

The Last Trevornick 10 - 07th May 2017

| Position | Time | Name | Team | Category | Pace |
|----------|---------|------------------------|-------------------------|------------------|---------|
| 1 | 0:59:45 | CLAY, Jordan | Cornwall AC | Male under 35 | 05:58.4 |
| 2 | 1:01:51 | DOBSON, Jacob | Falmouth Road Runners | Male under 35 | 06:11.0 |
| 3 | 1:02:22 | MORANT, Jordan | Hayle Runners | Male under 35 | 06:14.1 |
| 4 | 1:02:33 | WHEAR, Paul | Cornwall AC | Male Vet 45-49 | 06:15.2 |
| 5 | 1:02:53 | CARTHEY, Tom | Falmouth Road Runners | Male under 35 | 06:17.2 |
| 6 | 1:03:20 | MCWILLIAMS, John | Mounts Bay Harriers | Male under 35 | 06:19.9 |
| 7 | 1:04:13 | GOODWAY, Dan | Truro Running Club | Male under 35 | 06:25.2 |
| 8 | 1:04:40 | KIRTON, James | Truro Running Club | Male under 35 | 06:27.9 |
| 9 | 1:04:58 | WILLIAMS, Simon S | St Austell Running Club | Male Vet 40-44 | 06:29.7 |
| 10 | 1:05:20 | WHERRY, Steve | Hayle Runners | Male Vet 50-54 | 06:31.9 |
| 11 | 1:05:38 | SALAMONE, Craig | Cornwall AC | Male under 35 | 06:33.7 |
| 12 | 1:06:23 | KNOWLES, Simon | Hayle Runners | Male Vet 40-44 | 06:38.2 |
| 13 | 1:06:43 | ABRAHAM, Scott | Hayle Runners | Male Vet 45-49 | 06:40.2 |
| 14 | 1:06:48 | STEPTO, Emma | Cornwall AC | Female Vet 45-49 | 06:40.7 |
| 15 | 1:07:00 | SAVAGE, Rich | Hayle Runners | Male Vet 50-54 | 06:41.9 |
| 16 | 1:07:01 | STRACHAN, Steven | Falmouth Road Runners | Male Vet 40-44 | 06:42.0 |
| 17 | 1:07:21 | ORTON, Rob | Exmouth Harriers | Male Vet 35-39 | 06:44.0 |
| 18 | 1:07:23 | MONTGOMERY-SMITH, Phil | St Austell Running Club | Male Vet 45-49 | 06:44.2 |
| 19 | 1:07:38 | DOWRICK, Mike | Cornwall AC | Male Vet 40-44 | 06:45.7 |
| 20 | 1:07:39 | ADAMS, Tim | St Austell Running Club | Male Vet 45-49 | 06:45.8 |
| 21 | 1:08:07 | MURRANT, Kieran | Falmouth Road Runners | Male under 35 | 06:48.6 |
| 22 | 1:08:08 | BRYDON, James | Bodmin Road Runners | Male under 35 | 06:48.7 |
| 23 | 1:08:21 | RICHARDS, Gary | Mounts Bay Harriers | Male Vet 45-49 | 06:50.0 |
| 24 | 1:08:31 | BARNET, James | Falmouth Road Runners | Male under 35 | 06:51.0 |
| 25 | 1:08:56 | CUTLAN, James | St Austell Running Club | Male under 35 | 06:53.5 |
| 26 | 1:08:58 | PAULL, Emma | Hayle Runners | Female under 35 | 06:53.7 |
| 27 | 1:09:08 | DAVIS, Glynn | Carn Runners | Male Vet 50-54 | 06:54.7 |
| 28 | 1:09:37 | ANDREWARTHA, David | Bude Rats | Male under 35 | 06:57.6 |
| 29 | 1:10:01 | DAY, Justin | Cornwall AC | Male Vet 45-49 | 07:00.0 |
| 30 | 1:10:35 | WEBB, Jason | Cornwall AC | Male Vet 45-49 | 07:03.4 |
| 31 | 1:11:06 | DEACON, Mark | Looe Pioneers | Male under 35 | 07:06.5 |
| 32 | 1:11:09 | TURNER, James | | Male Vet 35-39 | 07:06.8 |
| 33 | 1:11:16 | RENDLE, Steve | Newquay Road Runners | Male Vet 45-49 | 07:07.5 |
| 34 | 1:11:29 | MAYES, Richard | Midland Masters | Male Vet 45-49 | 07:08.8 |
| 35 | 1:11:31 | WARMINGTON, Paul | Hayle Runners | Male Vet 35-39 | 07:09.0 |
| 36 | 1:12:23 | CHYNOWETH, Richard | Truro Running Club | Male Vet 35-39 | 07:14.2 |
| 37 | 1:12:32 | STANDING, Rob | Truro Running Club | Male Vet 40-44 | 07:15.1 |
| 38 | 1:12:49 | HERD, Joanna | Newquay Road Runners | Female Vet 40-44 | 07:16.8 |
| 39 | 1:13:01 | PASSINGHAM, Oliver | | Male Vet 35-39 | 07:18.0 |
| 40 | 1:13:07 | BALL, Adrian | Cornwall AC | Male Vet 50-54 | 07:18.6 |
| 41 | 1:13:19 | EDDISON, Andrew | Cornwall AC | Male Vet 50-54 | 07:19.8 |
| 42 | 1:13:30 | BERRYMAN, Tom | Mounts Bay Harriers | Male under 35 | 07:20.9 |
