

East Cornwall Harriers CORNISH MARATHON Sunday 20 November 2016. 10:00 am

1	2:47:21	COSTELLO, Daniel	Hayle Runners	Male under 35	06:23.1	179	1
2	2:47:35	MASKELL, Paul	St Austell Running Club	Male Vet 35-39	06:23.6	229	2
3	2:48:00	ROBINSON, Tim	Launceston Road Runners	Male under 35	06:24.6	245	3
4	2:54:03	DANIELS, Alex	Newquay Road Runners	Male Vet 40-44	06:38.5	381	4
5	2:55:55	ROBINSON, Michael	Tamar Trotters	Male under 35	06:42.7	443	5
6	2:57:33	WILLIAMS, Simon S	St Austell Running Club	Male Vet 40-44	06:46.5	220	6
7	2:57:42	CARTHEY, Tom	Falmouth Road Runners	Male under 35	06:46.8	410	7
8	2:59:44	ABRAHAM, Scott	Hayle Runners	Male Vet 40-44	06:51.5	219	8
9	3:01:08	DOBSON, Jacob	Falmouth Road Runners	Male under 35	06:54.7	211	9
10	3:01:12	SOWERBY, Peter	Truro Running Club	Male Vet 50-54	06:54.8	380	10
11	3:01:15	MORRALL, Zelah	Cornwall AC	Female Vet 45-49	06:54.9	372	11
12	3:03:43	STACEY, Doug	East Cornwall Harriers	Male Vet 35-39	07:00.6	5	12
13	3:06:01	HILL, Steven	Plymouth Harriers	Male Vet 40-44	07:05.9	336	13
14	3:06:15	MASTERS, Jamie	St Austell Running Club	Male under 35	07:06.4	212	14
15	3:06:38	GILBERT, Chris	East Cornwall Harriers	Male Vet 40-44	07:07.3	338	15
16	3:12:55	HIEBER, Ben	Newquay Road Runners	Male Vet 50-54	07:21.7	373	16
17	3:13:08	NORRIS, Peter		Male Vet 50-54	07:22.1	292	17
18	3:13:34	SARA, Wayne	Truro Running Club	Male Vet 35-39	07:23.1	108	18
19	3:15:34	BAILEY, Ross	Plymouth Harriers	Male Vet 35-39	07:27.7	347	19
20	3:17:18	SOPER, Luke	Truro Running Club	Male Vet 35-39	07:31.7	145	20
21	3:17:40	CHAPMAN, Wendy	Truro Running Club	Female Vet 40-44	07:32.5	121	21
22	3:17:55	STRACHAN, Steven	Falmouth Road Runners	Male Vet 40-44	07:33.1	176	22
23	3:18:31	PHILP, David	East Cornwall Harriers	Male Vet 55-59	07:34.5	188	23
24	3:19:14	HOWELL, Tom	Mile High	Male under 35	07:36.1	228	24
25	3:19:25	SADOWSKI, David		Male under 35	07:36.5	54	25
26	3:19:34	PACKER, Thomas	Erme Valley Harriers	Male Vet 35-39	07:36.9	445	26
27	3:19:39	BAYLY, Marc	Newquay Road Runners	Male Vet 40-44	07:37.1	298	27
28	3:19:42	RENDLE, Steve	Newquay Road Runners	Male Vet 45-49	07:37.2	386	28
29	3:19:48	ADAMS, Tim	St Austell Running Club	Male Vet 45-49	07:37.4	208	29
30	3:20:09	WYKES, Isobel	Truro Running Club	Female Vet 35-39	07:38.2	149	30
31	3:20:33	JOHNSON, Jeanette	Launceston Road Runners	Female Vet 50-54	07:39.1	366	31
32	3:20:48	HERBERT, Gary		Male Vet 45-49	07:39.7	235	32
33	3:21:17	NEWTON, Nathan		Male under 35	07:40.8	332	33
34	3:21:21	MAYES, Richard	Hayle Runners	Male Vet 45-49	07:41.0	325	34
35	3:21:39	VOADEN, Roger	Okehampton RC	Male Vet 50-54	07:41.6	10	35
36	3:21:57	MONTGOMERY-SMITH, Phil	St Austell Running Club	Male Vet 45-49	07:42.3	178	36
37	3:22:00	BIRD, Jamie	Wolverhampton & Bilston AC	Male Vet 45-49	07:42.4	42	37
38	3:22:09	CARR, James		Male Vet 35-39	07:42.8	370	38
39	3:23:20	RICHARDS, Gary	Carn Runners	Male Vet 45-49	07:45.5	118	39
40	3:23:40	ALLEN, Paul	100 Marathon Club	Male Vet 45-49	07:46.3	75	40
41	3:23:52	BUSCOMBE, Jessica	St Austell Running Club	Female under 35	07:46.7	258	41
42	3:24:10	HAYWOOD, Nigel	Purbeck Runners	Male Vet 60-64	07:47.4	80	42
43	3:24:30	BRYDON, James	Bodmin Road Runners	Male under 35	07:48.2	158	43
44	3:25:06	CARTER, Paul	Okehampton RC	Male Vet 50-54	07:49.5	269	44
45	3:25:16	MURRAY, Jimmy	Newquay Road Runners	Male Vet 45-49	07:49.9	251	45
46	3:25:25	EVANS, Darren	Launceston Road Runners	Male under 35	07:50.3	354	46
47	3:26:06	BUDD, Daniel	Tamar Trotters	Male under 35	07:51.8	173	47
48	3:26:32	BARNET, James	Falmouth Road Runners	Male under 35	07:52.8	255	48
49	3:26:49	ROUVELIN, Jean Baptiste	Erme Valley Harriers	Male Vet 35-39	07:53.5	304	49
