners	Female Vet 40-44	08:13.4
339	0:41:14	BERINGER, Lisa		Female Vet 35-39	08:14.6
340	0:41:17	WILLBOND-SMITH, Roy	Carn Runners	Male Vet 70+	08:15.2
341	0:41:21	WOODING, Mike	Newquay Road Runners	Male Vet 60-64	08:16.0
342	0:41:26	BAZELEY, Geoff	St Austell RC	Male Vet 50-54	08:17.0
343	0:41:28	TREWHELLA, Chris	Mounts Bay Harriers	Male Vet 45-49	08:17.4
344	0:41:31	MORRIS, Sonya	Newquay Road Runners	Female Vet 35-39	08:18.0
345	0:41:34	STEPHENS, Michelle		Female under 35	08:18.6
346	0:41:43	TALLING, Lisa	Newquay Road Runners	Female Vet 40-44	08:20.4
347	0:41:44	BURTON, Julia	Newquay Road Runners	Female Vet 35-39	08:20.6
348	0:41:45	O'REILLY, Gayle	St Austell RC	Female Vet 35-39	08:20.8
349	0:41:48	SQUIRE, Mark	Mounts Bay Harriers	Male Vet 50-54	08:21.4
350	0:41:53	GENTLE, Marie	East Cornwall Harriers	Female under 35	08:22.4
351	0:41:53	CARMODY, Dennis		Male Vet 55-59	08:22.4
352	0:41:53	BARRINGTON, Ann	Truro Running Club	Female Vet 50-54	08:22.4
353	0:41:54	HARVEY, Lisa	Newquay Road Runners	Female under 35	08:22.6
354	0:41:55	CAIRNEY, Terry	St Austell RC	Male Vet 40-44	08:22.8
355	0:41:56	PARRY, Kate	Cornwall AC	Female under 20	08:23.0
356	0:41:58	HORTON, Jackie	St Austell RC	Female Vet 40-44	08:23.4
357	0:42:00	SHAW, Laura	Mounts Bay Harriers	Female Vet 50-54	08:23.8
358	0:42:10	SLEEMAN, Gary		Male Vet 45-49	08:25.8
359	0:42:12	LEE, Becky	Hayle Runners	Female Vet 40-44	08:26.2
360	0:42:13	SALDIVAR, Michael	Mounts Bay Harriers	Male Vet 40-44	08:26.4
361	0:42:15	HOLMAN, Tony	Hayle Runners	Male Vet 60-64	08:26.8
362	0:42:15	VAGUE, Kala	St Austell RC	Female Vet 40-44	08:26.8
363	0:42:26	KING, Zoe		Female under 35	08:29.0
364	0:42:26	PELLOWE, Olivia	Carn Runners	Female under 35	08:29.0
365	0:42:26	PENHALIGON, John	PL24	Male Vet 45-49	08:29.0
366	0:42:31	COVUS, Steven	St Austell RC	Male under 40	08:30.0
367	0:42:33	BILLINGTON, Kathryn	Hayle Runners	Female Vet 35-39	08:30.4
368	0:42:36	CARHART, Josh	Newquay Par AC	Male under 20	08:31.0
369	0:42:38	TREDINNICK, Terry	Hayle Runners	Male Vet 55-59	08:31.4
370	0:42:38	FRASER, Glen	Hayle Runners	Male Vet 50-54	08:31.4
371	0:42:38	BAILEY, Sarah	St Austell RC	Female Vet 35-39	08:31.4
372	0:42:40	WATKINS, Leigh	Tamar Trotters	Male under 40	20:31.6
373	0:42:42	WILLIAMS, Michelle	Falmouth Road Runners	Female Vet 40-44	08:32.2

374	0:42:44	ROSEWALL, Tammy	Mounts Bay Harriers	Female under 35	08:32.6
375	0:42:47	BROWN, John	Launceston Road Runners	Male Vet 50-54	08:33.2