| 43 | 1:13:51 | SMITH, Nicola | St Austell Running Club | Female under 35 | 07:23.0 |
| 44 | 1:14:09 | KING, Mark | Cornwall AC | Male Vet 50-54 | 07:24.8 |
| 45 | 1:14:21 | BAYLY, Marc | Newquay Road Runners | Male Vet 40-44 | 07:26.0 |
| 46 | 1:14:38 | WIDDERSHOVEN, Tim | Carn Runners | Male Vet 35-39 | 07:27.7 |
| 47 | 1:14:44 | POWELL, Simon | Mud Crew Trail Runners | Male Vet 35-39 | 07:28.3 |
| 48 | 1:14:59 | LLOYD, Nick | | Male Vet 50-54 | 07:29.8 |
| 49 | 1:15:17 | RONNGARD, Mattias | Newquay Road Runners | Male Vet 45-49 | 07:31.6 |
| 50 | 1:15:33 | WILLIAMS, Alan | Tamar Trotters | Male Vet 35-39 | 07:33.2 |
| 51 | 1:15:47 | WOLF, Jan | Mounts Bay Harriers | Male Vet 40-44 | 07:34.6 |
| 52 | 1:15:58 | WATSON, Robin | Falmouth Road Runners | Male Vet 50-54 | 07:35.7 |
| 53 | 1:16:09 | KEY, Andrew | | Male under 35 | 07:36.8 |
| 54 | 1:16:14 | PATRICK, Richard | Looe Pioneers | Male Vet 45-49 | 07:37.3 |
| 55 | 1:16:47 | ROWE, Liam | | Male under 35 | 07:40.6 |
| 56 | 1:16:55 | CHASE, Andy | St Austell Running Club | Male under 35 | 07:41.4 |
| 57 | 1:17:07 | BRAY, Daniel | St Austell Running Club | Male under 35 | 07:42.6 |
| 58 | 1:17:21 | KING, Melissa | Newquay Road Runners | Female under 35 | 07:44.0 |
| 59 | 1:17:26 | WORLEDGE, Mark | Mounts Bay Harriers | Male Vet 50-54 | 07:44.5 |
| 60 | 1:17:28 | PICKERING, Stuart | Hayle Runners | Male Vet 50-54 | 07:44.7 |
| 61 | 1:17:44 | WALKER, Iain | St Austell Running Club | Male Vet 60-64 | 07:46.3 |
| 62 | 1:18:05 | MILLWARD, Andy | Carn Runners | Male Vet 55-59 | 07:48.4 |

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| 63 | 1:18:13 | WALKER, Elliott | Newquay Road Runners | Male Vet 45-49 | 07:49.2 |
| 64 | 1:18:20 | DEVENEY, Callum | Falmouth Road Runners | Male Vet 45-49 | 07:49.9 |
| 65 | 1:18:23 | JOHNSON, Paul | St Austell Running Club | Male under 35 | 07:50.2 |
| 66 | 1:18:32 | COLEY, Alex | East Cornwall Harriers | Male under 35 | 07:51.1 |
| 67 | 1:18:36 | SNEYD, Paul | Hayle Runners | Male Vet 50-54 | 07:51.5 |
| 68 | 1:18:41 | SOLE, John | Bodmin Road Runners | Male Vet 35-39 | 07:52.0 |
| 69 | 1:18:45 | CROWLE, Revis | East Cornwall Harriers | Female Vet 55-59 | 07:52.4 |
| 70 | 1:18:51 | SAVAGE, Faye | Hayle Runners | Female Vet 40-44 | 07:53.0 |
| 71 | 1:19:03 | HUSBAND, Jamie | East Cornwall Harriers | Male Vet 35-39 | 07:54.2 |
| 72 | 1:19:09 | WILSON, Chris | | Male Vet 50-54 | 07:54.8 |
| 73 | 1:19:17 | ANGILLEY, Jayne | Cornwall AC | Female Vet 50-54 | 07:55.6 |
| 74 | 1:19:23 | OWEN, Mark | St Austell Running Club | Male Vet 40-44 | 07:56.2 |
| 75 | 1:19:28 | POOLEY, Robert | Carn Runners | Male Vet 35-39 | 07:56.7 |
| 76 | 1:19:28 | BENNETT, Charlotte | Hayle Runners | Female Vet 40-44 | 07:56.7 |
| 77 | 1:19:28 | SAVAGE, Jon | Hayle Runners | Male under 35 | 07:56.7 |
| 78 | 1:19:31 | REDDICLIFFE, Nigel | Launceston Road Runners | Male Vet 50-54 | 07:57.0 |
| 79 | 1:19:39 | COULSON, Lee | Falmouth Road Runners | Male Vet 45-49 | 07:57.8 |
| 80 | 1:19:46 | GREER, Mike | | Male under 35 | 07:58.5 |
| 81 | 1:19:54 | REED, Luke | Newquay Road Runners | Male Vet 35-39 | 07:59.3 |
| 82 | 1:19:54 | LLOYD, James | Truro Running Club | Male Vet 40-44 | 07:59.3 |
| 83 | 1:19:54 | WALKER, Charlie | | Male Vet 35-39 | 07:59.3 |
| 84 | 1:20:39 | SZYMANSKI, Pawel | Launceston Road Runners | Male under 35 | 08:03.8 |
| 85 | 1:20:51 | CORTIS, Richard | Falmouth Road Runners | Male Vet 45-49 | 08:05.0 |
| 86 | 1:20:53 | GWYNNE, Paul | Mud Crew Trail Runners | Male Vet 50-54 | 08:05.2 |