50	3:27:23	DUDLEY, Andrew		Male Vet 45-49	07:54.8	261	50
51	3:27:41	WEBSTER, Craig	Newquay Road Runners	Male Vet 40-44	07:55.5	295	51
52	3:27:53	BOLT, Phil	Cornwall AC	Male Vet 45-49	07:55.9	70	52
53	3:28:24	BRADLEY, Matthew	Plymouth Musketeers	Male Vet 40-44	07:57.1	267	53
54	3:29:25	CUDBY, Dave	Truro Running Club	Male Vet 35-39	07:59.4	123	54
55	3:30:05	MULLANS, Jody	Tamar Trotters	Male Vet 40-44	08:01.0	407	55
56	3:30:15	WESTMORE, Jeremy	Plymouth Musketeers	Male Vet 40-44	08:01.3	134	56
57	3:30:17	MUTTON, James		Male Vet 35-39	08:01.4	387	57
58	3:30:28	SWIFT, Nigel	Newquay Road Runners	Male Vet 40-44	08:01.8	394	58
59	3:30:40	O'SHEA, Steve	Plymouth Musketeers	Male Vet 55-59	08:02.3	48	59
60	3:30:42	SPIVEY, Gary	Mud Crew Trail Runners	Male Vet 40-44	08:02.4	369	60
61	3:31:10	MUNN, Patrick	Mud Crew Trail Runners	Male Vet 50-54	08:03.4	7	61
62	3:31:37	JARROLD, Andrew	Dartmouth ACC	Male Vet 50-54	08:04.5	401	62
63	3:32:31	WEBB, Jason	Cornwall AC	Male Vet 45-49	08:06.5	44	63
64	3:32:47	WHERRY, Alan	St Austell Running Club	Male Vet 50-54	08:07.1	206	64
65	3:33:06	ROY, Diane	East Cornwall Harriers	Female Vet 50-54	08:07.9	45	65
66	3:33:31	CHANNON, Lee	Cornwall AC	Male Vet 40-44	08:08.8	202	66
67	3:34:44	PORTASS, Ross	Tamar Trotters	Male Vet 40-44	08:11.6	225	67
68	3:34:50	CUTLAN, James	St Austell Running Club	Male under 35	08:11.8	131	68
69	3:34:54	PRATTEN, Christopher		Male Vet 50-54	08:12.0	312	69
70	3:35:37	WILLIAMS, Ian		Male Vet 45-49	08:13.6	335	70
71	3:35:50	MORGAN, Becky	Truro Running Club	Female Vet 35-39	08:14.1	204	71
72	3:36:21	MCDIARMID, James	Launceston Road Runners	Male Vet 50-54	08:15.3	13	72

73	3:36:30	DEACON, Mark	Looe Pioneers	Male under 35	08:15.6	67	73
74	3:36:48	CLARKE, Peter	Tamar Trotters	Male Vet 40-44	08:16.3	276	74
75	3:37:01	DOYLE, Marc	East Cornwall Harriers	Male Vet 35-39	08:16.8	396	75
76	3:37:38	MORWOOD, Sarah	Mud Crew Trail Runners	Female under 35	08:18.2	339	76
77	3:37:48	CHYNOWETH, Richard	Truro Running Club	Male Vet 35-39	08:18.6	148	77
78	3:37:56	ROMAINE, Simon		Male Vet 50-54	08:18.9	73	78
79	3:38:24	BLIGHT, James	Tamar Trotters	Male under 35	08:20.0	260	79
80	3:38:41	ROBERTS, Adam	Exeter Triathlon Club	Male under 35	08:20.6	428	80
81	3:38:43	BROWN, Matt		Male Vet 40-44	08:20.7	449	81
82	3:39:11	EVANS, Julian	Falmouth Road Runners	Male Vet 45-49	08:21.8	430	82
83	3:39:19	WADMAN, Richard		Male Vet 50-54	08:22.1	353	83
84	3:40:13	HOADLEY, Ben	Mounts Bay Harriers	Male Vet 45-49	08:24.2	314	84
85	3:40:26	SCHUMANN, Lyal		Male Vet 40-44	08:24.7	440	85
86	3:40:28	FERGUSON, Andrew	Mud Crew Trail Runners	Male Vet 50-54	08:24.7	152	86
87	3:40:38	MURRIN, Chris	Exmouth Harriers	Male Vet 45-49	08:25.1	132	87
88	3:41:07	WOODS, Claire	Bournemouth Joggers	Female Vet 40-44	08:26.2	124	88
89	3:41:12	CAUGHEY, Shane		Male under 35	08:26.4	264	89
90	3:41:18	JACKSON, Timmy		Male Vet 35-39	08:26.6	288	90
91	3:42:08	DAY, Kevin	Goyt Valley Striders	Male Vet 50-54	08:28.5	180	91
92	3:42:32	EVA, Emma	Falmouth Road Runners	Female under 35	08:29.5	172	92
93	3:42:51	TREVENA, Nigel	Cornwall AC	Male Vet 45-49	08:30.2	115	93
94	3:42:55	LAURIE, Andrew	Falmouth Road Runners	Male Vet 50-54	08:30.3	431	94
95	3:42:57	COX, Steve	Launceston Road Runners	Male Vet 45-49	08:30.4	352	95
96	3:43:25	POLLARD, Andrew	Tamar Trotters	Male Vet 45-49	08:31.5	442	96
97	3:43:37	JEWETT, Melanie	Eastleigh Running Club	Female Vet 45-49	08:31.9	313	97
98	3:43:44	SHUTE, Clive	East Cornwall Harriers	Male Vet 40-44	08:32.2	197	98
99	3:43:47	BRIAN, Mick	Plymouth Musketeers	Male Vet 45-49	08:32.3	46	99
100	3:43:58	WUETHRICH, Roman		Male under 35	08:32.7	351	100
101	3:44:05	MOSSOP, Emma	Falmouth Road Runners	Female Vet 40-44	08:33.0	240	101