376	0:42:47	CHANEY, Kate		Female under 35	08:33.2
377	0:42:49	CARDELL, Timothea	Hayle Runners	Female Vet 60+	08:33.6
378	0:42:52	PICKARD, Linda	Launceston Road Runners	Female Vet 45-49	08:34.2
379	0:42:52	LOBB, Annie		Female Vet 35-39	08:34.2
380	0:43:04	MACLAREN, Leslie	St Austell RC	Female under 35	08:36.6
381	0:43:06	CURTIS, Jill	Cornwall AC	Female Vet 50-54	08:37.0
382	0:43:09	MONNIER, Marion	Falmouth Road Runners	Female under 35	08:37.6
383	0:43:15	PETERS, Trina	Mounts Bay Harriers	Female Vet 40-44	08:38.8
384	0:43:16	HUGHES, Nigel		Male Vet 40-44	08:39.0
385	0:43:16	BUDGE, Claire	St Austell RC	Female Vet 35-39	08:39.0
386	0:43:18	ROWE, Kristy	St Austell RC	Female Vet 40-44	08:39.4
387	0:43:25	SHAW-SANDS, Lauren	Falmouth Road Runners	Female under 35	08:40.8
388	0:43:26	ROGERS, Mark	St Austell RC	Male Vet 40-44	08:41.0
389	0:43:28	BULL, Andy	St Austell RC	Male under 20	08:41.4
390	0:43:31	CAVE, Sarah	Falmouth Road Runners	Female under 35	08:42.0
391	0:43:33	EVANS, Des	Newquay Road Runners	Male Vet 60-64	08:42.4
392	0:43:34	HOLDING, Ruth	Newquay Road Runners	Female Vet 45-49	08:42.6
393	0:43:35	GAMBLE, Deborah	Truro Running Club	Female Vet 40-44	08:42.8
394	0:43:36	PRADY, Liz	Mounts Bay Harriers	Female Vet 50-54	08:43.0
395	0:43:37	MCKEWAN, Dave	St Columb Minor School	Male under 40	08:43.2
396	0:43:39	PARK, Sarah		Female Vet 45-49	08:43.6
397	0:43:40	MITCHELL, Marilyn	St Austell RC	Female Vet 60+	08:43.8
398	0:43:42	SUCH, Louise	Hayle Runners	Female Vet 40-44	08:44.2
399	0:43:42	BLAKE, Rachel	St Austell RC	Female Vet 35-39	08:44.2
400	0:43:49	SOLE, John		Male under 40	08:45.6
401	0:43:53	HOSEN, Tristran		Male under 40	08:46.4
402	0:43:55	HAWKEY, Samantha	Womens Running Net (C)	Female Vet 40-44	08:46.8
403	0:43:55	MCGUIRE, David	Fetch everione	Male under 40	08:46.8
404	0:44:00	PICKARD, Dave	Launceston Road Runners	Male Vet 50-54	08:47.8
405	0:44:03	LAING, Stella	Hayle Runners	Female Vet 40-44	08:48.4
406	0:44:04	WILLIS, Sharon	Womens Running Net (C)	Female Vet 45-49	08:48.6
407	0:44:07	LEWIS, Caroline	Hayle Runners	Female Vet 40-44	08:49.2
408	0:44:08	LOMAX, Jill		Female Vet 40-44	08:49.4
409	0:44:09	WILKINSON, Sarah		Female Vet 45-49	08:49.6
410	0:44:10	BUSCOMBE, Theresa		Female under 20	08:49.8
411	0:44:11	MATTHEWS, Susan	Mounts Bay Harriers	Female Vet 45-49	08:50.0
412	0:44:19	BURNS, Jayne		Female Vet 40-44	08:51.6
413	0:44:22	BALDWIN, Sarah	Hayle Runners	Female Vet 40-44	08:52.2
414	0:44:23	BUILDER, Rachel	St Austell RC	Female Vet 35-39	08:52.4