| 87 | 1:20:54 | FERGUSON, Andrew | Mud Crew Trail Runners | Male Vet 50-54 | 08:05.3 |
| 88 | 1:20:58 | WILSON, Michael | Truro Running Club | Male Vet 55-59 | 08:05.7 |
| 89 | 1:20:58 | PIEROTTI, Dylan | Newquay Road Runners | Male under 35 | 08:05.7 |
| 90 | 1:21:03 | NEWSON, Mark | Honiton R C | Male Vet 50-54 | 08:06.2 |
| 91 | 1:21:07 | SYRETT, Paul | Falmouth Road Runners | Male Vet 45-49 | 08:06.6 |
| 92 | 1:21:11 | CROWLE, Ian | East Cornwall Harriers | Male Vet 55-59 | 08:07.0 |
| 93 | 1:21:12 | MILLS, Jenny | Launceston Road Runners | Female Vet 65-69 | 08:07.1 |
| 94 | 1:21:14 | SOPP, Thomas | Falmouth Road Runners | Male Vet 40-44 | 08:07.3 |
| 95 | 1:21:22 | HARGREAVES, Pez | Falmouth Road Runners | Male Vet 45-49 | 08:08.1 |
| 96 | 1:21:33 | WILES, Brian | Launceston Road Runners | Male Vet 70-74 | 08:09.2 |
| 97 | 1:21:35 | KEMPNY, Jiri | St Austell Running Club | Male Vet 40-44 | 08:09.4 |
| 98 | 1:21:37 | ANGOVE, Paul | Mounts Bay Harriers | Male Vet 50-54 | 08:09.6 |
| 99 | 1:21:46 | POLGLASE, Tom | Carn Runners | Male Vet 65-69 | 08:10.5 |
| 100 | 1:22:00 | TOY, Scott | Falmouth Road Runners | Male Vet 35-39 | 08:11.9 |
| 101 | 1:22:07 | GAY, Jennifer | Truro Running Club | Female under 35 | 08:12.6 |
| 102 | 1:22:16 | BARRETT, Chris | Truro Running Club | Male Vet 45-49 | 08:13.5 |
| 103 | 1:22:26 | HARRISON, Nick | Launceston Road Runners | Male Vet 40-44 | 08:14.5 |
| 104 | 1:22:53 | TWIGGS, Tim | Hayle Runners | Male Vet 50-54 | 08:17.2 |
| 105 | 1:23:20 | DEZORZI, Dino | St Austell Running Club | Male Vet 45-49 | 08:19.9 |
| 106 | 1:23:22 | RICHARDS, Stuart | St Austell Running Club | Male Vet 40-44 | 08:20.1 |
| 107 | 1:23:23 | MORAN, Tim | Carn Runners | Male Vet 35-39 | 08:20.2 |
| 108 | 1:23:27 | ROBINSON, Joanne | Looe Pioneers | Female Vet 40-44 | 08:20.6 |
| 109 | 1:23:45 | RICHARDS, Robert | Hayle Runners | Male Vet 65-69 | 08:22.4 |
| 110 | 1:23:46 | NUGENT, Debbie | Cornwall AC | Female Vet 50-54 | 08:22.5 |
| 111 | 1:23:51 | BREEN, Donal | Truro Running Club | Male Vet 45-49 | 08:23.0 |
| 112 | 1:23:58 | GRASSAM, Mark | Looe Pioneers | Male Vet 45-49 | 08:23.7 |
| 113 | 1:24:03 | WILLIAMS, Gary | Looe Pioneers | Male under 35 | 08:24.2 |
| 114 | 1:24:05 | FRANTZ, Derrick | Cornwall AC | Male Vet 50-54 | 08:24.4 |
| 115 | 1:24:09 | ROSS, Andrew | Bodmin Road Runners | Male Vet 50-54 | 08:24.8 |
| 116 | 1:24:17 | HARDING, Ben | East Cornwall Harriers | Male Vet 35-39 | 08:25.6 |
| 117 | 1:24:18 | MYFORD, Sarah | Newquay Par AC | Female Vet 50-54 | 08:25.7 |
| 118 | 1:24:19 | MEDLOCK, Kirsty | Hayle Runners | Female Vet 35-39 | 08:25.8 |
| 119 | 1:24:32 | ALLEN, Peter | Newquay Road Runners | Male Vet 55-59 | 08:27.1 |
| 120 | 1:24:34 | HARTILL, Gail | Bodmin Road Runners | Female Vet 40-44 | 08:27.3 |
| 121 | 1:24:35 | HILL, Nancy | Cornwall AC | Female Vet 45-49 | 08:27.4 |
| 122 | 1:24:42 | ELLIS, Andrew | Hayle Runners | Male Vet 45-49 | 08:28.1 |
| 123 | 1:24:46 | WILLIAMS, Kelly | Mounts Bay Harriers | Female under 35 | 08:28.5 |
| 124 | 1:24:47 | ARMSTRONG, Chris | | Male under 35 | 08:28.6 |
| 125 | 1:24:49 | BLACKBURN, Amy | Mile High | Female under 35 | 08:28.8 |
| 126 | 1:24:49 | CARTER, Steven | | Male Vet 40-44 | 08:28.8 |
| 127 | 1:25:15 | WEEKS, Liam | | Male under 35 | 08:31.4 |

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| 128 | 1:25:17 | PATTERSON, Kaye | East Cornwall Harriers | Female under 35 | 08:31.6 |
| 129 | 1:25:28 | PAULL, Lucy | Hayle Runners | Female under 35 | 08:32.7 |
| 130 | 1:25:39 | ANSELL, Terry | | Male Vet 40-44 | 08:33.8 |