102	3:44:05	KEEFE, Richard	Falmouth Road Runners	Male Vet 45-49	08:33.0	83	102
103	3:44:20	RICHARDSON, Joanna		Female Vet 35-39	08:33.6	414	103
104	3:44:26	WATSON, Robin	Falmouth Road Runners	Male Vet 50-54	08:33.8	233	104
105	3:45:46	STANDING, Rob	Truro Running Club	Male Vet 40-44	08:36.9	293	105
106	3:45:46	BATHE, Colin	Truro Running Club	Male Vet 45-49	08:36.9	205	106
107	3:47:29	CURTIS, Matt	Hayle Runners	Male Vet 35-39	08:40.8	322	107
108	3:47:41	ULLMAN, Chris	East Cornwall Harriers	Male Vet 45-49	08:41.3	39	108
109	3:48:35	HUGHES, Steve		Male Vet 60-64	08:43.3	344	109
110	3:48:44	EVANS, Malcolm		Male Vet 40-44	08:43.7	402	110
111	3:49:17	ROACH, Dan		Male Vet 35-39	08:44.9	356	111
112	3:49:30	RUMSEY, William		Male under 35	08:45.4	234	112
113	3:49:30	RANDALL, Martin	Teignbridge Trotters	Male under 35	08:45.4	140	113
114	3:49:41	WATERS, Claire	Launceston Road Runners	Female Vet 45-49	08:45.8	47	114
115	3:49:42	BREMNER, Jane	Tamar Trotters	Female Vet 55-59	08:45.9	275	115
116	3:49:44	LEETON, Russell	Launceston Road Runners	Male Vet 45-49	08:45.9	363	116
117	3:50:02	CALLAWAY, William	Bodmin Road Runners	Male Vet 35-39	08:46.6	382	117
118	3:50:31	KENNETT-PARSONS, Joe	Hayle Runners	Male Vet 40-44	08:47.7	97	118
119	3:51:52	FRENCH, Martin	Plymouth Musketeers	Male Vet 40-44	08:50.8	144	119
120	3:51:53	WHITTAKER, Sarah	Plymouth Musketeers	Female Vet 40-44	08:50.9	138	120
121	3:51:53	HARZL, Hans		Male Vet 45-49	08:50.9	412	121
122	3:51:56	NICHOLLS, Dan	St Austell Running Club	Male under 35	08:51.0	399	122
123	3:52:03	COX, David	Carn Runners	Male Vet 35-39	08:51.3	423	123
124	3:52:08	SMITH, Sharon	Carn Runners	Female Vet 40-44	08:51.4	63	124
125	3:52:11	ANGILLEY, Jayne	Cornwall AC	Female Vet 50-54	08:51.6	397	125
126	3:52:33	TREBILCOCK, Mark		Male Vet 50-54	08:52.4	438	126
127	3:53:18	WHITLEY, Michael	Mud Crew Trail Runners	Male Vet 50-54	08:54.1	350	127
128	3:53:28	TRAVERS, Neill	Team H RC Plymouth	Male Vet 40-44	08:54.5	30	128
129	3:53:43	BLACKBURN, Amy	Mile High	Female under 35	08:55.1	411	129
130	3:54:06	MASTERS, Paul	Chard Road Runners	Male Vet 55-59	08:55.9	147	130
131	3:54:14	HALES, Roger	Teignbridge Trotters	Male Vet 50-54	08:56.3	155	131
132	3:54:39	ELLISON, Simon	St Austell Running Club	Male Vet 35-39	08:57.2	190	132
133	3:54:39	ROWETT, Gavin		Male Vet 35-39	08:57.2	217	133
134	3:54:41	WILLIAMS, Guy	Yeovil Town RRC	Male Vet 50-54	08:57.3	74	134
135	3:54:55	DAW, Sharon	East Cornwall Harriers	Female Vet 50-54	08:57.8	94	135
136	3:54:58	MARGETTS, Daniel	Looe Pioneers	Male under 35	08:57.9	359	136
137	3:55:13	NAIM, Julius	Running for Time	Male Vet 35-39	08:58.5	266	137
138	3:55:16	HOARE, Jon	East Cornwall Harriers	Male Vet 45-49	08:58.6	250	138
139	3:56:36	PATEMAN, Scott	St Austell Running Club	Male Vet 45-49	09:01.7	207	139
140	3:56:58	HANDLEY, Darren		Male Vet 40-44	09:02.5	104	140
141	3:57:03	RUNDELL, Tim	Instinctive Sports	Male under 35	09:02.7	299	141
142	3:57:07	THOMAS, Rachael	Cornwall AC	Female Vet 40-44	09:02.9	93	142
143	3:57:18	MILLS, Jenny	Launceston Road Runners	Female Vet 65-69	09:03.3	61	143
144	3:57:18	DUNN, Matthew	Teignbridge Trotters	Male under 35	09:03.3	297	144
145	3:57:49	TAYLOR, Allen	Teignbridge Trotters	Male Vet 40-44	09:04.5	319	145

146	3:57:49	MASON, Lance	Teignbridge Trotters	Male Vet 55-59	09:04.5	156	146
147	3:58:07	PALMER, Richard		Male Vet 50-54	09:05.1	38	147
148	3:58:20	FOSTER, Mark	Plymouth Musketeers	Male Vet 40-44	09:05.6	186	148
149	3:58:22	ANDREWS, Mark	East Cornwall Harriers	Male Vet 55-59	09:05.7	1	149
150	3:58:27	MARSH, Liam	Cornwall AC	Male under 35	09:05.9	282	150
151	3:59:55	NOBLE, Matthew		Male Vet 50-54	09:09.3	192	151
152	4:00:08	MYFORD, Sarah	Newquay Par AC	Female Vet 50-54	09:09.8	26	152