415	0:44:24	WRIGLEY, Alison	Reading Road Runners	Female Vet 45-49	08:52.6
416	0:44:25	GOODALL, Malcolm	Falmouth Road Runners	Male Vet 45-49	08:52.8
417	0:44:27	STOCKS, Gary		Male under 40	08:53.2
418	0:44:30	HOLT, Liane	Newquay Road Runners	Female under 35	08:53.8
419	0:44:31	DUFFY, Jane		Female Vet 45-49	08:54.0
420	0:44:40	MERRITT, Diane	Tamar Trotters	Female Vet 45-49	08:55.8
421	0:44:48	HARRIES, Bethan	Truro Running Club	Female under 35	08:57.4
422	0:44:49	BOWLES, Phil	Carn Runners	Male under 40	08:57.6
423	0:44:54	MARSHALL, Terry	Falmouth Road Runners	Female Vet 60+	08:58.6
424	0:44:55	WRIGHT, Lisa	Newquay Road Runners	Female Vet 60+	08:58.8
425	0:44:56	BULLOCK, Katie	St Austell RC	Female under 35	08:59.0
426	0:44:59	HARVEY, Lynn	Womens Running Net (C)	Female Vet 55-59	08:59.6
427	0:45:07	SHEPHERD, Alan	Hayle Runners	Male Vet 60-64	09:01.2
428	0:45:08	VICKERS, Ian	Evesham Vale Runners	Male under 40	09:01.4
429	0:45:10	CUDDY, Faye		Female Vet 50-54	09:01.8
430	0:45:14	BEMAN, Lynn	Hayle Runners	Female Vet 50-54	09:02.6
431	0:45:15	TRETHEWEY, Charley	Newquay Road Runners	Female under 35	09:02.8
432	0:45:15	CLOETE, Vicky	Womens Running Net (C)	Female Vet 35-39	09:02.8
433	0:45:40	MARSLAND, Karen		Female Vet 40-44	09:07.8
434	0:45:40	HORN, Sharon	Shenley Stridders	Female Vet 40-44	09:07.8
435	0:45:42	MILLWARD, Laura	Carn Runners	Female Vet 45-49	09:08.2
436	0:45:46	JAMIESON, Sandy	Carn Runners	Female Vet 55-59	09:09.0

437	0:46:00	GRIFFITH, Jacky	Womens Running Net (C)	Female Vet 45-49	09:11.8
438	0:46:03	BUDGE, Andrew	St Austell RC	Male Vet 40-44	09:12.4
439	0:46:12	FINDLAY, Alex	Carn Runners	Male Vet 50-54	09:14.2
440	0:46:19	HUTCHINS, Sarah	Womens Running Net (C)	Female under 35	09:15.6
441	0:46:20	GEORGE, Jackie	Newquay Par AC	Female Vet 45-49	09:15.8
442	0:46:23	DAVEY, Lynne	St Austell RC	Female Vet 40-44	09:16.4
443	0:46:24	HOGAN, Sandra	Hayle Runners	Female Vet 40-44	09:16.6
444	0:46:25	WRIGHT, David		Male Vet 45-49	09:16.8
445	0:46:25	GIMBLETT, Louise		Female under 35	09:16.8
446	0:46:27	HUMPHRIES, Steve	St Austell RC	Male Vet 40-44	09:17.2
447	0:46:27	MCFADDEN, Tracy		Female Vet 40-44	09:17.2
448	0:46:27	TAYLOR, Sara		Female under 35	09:17.2
449	0:46:30	BURGESS, Sue	Launceston Road Runners	Female Vet 55-59	09:17.8
450	0:46:40	BAZELEY, Sarah	St Austell RC	Female Vet 40-44	09:19.8
451	0:46:41	LEWIS, Melanie	St Austell RC	Female Vet 50-54	09:20.0
452	0:46:43	HURST, Amy	Hayle Runners	Female under 35	09:20.4