| 131 | 1:25:55 | LOWE, Toby | | Male Vet 45-49 | 08:35.4 |
| 132 | 1:26:01 | EASTERBROOK, Joe | Mounts Bay Harriers | Male under 35 | 08:36.0 |
| 133 | 1:26:18 | POPPERWELL, Beth | Mile High | Female Vet 40-44 | 08:37.7 |
| 134 | 1:26:42 | FOX, Hannah | Mile High | Female Vet 40-44 | 08:40.1 |
| 135 | 1:26:47 | CHESTERFIELD, Caroline | Hayle Runners | Female Vet 50-54 | 08:40.6 |
| 136 | 1:26:57 | SMITH, Derek | Hayle Runners | Male Vet 55-59 | 08:41.6 |
| 137 | 1:27:04 | VALENCIA, Homer | | Male under 35 | 08:42.3 |
| 138 | 1:27:27 | TREBILCOCK, Liz | Falmouth Road Runners | Female Vet 50-54 | 08:44.6 |
| 139 | 1:27:30 | DAVIES, Nikki | Newquay Road Runners | Female Vet 35-39 | 08:44.9 |
| 140 | 1:27:43 | CUTLAN, Hannah | St Austell Running Club | Female under 35 | 08:46.2 |
| 141 | 1:27:55 | LITTLEWOOD, Louise | East Cornwall Harriers | Female Vet 45-49 | 08:47.4 |
| 142 | 1:27:57 | BURNS, Julia | Hayle Runners | Female Vet 50-54 | 08:47.6 |
| 143 | 1:27:59 | TUCKER, David | Tamar Trotters | Male Vet 35-39 | 08:47.8 |
| 144 | 1:28:05 | DALE, Steve | Newquay Road Runners | Male Vet 40-44 | 08:48.4 |
| 145 | 1:28:17 | TALLING, Lisa | Newquay Road Runners | Female Vet 45-49 | 08:49.6 |
| 146 | 1:28:17 | GIBSON, Amanda | Looe Pioneers | Female Vet 40-44 | 08:49.6 |
| 147 | 1:28:24 | SOLOMON, Pam | Bodmin Road Runners | Female Vet 55-59 | 08:50.3 |
| 148 | 1:28:38 | FORD-DUNN, Jonathan | Truro Running Club | Male Vet 60-64 | 08:51.7 |
| 149 | 1:28:44 | MITCHELL, Jon | Cornwall AC | Male Vet 45-49 | 08:52.3 |
| 150 | 1:29:00 | MOORE, Thomas | Truro Running Club | Male Vet 35-39 | 08:53.9 |
| 151 | 1:29:07 | MCLEOD, Matthew | | Male Vet 45-49 | 08:54.6 |
| 152 | 1:29:19 | MARQUIS, Peter | | Male Vet 60-64 | 08:55.8 |
| 153 | 1:29:23 | RUNDLE, Wayne | Launceston Road Runners | Male Vet 40-44 | 08:56.2 |
| 154 | 1:29:28 | THOMAS, Alison | Hayle Runners | Female Vet 40-44 | 08:56.7 |
| 155 | 1:29:41 | POLLARD-RICE, Owen | | Male Vet 40-44 | 08:58.0 |
| 156 | 1:29:43 | WORTH, Emily | | Female under 35 | 08:58.2 |
| 157 | 1:29:50 | GERRARD, Corinne | Hayle Runners | Female Vet 45-49 | 08:58.9 |
| 158 | 1:29:54 | LOCKETT, Pat | Newquay Road Runners | Male Vet 70-74 | 08:59.3 |
| 159 | 1:29:59 | WILCOX, David | Truro Running Club | Male Vet 40-44 | 08:59.8 |
| 160 | 1:30:06 | THOMAS, Helen | Carn Runners | Female Vet 45-49 | 09:00.5 |
| 161 | 1:30:07 | WRIGHT, David | Hayle Runners | Male Vet 50-54 | 09:00.6 |
| 162 | 1:30:12 | MACKENZIE, Alan | Falmouth Road Runners | Male Vet 50-54 | 09:01.1 |
| 163 | 1:30:13 | LANGSTAFF, Emma | Looe Pioneers | Female Vet 40-44 | 09:01.2 |
| 164 | 1:30:16 | PICK, Robert | East Cornwall Harriers | Male Vet 60-64 | 09:01.5 |
| 165 | 1:30:58 | BRANDHAM, Lois | Newquay Road Runners | Female under 35 | 09:05.7 |
| 166 | 1:31:04 | KNUCKEY, Nigel | Truro Running Club | Male Vet 60-64 | 09:06.3 |
| 167 | 1:31:10 | BONAR, David | Hayle Runners | Male Vet 50-54 | 09:06.9 |
| 168 | 1:31:13 | HYNES, Jaine | Launceston Road Runners | Female Vet 50-54 | 09:07.2 |
| 169 | 1:31:16 | RUSSELL, Barry | St Austell Running Club | Male Vet 35-39 | 09:07.5 |
| 170 | 1:31:18 | SULLIVAN, Sharon | Carn Runners | Female Vet 40-44 | 09:07.7 |
| 171 | 1:31:21 | CATNACH, Alison | Looe Pioneers | Female Vet 40-44 | 09:08.0 |
| 172 | 1:31:26 | HITCHENS, Wietske | Carn Runners | Female Vet 50-54 | 09:08.5 |
| 173 | 1:31:27 | DREW, Peter | Carn Runners | Male Vet 65-69 | 09:08.6 |
| 174 | 1:32:03 | WEBSTER, David | | Male Vet 50-54 | 09:12.2 |
