NAME:	Stormforce	Lanhy-drock Parkrun	Newquay 10k	Cornwall Fire and Rescue	Looe 10	Falmouth Half	Lanhy-drock Parkrun	WWL Redruth	An Resek Hellys	Enys 10k	The 5 Tors	Saltash Half	Trevornick 10 mile	Lanhy-drock Parkrun	DAN 5000	Cubert 5	Bude Lifeboat Run	Meet Your Max	Sticker 5	Summer Turkey Trot	Mag 7	DAN 3000	Tywar-dreath Trotter	Indian Queens Half	St. Levan 10k	Armarda Trail	DAN 10000m	1 X Track Time Trial (Date TBC)	1 X Club Time Trial (Date TBC)	TOTAL POINTS
MARSHALL, Debbie	117	111	118	*	101	111		*	98	*	*	*	92	*	*	107														855
BUDGE, Andrew	110	109	116	*	98	111	*	*	103	*	*	*	76	*	*	112														834
Cutlan, James	103	100	107				103	*	100	106	*	101	*	*	*	111														832
Chase, Andy	132	*	99		87	98	*	*	101	*		*	100	106	*	106														828
Wisner, Kath	102	*	106		*	99	100	*	100	104	*	97		*	*	110														818
FLOYD-NORRIS, Sue	114	*	103	73	*	90	101	*	101	108	*	*	*	*	*	109														800
Adams, Tim	103	*	104	87	93	100	*	*	102	*	*	*	96	*	*	107														793
HAYNES, Patrick	108	101	106	*	82	94	*	*	98	*	*	*	87	*	*	110														785
STUTHRIDGE, Helen	103	97	105	*	84	99	*	*	95	*	*	*	91	*	*	107														780
WILLIAMS, Simon S	*	*	103	88	*	*	101	*	100	*	77	*	95	*	110	104														778
Jewels, Lucy	*	100	*	86	86	*	103	*	101	*	74	*	97	105	*	*														751
RUSSELL, Barry	80	113	115	*	*	97	*	*	103	*	*	*	93	*	*	113														713
Cutlan, Hannah	106	*	107	*	86	99	*	*	97	*	*	*	93	*	*	113														701
MARTIN, Jacqui	103	*	104	*	86	96	*	*	99	*	*	*	97	*	*	115														700
JAY, Nadia	101	*	104	*	89	94	*	*	105	*	*	*	77	*	*	114														684
Rowe, Melissa	100	*	*	88	93	98	*	*	102	*	78	*	*	*	*	118														676
Trethewey, Martin	97	*	95	*	82	*	101	*	95	*	*	*	91	*	*	116														675
EWART, Sam	95	*	101	*	82	93	*	*	100	*	*	*	88	*	*	114														672
Loosley, Alison	97	94	*	*	85	*	*	*	*	*	64	*	98	114	*	116														667
Adams, Hannah	104	*	107	*	85	92	*	*	95	*	*	*	76	*	*	103														663
TODD, Christine	95	*	102	*	81	91	*	*	100	*	*	*	82	*	*	110														661
DUDLEY, Michelle	97	*	97	*	81	*	*	*	96	*	58	*	101	*	*	117														647
Scrace, Shaun	*	99	*	*	*	*	108	*	*	*	77	*	*	111	126	107														628
Richards, Stuart	113	107	*	92	99	*	*	*	*	*	*	*	93	*	*	110														614
Lawry, Ross	109	*	110	*	89	*	*	*	93	*	*	*	91	*	*	113														605
WALKER, Iain	*	*	99	*	*	90	*	112	95	*	*	*	91	*	*	106														594
KEMPNY, Jiri	*	*	108	*	*	107	109	*	*	*	*	*	91	107	*	69														591
THOMAS, Jane	103	*	102	*	*	92	*	*	94	*	*	*	86	*	*	105														583
TALBOT, Bev	96	*	102	*	*	96	*	*	97	*	*	*	87	*	*	102														581
OWEN, Mark	*	*	99	*	74	94	*	*	97	*	*	*	97	*	*	106														568
Trudgian, Andy	115	112	117	*	*	*	110	*	*	*	*	*	*	111	*	*														566
MONTGOMERY-SMITH, Taryn	*	80	102	*	*	*	95	*	90	*	*	*	83	*	*	112														562
Bray, Daniel	98	*	*	*	*	88	*	*	*	*	*	*	95	105	*	106														492
Webber, Sharon	101	*	106	*	*	*	*	*	97	*	*	*	72	*	*	107														483
Bazeley, Sarah	*	94	*	*	*	86	99	*	*	*	*	96	*	106	*	*														481
Iaconianni, Gennara	112	*	*	*	*	*	114	*	*	*	*	*	*	123	*	128														478
Blight, Mandy	100	*	105	*	*	*	83	*	*	*	*	*	75	*	*	109														472
CHANNING, Abi	*	*	103	80	77	94	*	*	98	*	*	*	*	*	*	*														453
