

Races

- Tues 6th, Cubert 5 GP Race – Full
- Weds 14th, Bude Lifeboat MTRS Race – Full
- Weds 21st, Meet Your Max MTRS Race
- Saturday 24th Sticker 5 GP Race
- Tues 27th Boconnoc 5 MTRS Race

More details: Helen.Struthridge@imerys.com

ENTRIES BEING TAKEN

Meet your Max 10k (7pm) – £10/12 – cheques made payable Truro Running club.

Sticker 5 (6.30pm) – £10/12 – cheques made payable Sticker Football Club

Boconnoc 5 (7.15pm) – £10/12 – cheques made payable St Austell Running Club.

July

Weds 5th, 7.30pm, summer Turkey Trot GP Race, 4 miles – £10/12 – cheques made payable Cornwall Athletic Club

Sun 15th, 11am, Magnificent 7 GP – £12/14 – cheques made payable Tamar Trotters

Sat 29th, 6.45pm, Tywardreath Trotter 7 miles MTRS (& presentation) – £10/12 cheques made payable Matt Ward

August

Sun 6th, 10am, Indian Queens 1/2 Marathon GP – £14/16 cheques made payable Indian Queens 1/2 Marathon.

GP – Grand Prix Race MTRS– Multi Terrain Race Series

For more information please contact Helen: Helen.Struthridge@imerys.com

BOCONNOC 5 mile MTRS Race

Boconnoc is kindly organised by the St Austell Running Club, although it has now become part of the Multi Terrain Race Series this is a charity event to raise money for the St Johns Ambulance to show our appreciation for their hard work and support at our races.

However this event could never be so successful as it has become without the hard work from the lovely race organiser Lesley Maclaren, Marshals, strimmers, & cake makers !! If you would like to Marshal or lend a hand please contact Lesley Maclaren lesleymaclaren@me.com Please feel free to contribute some lovely cake, for more details contact Becky James.

JAMES BOND NIGHT BOOKINGS NOW BEING TAKEN!!

Spaces still Available!!
Friends & family welcome!
James Bond & Casino Theme Night!!
At Rugby Club on June 16th
Only £20 Ticket
Casino Games, Disco & three-course meal!!
Contact: Charlie charlietrethewey@btinternet.com
Tel: 07859878055



RECCE NIGHTS!!!

All club members welcome!!

In preparation for some races ahead we have some Recce nights, there will be NO ORGANISED CLUB NIGHT AT THE RUGBY CLUB ON THESE NIGHTS!!!

Thursday 15th June
Sticker Recce
We will meet at 6.30pm at the Sticker football club & will be running 5 mile loop.

Thursday 22nd June
Boconnoc Recce
We will meet at 6.30pm in the Boconnoc grounds and will be running multi terrain 5 mile loop.

Tuesday 27th June – NO CLUB (Boconnoc Race)

10TH YEAR ANNIVERSARY

DATES FOR YOUR DIARY!!



CLUB PHOTO!!!

As part of our 10th year celebrations we are going to attempt to have a photo taken with every single member of the club!!! This is quite a challenge. giving everyone plenty of notice and in the hope of good weather we are aiming to do this on a club night: THURSDAY 8th June!!

PLEASE WEAR YOUR PURPLE & GOLD!!!

FAMILY CAMPING WEEKEND!!

Two-night camping weekend at Pentewan Will include fun day with BBQ and Band! On September 1 and 2. (more details to follow)

CHRISTMAS PARTY!!!

I am delighted to announce this year's Christmas party will be held at the Eden Project on Saturday, December 16

For more details & to book please contact: Charlie Trethewey on charlietrethewey@btinternet.com, Facebook or mobile: 07859 878055.

GIRLS NIGHT!!

There will be a girls night at Harbour side at Charlestown on July 1 from 7pm, kindly organised by Alison Talen. All ladies welcome

Also anyone planning to go to *Tunes on Dunes* July 1, we have spaces available on mini bus picking up in St Austell. Please contact Dani Walker for more details.

GET WELL SOON

On behalf of all STARCS our thoughts go out to Geoff Bazeley and Angela Yates Get Well Soon!!!

If there is anything you would like added please contact Charlie Trethewey via email: charlietrethewey@btinternet.com