| 175 | 1:32:10 | STACKHOUSE, Helena | Cornwall AC | Female under 35 | 09:12.9 |
| 176 | 1:32:31 | BURKE, Miranda | Plymouth Harriers | Female Vet 45-49 | 09:15.0 |
| 177 | 1:32:40 | WEBB, Kirsty | Looe Pioneers | Female under 35 | 09:15.9 |
| 178 | 1:32:45 | ROGERS, Laura | Cornwall AC | Female under 35 | 09:16.4 |
| 179 | 1:32:45 | STORER, Graham | Cornwall AC | Male Vet 55-59 | 09:16.4 |
| 180 | 1:33:05 | GLOVER, Ruth | Mounts Bay Harriers | Female under 35 | 09:18.4 |
| 181 | 1:33:11 | GREEN, Alan | East Cornwall Harriers | Male Vet 60-64 | 09:19.0 |
| 182 | 1:33:23 | ROWE, Gareth | Newquay Road Runners | Male Vet 60-64 | 09:20.2 |
| 183 | 1:33:43 | HEATH, Vik | | Male under 35 | 09:22.2 |
| 184 | 1:33:48 | STEPHENS, Emma | Bodmin Road Runners | Female under 35 | 09:22.7 |
| 185 | 1:34:06 | BRYDON, Jackie | Bodmin Road Runners | Female Vet 50-54 | 09:24.4 |
| 186 | 1:34:36 | TUGWELL, Lesley | Worthing & District Harriers | Female Vet 40-44 | 09:27.4 |
| 187 | 1:34:46 | MARKS, Stacie | St Austell Running Club | Female under 35 | 09:28.4 |
| 188 | 1:34:48 | NICHOLLS, Ruth | | Female Vet 50-54 | 09:28.6 |
| 189 | 1:35:01 | PASCOE, Anna | Mud Crew Trail Runners | Female Vet 35-39 | 09:29.9 |
| 190 | 1:35:20 | MACLAREN, Steve | Hayle Runners | Male Vet 45-49 | 09:31.8 |
| 191 | 1:35:29 | GANDY, Jessica | Hayle Runners | Female under 35 | 09:32.7 |
| 192 | 1:35:30 | HILL, Sarah | Newquay Road Runners | Female Vet 45-49 | 09:32.8 |

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| 193 | 1:35:44 | MANSFIELD, Sue | Truro Running Club | Female Vet 50-54 | 09:34.2 |
| 194 | 1:35:47 | COPE, Jackie | Falmouth Road Runners | Female Vet 60-64 | 09:34.5 |
| 195 | 1:35:48 | HOLDING, Ruth | Mile High | Female Vet 50-54 | 09:34.6 |
| 196 | 1:35:50 | BUNTING, Maggie | Tamar Trotters | Female Vet 45-49 | 09:34.8 |
| 197 | 1:35:51 | WONNACOTT, Sarah | | Female Vet 35-39 | 09:34.9 |
| 198 | 1:36:04 | BAKER, Emma | Looe Pioneers | Female Vet 40-44 | 09:36.2 |
| 199 | 1:36:12 | UNSWORTH, Sophie | Bodmin Road Runners | Female under 35 | 09:37.0 |
| 200 | 1:36:14 | BULLOCK, Katie | Newquay Road Runners | Female under 35 | 09:37.2 |
| 201 | 1:36:22 | FURLONGER, Neill | Newquay Road Runners | Male under 35 | 09:38.0 |
| 202 | 1:36:35 | PALMER, Stefan | Bodmin Road Runners | Male Vet 45-49 | 09:39.3 |
| 203 | 1:36:35 | BATEMAN, Rebecca | Bodmin Road Runners | Female Vet 40-44 | 09:39.3 |
| 204 | 1:36:38 | HAYNES, Patrick | St Austell Running Club | Male Vet 50-54 | 09:39.6 |
| 205 | 1:36:48 | BARRIBALL, Julie | Launceston Road Runners | Female Vet 50-54 | 09:40.6 |
| 206 | 1:36:50 | MCLEAN, Luke | Mounts Bay Harriers | Male Vet 35-39 | 09:40.8 |
| 207 | 1:36:55 | LAWRY, Ross | St Austell Running Club | Male Vet 40-44 | 09:41.3 |
| 208 | 1:36:56 | LETCHFORD, Geoff | Mounts Bay Harriers | Male Vet 65-69 | 09:41.4 |
| 209 | 1:36:58 | BURNETT, Ian | | Male Vet 35-39 | 09:41.6 |
| 210 | 1:37:07 | CRABB, Sally | Looe Pioneers | Female Vet 40-44 | 09:42.5 |
| 211 | 1:37:21 | IRVING, Angela | | Female Vet 35-39 | 09:43.9 |
| 212 | 1:37:21 | DAVEY, Tamzin | Cornwall AC | Female Vet 45-49 | 09:43.9 |
| 213 | 1:37:26 | ELLIOTT, Paul | Carn Runners | Male Vet 40-44 | 09:44.4 |
| 214 | 1:37:33 | BEARD, Robert | Bodmin Road Runners | Male Vet 50-54 | 09:45.1 |
| 215 | 1:37:38 | MOORE, Andy | Hayle Runners | Male Vet 55-59 | 09:45.6 |
| 216 | 1:37:39 | GUMMOW, Katie | Looe Pioneers | Female Vet 35-39 | 09:45.7 |
| 217 | 1:37:42 | RICHARDS, Emma | Mounts Bay Harriers | Female Vet 35-39 | 09:46.0 |