153	4:00:50	DYKE, Ben		Male under 35	09:11.4	262	153
154	4:00:57	KEMPNY, Jiri	St Austell Running Club	Male Vet 40-44	09:11.6	181	154
155	4:00:59	CLARKE, Lewis		Male Vet 40-44	09:11.7	196	155
156	4:01:06	HEATH, Trevor		Male Vet 50-54	09:12.0	226	156
157	4:01:10	ROSS, Andrew	Bodmin Road Runners	Male Vet 50-54	09:12.1	418	157
158	4:01:25	LOCKETT, Pat	Newquay Road Runners	Male Vet 65-69	09:12.7	177	158
159	4:01:27	WHITTAKER, Nicholas	Newquay Road Runners	Male Vet 45-49	09:12.8	55	159
160	4:02:15	STUTELEY, Joe		Male Vet 35-39	09:14.6	109	160
161	4:03:09	MORGAN, Martin	Bodmin Road Runners	Male Vet 60-64	09:16.7	167	161
162	4:04:56	BUCKINGHAM, Edward	Tamar Trotters	Male Vet 40-44	09:20.7	193	162
163	4:04:59	SOPP, Thomas	Falmouth Road Runners	Male Vet 40-44	09:20.9	432	163
164	4:04:59	JAMESON, David		Male Vet 60-64	09:20.9	361	164
165	4:06:04	NUGENT, Debbie	Cornwall AC	Female Vet 50-54	09:23.3	215	165
166	4:06:24	BASTERFIELD, Ben		Male Vet 35-39	09:24.1	185	166
167	4:06:54	LOCKYER, James	East Cornwall Harriers	Male Vet 60-64	09:25.3	343	167
168	4:07:00	NICHOLLS, Holly	Truro Running Club	Female under 35	09:25.5	51	168
169	4:07:02	LANGSTAFF, Emma	Looe Pioneers	Female Vet 40-44	09:25.6	28	169
170	4:07:02	STAFF, Dale	Looe Pioneers	Male Vet 40-44	09:25.6	56	170
171	4:07:26	DAWBER, Phil	Bodmin Road Runners	Male under 35	09:26.5	169	171
172	4:07:33	LUSCOMBE, Steve		Male Vet 40-44	09:26.7	31	172
173	4:07:35	OSBOURNE, Barry	Bodmin Road Runners	Male Vet 40-44	09:26.8	393	173
174	4:08:05	BROWN, Tracey	East Cornwall Harriers	Female Vet 35-39	09:28.0	41	174
175	4:08:43	THOMAS, Ian	Dartmouth ACC	Male Vet 45-49	09:29.4	450	175
176	4:08:45	JEPSON, Aidan		Male Vet 35-39	09:29.5	389	176
177	4:08:52	CABLE, Caroline	Mud Crew Trail Runners	Female Vet 50-54	09:29.8	128	177
178	4:09:15	EWERS, Martyn	Devon & Cornwall Police	Male Vet 35-39	09:30.6	12	178
179	4:09:29	GLANVILLE, Sarah Jane		Female Vet 45-49	09:31.2	315	179
180	4:09:37	CHESTERFIELD, Caroline	Cornwall AC	Female Vet 50-54	09:31.5	415	180
181	4:09:56	STAYNER, Neal	Langport Runners	Male Vet 45-49	09:32.2	331	181
182	4:09:59	ROMANS, Mark	Langport Runners	Male Vet 35-39	09:32.3	424	182
183	4:10:01	HANDLEY, Bill		Male Vet 65-69	09:32.4	34	183
184	4:10:07	PATTERSON, Kaye	East Cornwall Harriers	Female under 35	09:32.6	40	184
185	4:10:12	WATWOOD, Delphine	Plymouth Harriers	Female under 35	09:32.8	364	185
186	4:10:14	HITCHENS, Wietske	Carn Runners	Female Vet 45-49	09:32.9	422	186
187	4:10:16	POLLARD, Phil	Tamar Trotters	Male Vet 40-44	09:33.0	280	187
188	4:10:16	MARSLAND, Louise	Tamar Trotters	Female Vet 35-39	09:33.0	278	188
189	4:10:31	ELSTONE, Meryl	Carn Runners	Female Vet 45-49	09:33.5	421	189
190	4:10:43	SPEARE, Adam	Tamar Trotters	Male Vet 50-54	09:34.0	358	190
191	4:10:45	GIBSON, Amanda	Looe Pioneers	Female Vet 40-44	09:34.1	22	191
192	4:11:06	THORNE, Andrew	Okehampton RC	Male Vet 45-49	09:34.9	444	192
193	4:11:09	CLITHEROW, Hana	Truro Running Club	Female Vet 50-54	09:35.0	224	193
194	4:11:11	PIPET, Martin	Bodmin Road Runners	Male Vet 40-44	09:35.1	165	194
195	4:11:14	LONGHORN, Monica	Mile High	Female Vet 40-44	09:35.2	433	195
196	4:11:28	MEPHAM, Samantha		Female Vet 35-39	09:35.7	337	196
197	4:11:43	BULLOCK, Katie	Newquay Road Runners	Female under 35	09:36.3	199	197
198	4:12:41	PASCOE, Anna	Carn Runners	Female under 35	09:38.5	420	198
199	4:12:45	ROBINSON, Sarah	Plymouth Musketeers	Female Vet 40-44	09:38.6	253	199
200	4:12:52	CHALLIS, Emma		Female Vet 40-44	09:38.9	114	200
201	4:13:05	HARTILL, Gail	Bodmin Road Runners	Female Vet 40-44	09:39.4	163	201
202	4:13:25	POWELL, David	Plymstock Road Runners	Male Vet 40-44	09:40.2	425	202