453	0:46:44	WRIGHT, Bernard		Male Vet 55-59	09:20.6
454	0:46:45	MOORE, Liz	Hayle Runners	Female Vet 45-49	09:20.8
455	0:46:52	SAYER, Amanda	Womens Running Net (C)	Female Vet 40-44	09:22.2
456	0:46:53	WHITE, Karen		Female Vet 40-44	09:22.4
457	0:46:55	LEHAN, Lorraine		Female Vet 45-49	09:22.8
458	0:46:58	TOU, Linda		Female Vet 60+	09:23.4
459	0:47:00	HATCH, David	Moorhaven	Male Vet 60-64	09:23.8
460	0:47:04	CULLEY, Carol	Carn Runners	Female Vet 50-54	09:24.6
461	0:47:07	LATHOM, Janet	Launceston Road Runners	Female Vet 50-54	09:25.2
462	0:47:08	PENNY, Hilary	Falmouth Road Runners	Female Vet 55-59	09:25.4
463	0:47:09	HAMMICK, Liz	Falmouth Road Runners	Female Vet 55-59	09:25.6
464	0:47:12	SAWLAND, Liz		Female Vet 40-44	09:26.2
465	0:47:14	BUNDY, Christine	Mounts Bay Harriers	Female Vet 45-49	09:26.6
466	0:47:16	HERRINGTON, Julie	St Austell RC	Female Vet 40-44	09:27.0
467	0:47:17	DAVIS, Lynne	Womens Running Net (C)	Female Vet 45-49	09:27.2
468	0:47:17	WESTBROOK, Kate	St Columb Minor School	Female under 35	09:27.2
469	0:47:23	COCKING, Gillian		Female Vet 45-49	09:28.4
470	0:47:30	STAINSBY, Elaine	Hayle Runners	Female Vet 35-39	09:29.8
471	0:47:33	THOMAS, Alison	Hayle Runners	Female Vet 35-39	09:30.4
472	0:47:33	SYCAMORE, Kathryn	Hayle Runners	Female Vet 35-39	09:30.4
473	0:47:35	ADAMS, Sally	Newquay Road Runners	Female Vet 35-39	09:30.8
474	0:47:55	COLEMAN, Alison	St Austell RC	Female Vet 35-39	09:34.8
475	0:47:56	MANSELL, Tracie	Womens Running Net (C)	Female Vet 35-39	09:35.0
476	0:47:57	WHITE, Angela	Newquay Road Runners	Female Vet 45-49	09:35.2
477	0:47:59	NEWTON, Roy	Falmouth Road Runners	Male Vet 60-64	09:35.6
478	0:48:01	SCARAMAGLI, Romina		Female under 35	09:36.0
479	0:48:02	YATES, Angela	St Austell RC	Female Vet 50-54	09:36.2
480	0:48:03	NEILSON, Julie	Womens Running Net (C)	Female Vet 45-49	09:36.4
481	0:48:06	OWEN, Amanda		Female Vet 35-39	09:37.0
482	0:48:12	REYNOLDS, Andrew	Hayle Runners	Male Vet 45-49	09:38.2
483	0:48:20	CULLEY, Lizzy	Carn Runners	Female under 35	09:39.8
484	0:48:27	WADE, Margaret	Womens Running Net (C)	Female Vet 55-59	09:41.2
485	0:48:27	BUDGE, Lynne	East Cornwall Harriers	Female Vet 40-44	09:41.2
486	0:48:30	BARRETT, Kay		Female Vet 45-49	09:41.8
487	0:48:30	BARRETT, Kerry		Female under 35	09:41.8
488	0:48:31	JAMES, Linda	Hayle Runners	Female Vet 40-44	09:42.0
489	0:48:35	HANCOCK, Debbie	St Austell RC	Female Vet 35-39	09:42.8
490	0:48:38	MURRAY, Debi	Womens Running Net (C)	Female Vet 45-49	09:43.4