| 218 | 1:37:45 | ADAMS, Elaine | Hayle Runners | Female Vet 35-39 | 09:46.3 |
| 219 | 1:37:50 | UREN, Lisa | Carn Runners | Female Vet 35-39 | 09:46.8 |
| 220 | 1:37:51 | DREW, Barry | Carn Runners | Male Vet 65-69 | 09:46.9 |
| 221 | 1:38:01 | PICKARD, Linda | Launceston Road Runners | Female Vet 50-54 | 09:47.9 |
| 222 | 1:38:07 | JAY, Andrew | St Austell Running Club | Male Vet 40-44 | 09:48.5 |
| 223 | 1:38:12 | SENIOR, Ann | Hayle Runners | Female Vet 60-64 | 09:49.0 |
| 224 | 1:38:24 | LEWIS, Bridget | Mounts Bay Harriers | Female Vet 45-49 | 09:50.2 |
| 225 | 1:38:28 | LYDALL, Denise | Falmouth Road Runners | Female Vet 45-49 | 09:50.6 |
| 226 | 1:38:35 | RINGER, Ian | Bodmin Road Runners | Male Vet 70-74 | 09:51.3 |
| 227 | 1:38:36 | CROWLE, Jonathan | Truro Running Club | Male Vet 40-44 | 09:51.4 |
| 228 | 1:38:38 | OLIVER, Adam | Mounts Bay Harriers | Male under 35 | 09:51.6 |
| 229 | 1:39:00 | TRETHEWEY, Martin | St Austell Running Club | Male Vet 45-49 | 09:53.8 |
| 230 | 1:39:18 | STUTHRIDGE, Helen | St Austell Running Club | Female Vet 45-49 | 09:55.6 |
| 231 | 1:39:24 | GARROD, Zoe | Bodmin Road Runners | Female under 35 | 09:56.2 |
| 232 | 1:39:26 | NASH, Samanta | | Female Vet 35-39 | 09:56.4 |
| 233 | 1:39:31 | BARRITT, James | | Male Vet 40-44 | 09:56.9 |
| 234 | 1:39:41 | BROAS, Cheryl | Looe Pioneers | Female Vet 55-59 | 09:57.9 |
| 235 | 1:40:21 | TAYLOR, Sue | Mounts Bay Harriers | Female Vet 65-69 | 10:01.9 |
| 236 | 1:40:30 | MARSHALL, Debbie | St Austell Running Club | Female Vet 40-44 | 10:02.8 |
| 237 | 1:40:33 | WILLCOCKS, Bob | Falmouth Road Runners | Male Vet 55-59 | 10:03.1 |
| 238 | 1:40:40 | RICHARDSON, Christina | Carn Runners | Female Vet 35-39 | 10:03.8 |
| 239 | 1:40:53 | OLDHAM, Lucy | East Cornwall Harriers | Female Vet 40-44 | 10:05.1 |
| 240 | 1:41:43 | DE ROZARIEUX, Nathan | Hayle Runners | Male Vet 45-49 | 10:10.1 |
| 241 | 1:42:13 | NORTHEY, Joanna | Launceston Road Runners | Female Vet 40-44 | 10:13.1 |
| 242 | 1:42:17 | BARNES, John | Launceston Road Runners | Male Vet 55-59 | 10:13.5 |
| 243 | 1:42:20 | CARTHEW, Elizabeth | Bodmin Womens RC | Female Vet 40-44 | 10:13.8 |
| 244 | 1:42:25 | MAYWOOD, Kirstie | Looe Pioneers | Female Vet 50-54 | 10:14.3 |
| 245 | 1:42:26 | FOSTER, Diane | Looe Pioneers | Female Vet 45-49 | 10:14.4 |
| 246 | 1:42:27 | SKINNER, Steve | Looe Pioneers | Male under 35 | 10:14.5 |
| 247 | 1:42:35 | SAUNTER, Jenny | Bodmin Womens RC | Female Vet 50-54 | 10:15.3 |
| 248 | 1:43:13 | SMITH, Hannah | Hayle Runners | Female under 35 | 10:19.1 |
| 249 | 1:43:18 | OLIVER, Martin | Mounts Bay Harriers | Male Vet 60-64 | 10:19.6 |
| 250 | 1:43:38 | THOMAS, Fiona | St Austell Running Club | Female under 35 | 10:21.6 |
| 251 | 1:43:45 | WIDDERSHOVEN, Demelza | Carn Runners | Female Vet 35-39 | 10:22.3 |
| 252 | 1:43:45 | REEVE, Paul | Carn Runners | Male Vet 45-49 | 10:22.3 |
| 253 | 1:44:09 | GORTON, John | Mounts Bay Harriers | Male Vet 60-64 | 10:24.7 |
| 254 | 1:44:10 | SAUNDERS, Lyndsey | East Cornwall Harriers | Female Vet 35-39 | 10:24.8 |
| 255 | 1:44:11 | BEARD, Sharon | Bodmin Road Runners | Female Vet 40-44 | 10:24.9 |
| 256 | 1:44:48 | WILTON, David | Falmouth Road Runners | Male Vet 60-64 | 10:28.6 |
| 257 | 1:45:10 | HIBBERT, Clive | Mounts Bay Harriers | Male Vet 70-74 | 10:30.8 |

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| 258 | 1:45:13 | WISNER, Kath | St Austell Running Club | Female Vet 45-49 | 10:31.1 |
| 259 | 1:45:40 | WORTH, Joanna | | Female Vet 45-49 | 10:33.8 |