203	4:13:56	SHARPLES, Paul	Teignbridge Trotters	Male Vet 60-64	09:41.4	184	203
204	4:14:08	CASAVIEILLE-LACAZE, Sarah		Female Vet 35-39	09:41.8	441	204
205	4:14:25	ROBINSON, Joanne	Looe Pioneers	Female Vet 40-44	09:42.5	171	205
206	4:14:29	JONES, Stephen		Male Vet 35-39	09:42.6	388	206
207	4:14:41	SAUNDERS, Mike	Plymouth Musketeers	Male under 35	09:43.1	133	207
208	4:15:05	MACTAGGART, Douglas	100 Marathon Club	Male Vet 45-49	09:44.0	102	208
209	4:15:16	DUNN, David	Teignbridge Trotters	Male Vet 60-64	09:44.4	8	209
210	4:15:20	HARVEY, Darren	East Cornwall Harriers	Male Vet 40-44	09:44.6	151	210
211	4:16:02	BAKER, Sean	Looe Pioneers	Male Vet 40-44	09:46.2	329	211
212	4:16:12	TREWIN HUNT, Jenna	Falmouth Road Runners	Female under 35	09:46.5	242	212
213	4:17:13	RULE, Helen	Hayle Runners	Female Vet 35-39	09:48.9	334	213
214	4:17:33	HUSSEY, Stephen		Male Vet 45-49	09:49.6	117	214
215	4:17:57	GOODRIGHT, Ray	East Cornwall Harriers	Male Vet 65-69	09:50.6	311	215
216	4:18:02	WHIPP, Chris	Plymouth Musketeers	Male Vet 50-54	09:50.7	135	216
217	4:18:06	BENNETT, Nigel	Holmes Pierrepoint RC	Male Vet 50-54	09:50.9	50	217
218	4:18:26	PAGE, Julie	Bere Alston Trekkers	Female Vet 45-49	09:51.7	88	218

219	4:19:23	WATTS, Shaun	North Devon Road Runner	Male Vet 45-49	09:53.8	302	219
220	4:19:30	HOATSON, Chloe	Plymouth Musketeers	Female Vet 35-39	09:54.1	326	220
221	4:19:31	YOUNG, Stephen	100 Marathon Club	Male Vet 45-49	09:54.1	122	221
222	4:20:02	DALE, Steve	Newquay Road Runners	Male Vet 40-44	09:55.3	303	222
223	4:20:44	JOHNSON, Graham		Male Vet 50-54	09:56.9	367	223
224	4:20:51	CROCK, Amy	Dawlish Coasters	Female under 35	09:57.2	92	224
225	4:21:12	SOLARZ, Jakub		Male Vet 35-39	09:58.0	434	225
226	4:21:22	WREFORD, Mark	Mud Crew Trail Runners	Male Vet 55-59	09:58.4	349	226
227	4:21:28	GERRARD, Corinne	Hayle Runners	Female Vet 45-49	09:58.6	125	227
228	4:22:40	GAY, Jennifer	Truro Running Club	Female under 35	10:01.4	98	228
229	4:22:40	DAVIES, James	Truro Running Club	Male under 35	10:01.4	112	229
230	4:22:57	DALEY, Loretta	Les Croupiers	Female Vet 50-54	10:02.0	17	230
231	4:23:00	MCKENZIE, Tracy	Newquay Road Runners	Female Vet 35-39	10:02.1	318	231
232	4:23:10	LILLY, Ian	Plymouth Striders	Male Vet 55-59	10:02.5	404	232
233	4:23:31	NORRIS, Chris	Launceston Road Runners	Male Vet 40-44	10:03.3	72	233
234	4:23:35	ROWE, Kerri	Bodmin Road Runners	Female under 35	10:03.4	168	234
235	4:23:39	JACKMAN, Ollie	Tamar Trotters	Male under 35	10:03.6	213	235
236	4:23:42	MEADOWS, Paul	Yeovil Town RRC	Male Vet 35-39	10:03.7	77	236
237	4:23:44	TUCKER, David	Tamar Trotters	Male Vet 35-39	10:03.8	284	237
238	4:23:44	FRANCOM, Claire	Carn Runners	Female Vet 40-44	10:03.8	64	238
239	4:23:56	ALLEN, Peter	Newquay Road Runners	Male Vet 55-59	10:04.3	216	239
240	4:24:02	BIRCH, Lisa	Bere Alston Trekkers	Female Vet 45-49	10:04.5	307	240
241	4:24:02	DENCER, David	Bere Alston Trekkers	Male under 35	10:04.5	241	241
242	4:24:08	HOOPER, Paul	Mounts Bay Harriers	Male Vet 55-59	10:04.7	429	242
243	4:24:15	GUMMOW, Katie	Looe Pioneers	Female Vet 35-39	10:05.0	23	243
244	4:24:45	WOOD, Mike	Tamar Trotters	Male Vet 35-39	10:06.1	279	244
245	4:25:11	KNELL, Stephen	Egdon Heath Harriers	Male Vet 40-44	10:07.1	32	245
246	4:25:19	PALLANT, Neil	Teignbridge Trotters	Male Vet 45-49	10:07.4	106	246
247	4:25:19	SAMPSON, Kevin	Teignbridge Trotters	Male Vet 35-39	10:07.4	139	247
248	4:25:22	WILKES, Judith	Falmouth Road Runners	Female Vet 50-54	10:07.5	384	248
249	4:25:36	GOODWIN, David	Sandwell Valley RC	Male Vet 45-49	10:08.1	310	249
250	4:25:37	RICHARDS, Paul	Sandwell Valley RC	Male Vet 45-49	10:08.1	20	250
251	4:25:41	BICKLE, Andrew	100 Marathon Club	Male Vet 60-64	10:08.3	29	251