Hogg, Lorna	*	92	*	80	*	90	107	*	*	*	75	*	*	*	*	*														445
SPEAKE, Georgina	99	*	102	*	*	*	84	89	*	*	41	*	*	*	*	*														414
SLATEFORD, Nicola	99	*	105	*	*	*	*	*	97	*	*	*	*	*	*	105														406
WYATT, Liz	90	*	106	*	*	*	*	*	99	*	*	*	*	*	*	107														401
THOMAS, Fiona	*	*	106	*	*	93	*	*	*	*	*	*	85	*	*	110														395
MCLEAN, Andrew	100	*	97	*	*	89	*	*	*	*	*	*	*	*	*	109														394
MANCER, Jez	104	*	105	91	94	*	*	*	*	*	*	*	*	*	*	*														394
ROWETT, Gareth	101	*	100	*	*	87	*	*	*	*	*	*	*	*	*	105														393
Jay, Andrew	97	*	103	*	*	*	*	*	*	*	*	*	84	*	*	107														391
SHIRLEY, Richard	*	*	99	*	*	91	*	106	*	*	*	*	*	94	*	*														390
LEE, Laurie	*	*	103	*	88	97	*	*	100	*	*	*	*	*	*	*														388
Maskell, Melanie	101	*	100	*	84	*	*	*	96	*	*	*	*	*	*	*														381
TRETHEWEY, Charlie	101	*	104	*	83	*	*	*	90	*	*	*	*	*	*	*														378
Wisner, John	*	*	59	*	*	*	*	*	102	107	86	*	*	*	*	*														353
Maclaren, Lesley	111	88	*	*	73	*	75	*	*	*	*	*	*	*	*	*														348
RALLS, Patsy	112	107	111	*	*	*	*	*	*	*	*	*	*	*	*	*														330
MARKS, Stacie	*	*	*	*	*	*	*	*	*	*	*	*	100	108	*	111														319
BRENNAN, Rachel	112	98	106	*	*	*	*	*	*	*	*	*	*	*	*	*														316
RALLS, David	106	102	103	*	*	*	*	*	*	*	*	*	*	*	*	*														311
BUSCOMBE, Jessica	101	*	102	*	*	96	*	*	*	*	*	*	*	*	*	*														299
NYE, Cheryl	*	100	*	*	*	*	91	*	*	*	*	*	*	*	*	105														296
Tonkins, Richard	*	*	106	*	*	*	*	*	92	*	*	*	*	*	*	97														295
TALEN, Patrick	104	*	103	*	80	*	*	*	*	*	*	*	*	*	*	*														288
Pateman, Gemma	101	*	99	*	*	88	*	*	*	*	*	*	*	*	*	*														287
Poole, Wendy	*	*	*	81	*	*	*	*	*	*	*	*	90	*	*	116														287
ROBERTS, Malcolm	*	*	*	*	89	97	*	*	100	*	*	*	*	*	*	*														285
Squire, Darren	*	*	*	85	*	*	*	120	*	*	78	*	*	*	*	*														283
CHAPMAN, Kyle	97	*	103	78	*	*	*	*	*	*	*	*	*	*	*	*														278
Tregidgo, Steve	*	101	*	*	*	*	101	*	*	*	73	*	*	*	*	*														275
WALLBANK, Rob	100	*	101	70	*	*	*	*	*	*	*	*	*	*	*	*														271
YATES, Angela	89	*	98	*	*	*	*	*	81	*	*	*	*	*	*	*														269
Smith, Mandy	*	98	*	77	*	*	*	*	*	*	65	*	*	*	*	*														241
Marshall, Nigel	*	112	112	*	*	*	*	*	*	*	*	*	*	*	*	*														224

TODD, Claire	111	*	110	*	*	*	*	*	*	*	*	*	*	*	*	*	221
Wherry, Alan	*	*	*	110	*	108	*	*	*	*	*	*	*	*	*	*	218
APPLETON, Jane	*	*	*	*	*	104	*	*	*	*	*	*	*	*	*	110	215
KNIGHT, Anne Marie	*	*	108	*	*	107	*	*	*	*	*	*	*	*	*	*	215
CAIRNEY, Shirley	107	*	106	*	*	*	*	*	*	*	*	*	*	*	*	*	213
MARRIOTT, Chris	*	*	*	*	107	106	*	*	*	*	*	*	*	*	*	*	212
JOHNSON, Paul	*	*	*	*	*	*	*	*	*	*	*	*	100	*	*	112	212
CUTLAN, Tim	*	*	*	*	*	*	*	*	100	*	*	*	*	*	*	111	211
CUTLAN, Jean	*	*	*	*	*	*	*	*	*	*	*	*	*	100	*	107	207
Small, Kimberley	102	*	*	*	*	*	*	*	*	*	*	*	*	*	*	104	205
HAMPTON, David	*	*	99	*	*	*	*	*	*	*	*	*	*	*	*	103	202
Montgomery-Smith, Phil	*	*	*	*	*	*	*	*	103	*	*	*	98	*	*	*	201
ALSOP, Daniel	*	90	*	*	*	*	*	*	*	*	*	*	*	*	*	108	198
PAYNE, Holly	*	*	*	*	*	91	*	*	*	*	*	*	*	*	*	106	197
Payton, Alexandra	*	*	*	92	*	104	*	*	*	*	*	*	*	*	*	*	196
SWEET, Kerry	*	*	107	87	*	*	*	*	*	*	*	*	*	*	*	*	193
PAGANO, Angelina	*	*	*	*	*	*	*	*	*	*	*	*	87	102	*	*	189
Jackson, Brett	*	*	*	71	*	*	102	*	*	*	*	*	*	*	*	*	173