| 260 | 1:46:13 | LOWE, Wendy | Bodmin Womens RC | Female Vet 60-64 | 10:37.1 |
| 261 | 1:46:15 | LIPHOTT, Alison | | Female Vet 45-49 | 10:37.3 |
| 262 | 1:46:23 | HORTON, Joanna | | Female Vet 40-44 | 10:38.1 |
| 263 | 1:46:45 | CATNACH, Peter | Looe Pioneers | Male Vet 55-59 | 10:40.3 |
| 264 | 1:46:45 | MAYWOOD, Bryan | Looe Pioneers | Male Vet 50-54 | 10:40.3 |
| 265 | 1:46:56 | RUTKOWSKA, Ola | Falmouth Road Runners | Female under 35 | 10:41.4 |
| 266 | 1:46:57 | STEPHENS, Jane | Bodmin Road Runners | Female Vet 50-54 | 10:41.5 |
| 267 | 1:46:58 | DOYLE (JOEL), Tryphaena | Carn Runners | Female Vet 40-44 | 10:41.6 |
| 268 | 1:47:11 | EVANS, Alun | Hayle Runners | Male Vet 45-49 | 10:42.9 |
| 269 | 1:47:12 | EVANS, Mollie | Carn Runners | Female Vet 40-44 | 10:43.0 |
| 270 | 1:47:15 | PICKARD, David | Launceston Road Runners | Male Vet 55-59 | 10:43.3 |
| 271 | 1:49:29 | COLEY, Simon | East Cornwall Harriers | Male Vet 50-54 | 10:56.7 |
| 272 | 1:49:31 | BUTLER, Makayla-Rose | Carn Runners | Female under 35 | 10:56.9 |
| 273 | 1:49:44 | WARREN, Diane | Hayle Runners | Female Vet 60-64 | 10:58.2 |
| 274 | 1:49:59 | JEWELS, Lucy | St Austell Running Club | Female Vet 45-49 | 10:59.7 |
| 275 | 1:50:14 | HEYWOOD, Peter | Looe Pioneers | Male Vet 70-74 | 11:01.2 |
| 276 | 1:50:29 | MACEY, Marcia | Bere Alston Trekkers | Female Vet 55-59 | 11:02.7 |
| 277 | 1:50:38 | KING, Amanda | Newquay Road Runners | Female Vet 35-39 | 11:03.6 |
| 278 | 1:50:48 | BURGESS, Mel | Hayle Runners | Female Vet 50-54 | 11:04.6 |
| 279 | 1:50:54 | MARKS, Victoria | Hayle Runners | Female Vet 40-44 | 11:05.2 |
| 280 | 1:50:57 | MARTIN, Jacqui | St Austell Running Club | Female Vet 45-49 | 11:05.5 |
| 281 | 1:51:14 | WILSON, Jon | | Male Vet 35-39 | 11:07.2 |
| 282 | 1:51:17 | MANKEE, Emma | Carn Runners | Female Vet 45-49 | 11:07.5 |
| 283 | 1:51:17 | PRYOR, Laura | Carn Runners | Female under 35 | 11:07.5 |
| 284 | 1:51:20 | SIMS, Martin | | Male Vet 65-69 | 11:07.8 |
| 285 | 1:51:32 | PEARCE, Deborah | Hayle Runners | Female Vet 45-49 | 11:09.0 |
| 286 | 1:51:42 | SPARGO, Philip | Truro Running Club | Male Vet 60-64 | 11:10.0 |
| 287 | 1:51:57 | PAGANO, Angelina | St Austell Running Club | Female Vet 50-54 | 11:11.5 |
| 288 | 1:51:58 | MACK, Mike | Carn Runners | Male Vet 65-69 | 11:11.6 |
| 289 | 1:51:58 | DUDLEY, Michelle | St Austell Running Club | Female Vet 45-49 | 11:11.6 |
| 290 | 1:52:54 | KITCHEN, Amelia | Hayle Runners | Female Vet 40-44 | 11:17.2 |
| 291 | 1:52:57 | BILLINGTON, Melanie | Hayle Runners | Female Vet 45-49 | 11:17.5 |
| 292 | 1:54:18 | MONTGOMERY-SMITH, Taryn | St Austell Running Club | Female Vet 35-39 | 11:25.6 |
| 293 | 1:54:24 | SAVIN, Nick | Newquay Road Runners | Male under 35 | 11:26.2 |
| 294 | 1:54:37 | DOWLING, John | | Male Vet 65-69 | 11:27.5 |
| 295 | 1:54:59 | HART, Michelle | Carn Runners | Female under 35 | 11:29.7 |
| 296 | 1:55:21 | BAILEY, Joshua | | Male Vet 45-49 | 11:31.9 |
| 297 | 1:55:56 | KING, Julie | | Female Vet 35-39 | 11:35.4 |
| 298 | 1:55:56 | HICKS, Christina | | Female under 35 | 11:35.4 |
| 299 | 1:56:08 | MARTIN, Hayley | Carn Runners | Female Vet 35-39 | 11:36.6 |
| 300 | 1:56:27 | WADE, Margaret | Carn Runners | Female Vet 65-69 | 11:38.5 |
| 301 | 1:56:40 | ROSS, Sarah | Tamar Trotters | Female Vet 50-54 | 11:39.8 |
| 302 | 1:56:48 | DAY, Samantha | Looe Pioneers | Female under 35 | 11:40.6 |
| 303 | 1:56:52 | VINNICOMBE, Caroline | Carn Runners | Female Vet 40-44 | 11:41.0 |