252	4:26:12	BARLEY, Paul		Male Vet 55-59	10:09.4	360	252
253	4:26:20	TAYLOR, Sue	Mounts Bay Harriers	Female Vet 60-64	10:09.7	238	253
254	4:26:22	VALENTINE, Emma		Male under 35	10:09.8	345	254
255	4:26:50	WERRAN, Louise	Launceston Road Runners	Female Vet 40-44	10:10.9	324	255
256	4:26:55	CATNACH, Alison	Looe Pioneers	Female Vet 40-44	10:11.1	301	256
257	4:27:29	SPENCER, Julian		Male Vet 45-49	10:12.4	309	257
258	4:27:31	TREVAIL, Mark		Male Vet 40-44	10:12.5	446	258
259	4:27:44	CRABB, Sally	Looe Pioneers	Female Vet 40-44	10:13.0	89	259
260	4:27:46	LITTLEJOHNS, Alan	Launceston Road Runners	Male Vet 65-69	10:13.0	376	260
261	4:27:57	DAVIES, Helen		Female Vet 40-44	10:13.4	439	261
262	4:28:02	O'SHEA, Tina	Plymouth Musketeers	Female Vet 55-59	10:13.6	49	262
263	4:28:16	FRYER, Rebecca	Tamar Trotters	Female Vet 45-49	10:14.2	283	263
264	4:28:27	BUSH, Steve	Plymouth Musketeers	Male Vet 40-44	10:14.6	248	264
265	4:28:30	MAHOOD, George		Male Vet 35-39	10:14.7	287	265
266	4:28:30	MAHOOD, Rachel		Female Vet 35-39	10:14.7	294	266
267	4:28:47	YEOMAN, James		Male Vet 35-39	10:15.4	68	267
268	4:28:53	DREWITT, Brennan	Plymouth Musketeers	Male under 35	10:15.6	327	268
269	4:30:06	BUNT, Andrew		Male Vet 50-54	10:18.4	195	269
270	4:30:16	GRONWALT, Ian	Mud Crew Trail Runners	Male Vet 45-49	10:18.8	69	270
271	4:30:16	STEPHENS, Emma	Bodmin Road Runners	Female under 35	10:18.8	160	271
272	4:30:16	BRYDON, Jim	Bodmin Road Runners	Male Vet 55-59	10:18.8	159	272
273	4:30:21	OUTHWAITE, John		Male Vet 55-59	10:18.9	448	273
274	4:30:34	STUTHRIDGE, Helen	St Austell Running Club	Female Vet 45-49	10:19.4	210	274
275	4:30:45	SMYTH, Dermot	Teignbridge Trotters	Male Vet 45-49	10:19.9	200	275
276	4:30:58	GREAVES, Michael	Plymstock Road Runners	Male Vet 55-59	10:20.4	300	276
277	4:31:15	WHEELDON, Adam		Male Vet 40-44	10:21.0	348	277
278	4:31:44	STEPHENS, Jane	Bodmin Road Runners	Female Vet 45-49	10:22.1	162	278
279	4:32:18	MUNDAY, Darren	Plymouth Musketeers	Male Vet 40-44	10:23.4	221	279
280	4:33:52	BULEY, Derek	Tamar Trotters	Male Vet 45-49	10:27.0	277	280
281	4:33:52	SOPER (MARSDEN), Jo	Tamar Trotters	Female Vet 45-49	10:27.0	377	281
282	4:33:52	CORNISH NEED DOB, Dean		Male Vet 35-39	10:27.0	286	282
283	4:33:52	MORRIS, Sean	Tamar Trotters	Male Vet 45-49	10:27.0	285	283
284	4:34:09	BEARD, Robert	Bodmin Road Runners	Male Vet 50-54	10:27.6	341	284
285	4:34:37	BARRIBALL, Julie	Launceston Road Runners	Female Vet 50-54	10:28.7	371	285
286	4:34:46	DAVIDSON, Mark	East Cornwall Harriers	Male Vet 50-54	10:29.1	400	286
287	4:34:46	JONES, Oliver	East Cornwall Harriers	Male Vet 40-44	10:29.1	385	287
288	4:36:10	ANGOVE, Paul	Mounts Bay Harriers	Male Vet 50-54	10:32.3	218	288
289	4:36:23	IRWIN, Mike		Male Vet 50-54	10:32.8	24	289
290	4:36:54	HOLLYOAKE, Paul		Male under 35	10:33.9	65	290
291	4:37:11	PHILLIPS, Emma		Female Vet 35-39	10:34.6	11	291

292	4:37:13	JACKSON, Steven	Mud Crew Trail Runners	Male Vet 55-59	10:34.7	25	292
293	4:37:44	HASTINGS, Christopher	Plymouth Coasters	Male under 35	10:35.8	375	293
294	4:38:53	ALEXANDER, Samantha	Cornwall AC	Female Vet 50-54	10:38.5	79	294
295	4:38:53	MARTIN, Kelly	Hayle Runners	Female under 35	10:38.5	78	295
296	4:38:54	BECKER, David	Newquay Road Runners	Male Vet 40-44	10:38.5	395	296
297	4:39:25	KERSHAW, David	Hayle Runners	Male Vet 45-49	10:39.7	306	297
298	4:39:37	POPE, Gary	Plymstock Road Runners	Male Vet 45-49	10:40.2	427	298
299	4:40:31	WOODFINE-BEARD, Kelly	Newquay Road Runners	Female Vet 35-39	10:42.2	146	299
300	4:40:48	SOBEY, David		Male Vet 55-59	10:42.9	368	300
301	4:41:58	CAFF, Wayne	Newquay Road Runners	Male Vet 40-44	10:45.5	231	301
302	4:42:02	CROWLE, Jonathan	Truro Running Club	Male Vet 40-44	10:45.7	447	302