491	0:48:41	OSBORNE, Pete		Male under 40	09:44.0
492	0:48:45	MOSS, Sally		Female under 35	09:44.8
493	0:48:46	JOHNS, Gillian	Mounts Bay Harriers	Female Vet 50-54	09:45.0
494	0:48:46	JOHNS, Michael	Mounts Bay Harriers	Male Vet 50-54	09:45.0
495	0:48:49	BOWDEN, Ian	Hayle Runners	Male under 40	09:45.6
496	0:49:12	REID, Michelle	Hayle Runners	Female Vet 35-39	09:50.2
497	0:49:13	LOBB, Michele	St Austell RC	Female Vet 50-54	09:50.4
498	0:49:19	GARRETT, Carol	Carn Runners	Female Vet 40-44	09:51.6
499	0:49:22	DURIEZ, Brendan	Falmouth Road Runners	Male under 40	09:52.2

500	0:49:25	BRAY, Celia	Truro Running Club	Female Vet 45-49	09:52.8
501	0:49:26	BULLEN, Margaret	Truro Running Club	Female Vet 55-59	09:53.0
502	0:49:34	JAMESON, Judy	Carn Runners	Female Vet 50-54	09:54.6
503	0:49:49	PARKIN, Eleanor	Cornwall AC	Female under 20	09:57.6
504	0:49:50	STOCKS, Mark		Male under 40	09:57.8
505	0:49:51	FRANK, Michelle	St Austell RC	Female Vet 35-39	09:58.0
506	0:50:00	HOSKINS, Matthew	Hayle Runners	Male under 40	09:59.8
507	0:50:11	PASCOE, Wendy	Hayle Runners	Female Vet 45-49	10:02.0
508	0:50:19	DROVET, Paula	Falmouth Road Runners	Female Vet 50-54	10:03.6
509	0:50:22	JAGO, Liz		Female Vet 40-44	10:04.2
510	0:50:24	CAIN, Gillian	East Cornwall Harriers	Female Vet 40-44	10:04.6
511	0:50:29	CHAPMAN, Jackie		Female Vet 45-49	10:05.6
512	0:50:38	HARRIS, Tamsyn		Female Vet 40-44	10:07.4
513	0:50:38	MCLELLAN, Clare		Female Vet 35-39	10:07.4
514	0:50:45	BRINGUENTI, Adriana		Female Vet 60+	10:08.8
515	0:50:55	HOUGHTON, Nicky		Female Vet 45-49	10:10.8
516	0:50:55	BENNETT, Scott		Male under 40	10:10.8
517	0:51:02	SPENCE, Jo		Female Vet 35-39	10:12.2
518	0:51:15	BOWDEN, Jackie	Hayle Runners	Female Vet 45-49	10:14.8
519	0:51:21	HAYNES, Joanna	Womens Running Net (C)	Female Vet 50-54	10:16.0
520	0:51:22	JELBERT, Ruth	Hayle Runners	Female Vet 35-39	10:16.2
521	0:51:34	DREW, Carole	Carn Runners	Female Vet 60+	10:18.6
522	0:51:40	HEMINGWAY-WRIGHT, Stephen	Hayle Runners	Male under 40	10:19.8
523	0:51:44	TATNELL, Bonita		Female under 35	10:20.6
524	0:51:54	HOCKING, Deborah	Carn Runners	Female Vet 40-44	10:22.6
525	0:52:00	CLARKE, Debra	Falmouth Road Runners	Female Vet 40-44	10:23.8
526	0:52:00	POLLARD, Jean	Hayle Runners	Female Vet 55-59	10:23.8
527	0:52:03	TALLING, Diane	Newquay Road Runners	Female Vet 40-44	10:24.4
528	0:52:05	WEBSTER, Piers	Hayle Runners	Female Vet 50-54	10:24.8
529	0:52:05	GREEF, Jayne	Hayle Runners	Female Vet 50-54	10:24.8