| 304 | 1:56:59 | THOMAS, Jane | St Austell Running Club | Female Vet 55-59 | 11:41.7 |
| 305 | 1:57:23 | SOWERBY, Nicky | Truro Running Club | Female Vet 50-54 | 11:44.1 |
| 306 | 1:57:32 | BARRITT, Mini | | Female Vet 40-44 | 11:45.0 |
| 307 | 1:58:13 | JAMESON, Judy | Carn Runners | Female Vet 55-59 | 11:49.1 |
| 308 | 1:58:38 | TALBOT, Cornilia | | Female Vet 35-39 | 11:51.6 |
| 309 | 1:58:40 | COURTNEY, Stacey | Newquay Road Runners | Female under 35 | 11:51.8 |
| 310 | 1:59:24 | BILLS, Kelly | Carn Runners | Female Vet 40-44 | 11:56.2 |
| 311 | 2:00:03 | TRUSCOTT, Neil | St Austell Running Club | Male Vet 40-44 | 12:00.1 |
| 312 | 2:00:20 | DALTON, Martin | Falmouth Road Runners | Male Vet 65-69 | 12:01.8 |
| 313 | 2:00:41 | TALBOT, Bev | St Austell Running Club | Female Vet 50-54 | 12:03.9 |
| 314 | 2:00:44 | HOCKING, Deborah | Carn Runners | Female Vet 45-49 | 12:04.2 |
| 315 | 2:02:35 | CARSWELL, Sarah | Carn Runners | Female Vet 40-44 | 12:15.3 |
| 316 | 2:03:15 | ANDREWS, George | Mounts Bay Harriers | Male Vet 65-69 | 12:19.3 |
| 317 | 2:03:50 | VOSPER, Nicola | Bodmin Road Runners | Female Vet 55-59 | 12:22.8 |
| 318 | 2:03:51 | VOSPER, Francis | Bodmin Road Runners | Male Vet 55-59 | 12:22.9 |
| 319 | 2:04:06 | LOOSLEY, Alison | St Austell Running Club | Female Vet 45-49 | 12:24.4 |
| 320 | 2:04:06 | BUDGE, Andrew | St Austell Running Club | Male Vet 50-54 | 12:24.4 |
| 321 | 2:05:15 | OSBORNE, Anthea | Hayle Runners | Female Vet 45-49 | 12:31.3 |
| 322 | 2:05:15 | BREAKSPEAR, Hannah | Cornwall AC | Female under 35 | 12:31.3 |

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| 323 | 2:05:27 | TAMBLYN, Sharon | Bodmin Womens RC | Female Vet 50-54 | 12:32.5 |
| 324 | 2:06:17 | TREWEEK, Paul | Truro Running Club | Male Vet 55-59 | 12:37.5 |
| 325 | 2:06:18 | HYDE-LINAKER, Elaine | St Austell Running Club | Female Vet 50-54 | 12:37.6 |
| 326 | 2:06:20 | OSBORNE, Paula | Bodmin Road Runners | Female Vet 40-44 | 12:37.8 |
| 327 | 2:06:21 | OSBORNE, Barry | Mud Crew Trail Runners | Male Vet 40-44 | 12:37.9 |
| 328 | 2:10:36 | NICHOLLS, Tracey | Mounts Bay Harriers | Female Vet 50-54 | 13:03.4 |
| 329 | 2:10:39 | ANDREWS, Greta | Mounts Bay Harriers | Female Vet 40-44 | 13:03.7 |
| 330 | 2:12:50 | EWART, Sam | St Austell Running Club | Female Vet 40-44 | 13:16.8 |
| 331 | 2:12:59 | BOXALL, Melanie | Falmouth Road Runners | Female Vet 50-54 | 13:17.7 |
| 332 | 2:13:00 | LAKE, Christina | Falmouth Road Runners | Female Vet 55-59 | 13:17.8 |
| 333 | 2:13:11 | POOLE, Wendy | St Austell Running Club | Female Vet 55-59 | 13:18.9 |
| 334 | 2:14:04 | ADAMS, Hannah | St Austell Running Club | Female Vet 35-39 | 13:24.2 |
| 335 | 2:14:04 | JAY, Nadia | St Austell Running Club | Female Vet 40-44 | 13:24.2 |
| 336 | 2:14:42 | TODD, Christine | St Austell Running Club | Female Vet 55-59 | 13:28.0 |
| 337 | 2:16:19 | SLATER, Kirstie | Truro Running Club | Female Vet 40-44 | 13:37.7 |
| 338 | 2:17:04 | DREW, Carole | Carn Runners | Female Vet 65-69 | 13:42.2 |
| 339 | 2:22:25 | MCLEAN, Dee | Mounts Bay Harriers | Female Vet 35-39 | 14:14.3 |
| 340 | 2:27:39 | TAPHOUSE, Lesley | Bodmin Road Runners | Female Vet 55-59 | 14:45.7 |
| 341 | 2:30:54 | ROBERTS, Nigel | Falmouth Road Runners | Male Vet 35-39 | 15:05.2 |
| 342 | 2:37:36 | WEBBER, Sharon | St Austell Running Club | Female Vet 45-49 | 15:45.4 |
| 343 | 2:37:36 | BLIGHT, Mandy | St Austell Running Club | Female Vet 60-64 | 15:45.4 |
| 344 | 2:38:00 | EASTERBROOK, Liz | Mounts Bay Harriers | Female Vet 65-69 | 15:47.8 |