303	4:42:18	COOPER, Shane	St Austell Running Club	Male under 35	10:46.3	214	303
304	4:43:25	KENNEDY, Hilary	Brixham Harriers	Female Vet 55-59	10:48.9	435	304
305	4:43:39	STEPONKUTE, Virginia		Female under 35	10:49.4	239	305
306	4:44:08	SAUNDERS, Nick		Male Vet 35-39	10:50.5	15	306
307	4:45:03	HENNESSEY, Steven	Goyt Valley Striders	Male Vet 55-59	10:52.6	355	307
308	4:45:11	BREAKWELL, Curtis	Hayle Runners	Male under 35	10:52.9	374	308
309	4:45:58	RINGER, Ian	Bodmin Road Runners	Male Vet 65-69	10:54.7	244	309
310	4:45:58	BEARMAN, Louise		Female under 35	10:54.7	247	310
311	4:46:23	BOADEN, Lisa	Carn Runners	Female Vet 45-49	10:55.7	95	311
312	4:46:27	REED, Michael		Male Vet 45-49	10:55.8	340	312
313	4:46:31	COATES, Pat	Newquay Road Runners	Female Vet 55-59	10:56.0	182	313
314	4:48:01	QUEEN, Stuart	Plymouth Musketeers	Male Vet 40-44	10:59.4	91	314
315	4:48:17	GARROD, Zoe	Bodmin Road Runners	Female under 35	11:00.0	391	315
316	4:48:17	UNSWORTH, Sophie	Bodmin Road Runners	Female under 35	11:00.0	392	316
317	4:48:39	BEARD, Sharon	Bodmin Road Runners	Female Vet 40-44	11:00.8	342	317
318	4:49:05	HENWOOD, Phillip		Male Vet 40-44	11:01.8	57	318
319	4:49:21	FARRELL, Damien		Male Vet 45-49	11:02.4	413	319
320	4:50:00	HUTCHINS, Victor		Male Vet 55-59	11:03.9	409	320
321	4:50:22	DALES, Emma	East Cornwall Harriers	Female Vet 50-54	11:04.8	357	321
322	4:50:22	TURPIN, Jeannette	East Cornwall Harriers	Female Vet 40-44	11:04.8	254	322
323	4:52:13	BENNETT, Peter	Tamar Trotters	Male Vet 50-54	11:09.0	323	323
324	4:53:22	GELLEN, Csaba		Male Vet 35-39	11:11.6	378	324
325	4:53:24	BATEMAN, Rebecca	Bodmin Road Runners	Female Vet 40-44	11:11.7	161	325
326	4:53:26	PALMER, Stefan	Bodmin Road Runners	Male Vet 45-49	11:11.8	317	326
327	4:53:26	HICKS, Sabrina	Bodmin Road Runners	Female Vet 35-39	11:11.8	166	327
328	4:53:28	MINGO, Paul	Bere Alston Trekkers	Male Vet 45-49	11:11.9	436	328
329	4:53:40	ANDERSON, Jon	Plymouth Musketeers	Male Vet 45-49	11:12.3	142	329
330	4:54:03	MCWILLIAMS, Louise		Female Vet 45-49	11:13.2	82	330
331	4:54:46	VENNING, Charly		Female under 35	11:14.8	268	331
332	4:55:14	MILLWARD, Laura	Carn Runners	Female Vet 50-54	11:15.9	203	332
333	4:55:25	NOBLE, Sophie		Female Vet 50-54	11:16.3	191	333
334	4:55:26	OSWALD, Gary	Looe Pioneers	Male Vet 60-64	11:16.4	201	334
335	4:55:51	WRIGHT, Lucy		Female under 35	11:17.3	437	335
336	4:56:18	HUGHES, Owen	Plymstock Road Runners	Male Vet 40-44	11:18.4	290	336
337	4:56:46	BATTY, Amy		Female under 35	11:19.4	84	337
338	4:57:22	EYRE, Dana	Plymouth Musketeers	Female Vet 45-49	11:20.8	141	338
339	4:57:22	MUNDAY, Nicola	Plymouth Musketeers	Female Vet 35-39	11:20.8	222	339
340	4:57:53	MARSHALL, Debbie	St Austell Running Club	Female Vet 40-44	11:22.0	209	340
341	4:58:00	MARRIOTT, Chris		Male Vet 35-39	11:22.2	390	341
342	4:58:12	LAMMERS, Wiebke	Falmouth Road Runners	Female Vet 40-44	11:22.7	99	342
343	4:58:24	GIBBONS, Rebekah		Female under 35	11:23.2	143	343
344	4:58:29	MARTIN, Gary	Plymouth Musketeers	Male Vet 45-49	11:23.4	37	344
345	4:58:29	LEE, Heather	Plymouth Musketeers	Female Vet 45-49	11:23.4	60	345
346	4:59:32	MORGAN, Frances	Bere Alston Trekkers	Female Vet 50-54	11:25.8	19	346
347	4:59:49	MANN, Alan	Les Croupiers	Male Vet 55-59	11:26.4	16	347
348	5:00:54	BERRETTA, Silvia		Female under 35	11:28.9	187	348
349	5:01:00	FORSTER, Emma	Plymouth Musketeers	Female Vet 40-44	11:29.1	52	349
350	5:01:00	SHADDICK, Michelle	Plymouth Musketeers	Female Vet 45-49	11:29.1	53	350
351	5:01:09	SMITH, Jenny	Tamar Trotters	Female Vet 35-39	11:29.5	272	351
352	5:01:09	HANNAFORD, Lyn	Tamar Trotters	Female Vet 40-44	11:29.5	273	352
353	5:01:09	WOOD, Joanna	Tamar Trotters	Female Vet 35-39	11:29.5	270	353