DE ZORZI, Dino	*	*	*	*	*	*	*	*	*	*	71	*	100	*	*	*	170
Hadfield, Dawn	*	*	*	88	*	*	*	*	*	*	63	*	*	*	*	*	151
YOUNG, Andy	131	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	131
SMITH, Nicola	*	*	*	*	*	*	*	*	*	*	*	*	124	*	*	*	124
GIBBS, Clive	116	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	116
MOORE, Michelle	*	*	111	*	*	*	*	*	*	*	*	*	*	*	*	*	111
SCRACE, Charmaine	*	*	106	*	*	*	*	*	*	*	*	*	*	*	*	*	106
PHILLIPS, Matt	105	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	105
THOMAS-HORTON, Michaela	*	*	103	*	*	*	*	*	*	*	*	*	*	*	*	*	103
BARRETT, Liz	*	*	101	*	*	*	*	*	*	*	*	*	*	*	*	*	101
BUCKLAND, Allan	*	*	*	*	*	*	100	*	*	*	*	*	*	*	*	*	100
CHERRY, Robert	*	*	*	*	*	100	*	*	*	*	*	*	*	*	*	*	100
COLLINS, Joanna	*	*	100	*	*	*	*	*	*	*	*	*	*	*	*	*	100
MCCULLOUGH, Lyndsey	*	*	100	*	*	*	*	*	*	*	*	*	*	*	*	*	100
MOORE-DUNSTAN, Danielle	*	*	100	*	*	*	*	*	*	*	*	*	*	*	*	*	100
PRESCOTT, Kay	100	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	100
RETALLICK, Lynsdey	*	*	*	*	*	100	*	*	*	*	*	*	*	*	*	*	100
RODDA, Joanne	100	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	100
SMITH, Leanne	*	*	*	*	*	100	*	*	*	*	*	*	*	*	*	*	100
SPEAKE, David	*	*	*	*	*	*	100	*	*	*	*	*	*	*	*	*	100
STEED, Gay	*	*	*	*	*	*	100	*	*	*	*	*	*	*	*	*	100
THOMAS, Emma	*	*	100	*	*	*	*	*	*	*	*	*	*	*	*	*	100
Trudgeon, Steve	*	*	*	100	*	*	*	*	*	*	*	*	*	*	*	*	100
TRUDGEON, Susan	*	*	100	*	*	*	*	*	*	*	*	*	*	*	*	*	100
TRUSCOTT, Neil	*	*	*	*	*	*	*	*	*	*	*	*	100	*	*	*	100
WALKER, Daniella	*	*	*	*	*	*	100	*	*	*	*	*	*	*	*	*	100
WALKER, Karl	*	*	*	*	*	*	100	*	*	*	*	*	*	*	*	*	100
Warrington, Trystan	*	*	*	100	*	*	*	*	*	*	*	*	*	*	*	*	100
BAZIN, Peter	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	100	100
BERTHO, Nicola	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	100	100
BOTTRILL, Darren	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	100	100
BUDGE, Claire	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	100	100
DAVIE, Katie	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	100	100
GRAY, Helen	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	100	100
GREER, Mike	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	100	100
GRIGG, Neil	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	100	100
MARTIN, Steve	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	100	100
REID, Steve	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	100	100
STEVENS, Paul	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	100	100
BLEWETT, Derren	*	*	*	*	*	*	99	*	*	*	*	*	*	*	*	*	99
HYDE-LINAKER, Elaine	*	*	*	*	*	*	*	*	*	*	*	*	99	*	*	*	99
THOMAS, Adam	97	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	97
STARKEY, Debbie	*	*	*	*	*	*	*	*	*	*	*	93	*	*	*	*	93
WALLER, Joely	*	*	*	*	*	*	*	*	92	*	*	*	*	*	*	*	92
MOORE, Jane	*	*	*	*	*	*	*	*	92	*	*	*	*	*	*	*	92
JAMES, Becky	*	*	*	*	*	*	*	*	*	*	*	91	*	*	*	*	91
HILL, Jeremy	*	*	*	*	*	88	*	*	*	*	*	*	*	*	*	*	88
Lowendahl, Nick	*	*	*	87	*	*	*	*	*	*	*	*	*	*	*	*	87
Spiteri, Dawn	*	*	*	85	*	*	*	*	*	*	*	*	*	*	*	*	85
HEATH, Trevor	82	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	82
Tagney, Maggie	*	82	*	*	*	*	*	*	*	*	*	*	*	*	*	*	82
WHITEHEAD, Martin	77	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	77
RAPSON, Nigel	*	*	*	*	*	*	*	*	*	*	70	*	*	*	*	*	70
LUCAS, Andrew	*	*	*	*	*	*	*	*	*	*	65	*	*	*	*	*	65