530	0:52:10	HAMBLY, Darren	St Austell RC	Male under 40	10:25.8
531	0:52:21	BRENNAN, Tom	Hayle Runners	Male Vet 60-64	10:28.0
532	0:52:26	NEALE, Sharon	Launceston Road Runners	Female Vet 40-44	10:29.0
533	0:52:30	BENNETTS, William	Hayle Runners	Male Vet 70+	10:29.8
534	0:52:46	HART, Caroline	Hayle Runners	Female Vet 35-39	10:33.0
535	0:53:18	WOOD, Lorna	Falmouth Road Runners	Female Vet 55-59	10:39.4
536	0:53:29	PETERS, Tim		Male Vet 60-64	10:41.6
537	0:53:35	BARRIE, Noelene	Falmouth Road Runners	Female Vet 45-49	10:42.8
538	0:54:00	HOWORTH, Anna	Hayle Runners	Female Vet 60+	10:47.8
539	0:54:00	HARRIS, Jayne	St Austell RC	Female Vet 40-44	10:47.8
540	0:54:01	TONKIN, Jane	Hayle Runners	Female Vet 35-39	10:48.0
541	0:54:02	WRIGHT, Mike	Hayle Runners	Male Vet 60-64	10:48.2
542	0:54:09	MANN, Lynne		Female Vet 40-44	10:49.6
543	0:54:11	MACLAREN, Hazel	Womens Running Net (C)	Female Vet 45-49	10:50.0
544	0:54:56	MILBURN, Mark	Newquay Road Runners	Male Vet 45-49	10:59.0
545	0:55:00	GOODRIGHT, Rosemarie		Female Vet 50-54	10:59.8
546	0:55:06	GARRARD, David	Falmouth Road Runners	Male Vet 60-64	11:01.0
547	0:55:09	EZRA, Mandy	Hayle Runners	Female Vet 45-49	11:01.6
548	0:55:20	BRENNAN, Valerie	Hayle Runners	Female Vet 55-59	11:03.8
549	0:56:08	ROBERTS, Dominique	Hayle Runners	Female Vet 55-59	11:13.4
550	0:56:16	TANGEMAN, Erika	Newquay Road Runners	Female under 35	11:15.0
551	0:56:21	WHEELDON, Heidi		Female under 35	11:16.0
552	0:56:29	MCKWEAN, Zoe	St Columb Minor School	Female under 35	11:17.6
553	0:56:32	JAYES, Jo	Carn Runners	Female Vet 45-49	11:18.2
554	0:57:31	GIGGAL, Verity	Hayle Runners	Female under 35	11:30.0
555	0:57:36	ALLEN, Jess	St Austell RC	Female under 35	11:31.0
556	0:58:24	BERRIMAN, Anne	Hayle Runners	Female Vet 55-59	11:40.6
557	0:58:27	BYRNE, Deborah	Hayle Runners	Female Vet 35-39	11:41.2
558	0:58:51	WHITE, Christine	Falmouth Road Runners	Female Vet 60+	11:46.0
559	0:58:53	RICHARDS, Jackie	Hayle Runners	Female Vet 40-44	11:46.4
560	0:58:53	STEPHENS, John	Hayle Runners	Male Vet 40-44	11:46.4
561	0:59:26	LEACH, Cheryl	Launceston Road Runners	Female Vet 60+	11:53.0
562	0:59:26	VENNING, Ann	Launceston Road Runners	Female Vet 55-59	11:53.0

563	1:00:13	ROSSALL, Sue		Female Vet 40-44	12:02.4
564	1:00:13	BENNEY, Kevin		Male Vet 50-54	12:02.4
565	1:00:36	WYATT, Terry	St Austell RC	Male Vet 45-49	12:07.0
566	1:03:16	FALCIONE, Marisa	Falmouth Road Runners	Female Vet 40-44	12:39.0

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