354	5:01:11	NANCE, Dave	Tamar Trotters	Male Vet 60-64	11:29.5	271	354
355	5:02:49	HODGES, Margaret		Female Vet 55-59	11:33.3	417	355
356	5:03:19	KAY, Danny	100 Marathon Club	Male Vet 70-74	11:34.4	76	356
357	5:04:37	COLLINS, Martin	Exmouth Harriers	Male Vet 50-54	11:37.4	58	357
358	5:04:51	SCOURFIELD, Andy	Mud Crew Trail Runners	Male Vet 40-44	11:37.9	86	358
359	5:05:12	RALLS, Patsy	St Austell Running Club	Female Vet 50-54	11:38.7	107	359
360	5:05:12	JEWELS, Lucy	St Austell Running Club	Female Vet 45-49	11:38.7	116	360
361	5:05:26	YOUNG, Rachael		Female Vet 45-49	11:39.3	62	361
362	5:07:08	HEYWOOD, Peter	Looe Pioneers	Male Vet 70-74	11:43.2	154	362
363	5:07:58	GREAVES, Alison	Bere Alston Trekkers	Female Vet 35-39	11:45.1	59	363
364	5:08:18	MCFADDEN, Tracy	Bodmin Womens RC	Female Vet 50-54	11:45.8	126	364

365	5:09:49	PARKER, Diane	North Devon Road Runner	Female Vet 60-64	11:49.3	406	365
366	5:09:49	GRANT, Kevin		Male under 35	11:49.3	150	366
367	5:10:15	COULTON, Lesley		Female Vet 50-54	11:50.3	330	367
368	5:11:04	PRUTTON, Kelly	Looe Pioneers	Female under 35	11:52.2	153	368
369	5:11:04	MAYWOOD, Bryan	Looe Pioneers	Male Vet 50-54	11:52.2	308	369
370	5:12:10	EMMETT, Lucie		Female Vet 40-44	11:54.7	408	370
371	5:13:01	CHASE, Andy	Truro Running Club	Male under 35	11:56.6	426	371
372	5:13:36	JELF, Michelle	Hayle Runners	Female Vet 50-54	11:58.0	265	372
373	5:13:49	AYRES, Natasha	Bere Alston Trekkers	Female Vet 40-44	11:58.5	35	373
374	5:16:36	BRENNAN, Rachel	St Austell Running Club	Female under 35	12:04.8	110	374
375	5:17:02	HOGG, Lerryn	Bodmin Road Runners	Female under 35	12:05.8	170	375
376	5:17:05	TOURNOFF, Peter		Male Vet 45-49	12:05.9	237	376
377	5:18:34	BATTY, Martin		Male Vet 35-39	12:09.3	85	377
378	5:19:41	KING, Bryan	Plymouth Musketeers	Male Vet 60-64	12:11.9	328	378
379	5:19:41	KING, Louise	Plymouth Musketeers	Female Vet 50-54	12:11.9	243	379
380	5:22:51	REEVE, Paul	Carn Runners	Male Vet 45-49	12:19.1	18	380
381	5:22:51	TRENBETH, Amber		Female under 35	12:19.1	96	381
382	5:24:39	BENZIMRA, Ruth		Female Vet 50-54	12:23.3	296	382
383	5:26:45	CARTER, Nicki	Carn Runners	Female Vet 45-49	12:28.1	263	383
384	5:27:02	SETTINGTON, Julian	Bere Alston Trekkers	Male Vet 50-54	12:28.7	90	384
385	5:27:02	SMITH, Jennie	Bere Alston Trekkers	Female Vet 45-49	12:28.7	87	385
386	5:27:08	BEAZLEY, Steve	East Cornwall Harriers	Male Vet 55-59	12:29.0	333	386
387	5:28:09	DICKINSON, Laura		Female Vet 35-39	12:31.3	43	387
388	5:28:09	SCHILLING, Craig		Male Vet 40-44	12:31.3	232	388
389	5:43:20	MCKECHNIE, Hortencia	Vegan Runners	Female under 35	13:06.0	230	389
390	5:46:50	EASTERBROOK, Liz	Mounts Bay Harriers	Female Vet 65-69	13:14.1	256	390
391	5:52:41	FORD, Francesca		Female under 35	13:27.5	14	391
392	5:55:22	KINGTON, Norris	Cornwall AC	Male Vet 75+	13:33.6	249	392
393	5:57:55	DOUGHTY, Louise	Tamar Trotters	Female Vet 50-54	13:39.4	274	393
394	5:58:04	GREEN, David	100 Marathon Club	Male Vet 45-49	13:39.8	305	394
395	5:58:04	WILLIAMS, Caroline	Storm Running Plymouth	Female Vet 45-49	13:39.8	27	395
396	5:59:47	TREWEEK, Paul	Truro Running Club	Male Vet 55-59	13:43.7	100	396
397	6:01:00	JAY, Nadia	St Austell Running Club	Female Vet 40-44	13:46.5	105	397
398	6:01:00	STAFF, Rachael	St Austell Running Club	Female Vet 40-44	13:46.5	119	398
399	6:01:00	BARKHUYSEN, Lucy		Female under 35	13:46.5	120	399
400	6:02:59	SHAPCOTT, Paul	Tamar Trotters	Male Vet 40-44	13:51.0	246	400
401	6:24:38	ISHERWOOD, Roy	Newquay Road Runners	Male Vet 60-64	14:40.6	320	401
402	6:31:13	PHILLIPS, David	Massey Ferguson Cov	Male Vet 70-74	14:55.7	236	402
403	6:33:45	SROCZYNSKI, Jan	East Cornwall Harriers	Male Vet 70-74	15:01.5	362	403