



Minutes of Committee Meeting

Tuesday 15/10/2024 20.15 St Austell Rugby Club

Fixed Items

1. Welcome and Chairman's report

Welcome everyone. Thank you all for your hard work over the last few weeks

- 2 Apologies for absence. CG, DB, DS, MB

3. Review of minutes of last meeting

Minutes OK from last meeting,

4. Membership report/New members

89 paid men and 123 paid ladies membership, have been through the complete membership list and resigned after an email being sent to all those that have not renewed this year

5. Treasurer's report

14,937.51 in the bank, 70 people have paid for their Christmas meal 1,728.00, 224.00 from the film night, 250.00 paid out to the foodbank from Gribbin race

6. Secretary's report

Still waiting on confirmation from EA to how many places we have, hopefully we have one, contact Jane regarding the Hospice places, Organise promoting the London ballot place and the criteria, we have had a few people who have entered the draw already.

7. Race reports, Captains/Vice Captains updates

Ladies Captain Report -

MTRS Age Cats -

2nd - Shell Dunn, Karina Bowers, Janet Wills

3rd - Mel Nile

GP Age Cats after Truro-

1st - Karina Bowers and Debbie Marshal

2nd - Sam Ewart

3rd - Courtney Marks and Janet Wills

Truro Half - Jodie Gauld and Nat Downing 2nd age cat and Karina Bowers 3rd age cat

Marazion 10K - Janet Wills 3rd age cat

Tywarnhayle 10K - 3rd ladies team, Nat Downing, Karina Bowers, Izzy Irwin and Libby Bonney

Mawnan 10K - Mel Nile

Ironman - Claire Todd

Lochness Marathon - Sarah Price

Cardiff Half - Deb's Gibbs, Wendy Stuart

Duchy and Dinas 5

GP after Marazion -

2nd - Karina Bowers

3rd - Debbie Marshal and Janet Wills

Mens Captain report

GP series

Truro half

28 STARC runners took part

Malcolm Roberts came 1st in age cat

Iain Walker came 2nd in age cat

Marazion

35 STARC runners braved horrendous conditions just to reach the start of the Marazion 10k. The things that we'll do for a "free" hoodie.

Luckily, the weather improved for the actual race with Iain Walker and Malcolm Roberts coming 1st in age cats

The GP tables don't yet include Marazion 10k but as it stands

Age cats

1st - Dave Speake, Iain Walker,

2nd - Mark Sweeny, Malcolm Roberts,

3rd - Mike Counter,

Men's team sixth overall in the standing

MTRS

Tywarnhayle 10k

16 STARC runners took part in a horrendously wet and muddy event.

Overall standings after Tywarnhayle 10k Paul Johnson - 3rd male overall

Age cats

1st - Paul Johnson, Matt Philips,

2nd - Bradley Parsons, Brett Jackson, Steve Menear

Men's team in fourth in the standings

Further afield

Derek Thomas went on yet another holiday without us but took his STARC kit with him to do five miles on a cruise ship!

Donald took part in his first race in the new Duchy an Dinas race on Sunday.

Mike Counter, Harry Stallard and Clive Gibbs did the Cardiff half marathon

Vice Captaincy - 2025

As of 14/10/24, we have received zero interest regarding the position of men's vice captain for 2025.

It was impossible to find a vice for the last year and I'm hoping that this won't be the same moving forwards. Having a full team of captains would make life a lot easier for us all.

I will start to approach people on an individual basis but if you do know of suitable vices, I'd appreciate some encouragement towards them.

8 Run/Walk Group update

A good amount comes each week, several new members and some younger ones joining that parents run with the club. Several have been entering races which is good to see, some also come on a Tuesday or Thursday which is giving them confidence, getting ready for the Halloween run and winter tour incorporating the Christmas Tinsel run

9. Leaders and Coaching

Still waiting on a few people to complete their leaders courses, Doug will be presenting the training program for stormforce and Newquay 10K after Eden

10. Club Races

Still not heard anything from Imerys regarding the risk assessment of the new race route, perhaps invite Mark Hewson to run a recce with the club and see if we can generate some interest from Imerys so we can get the new race up and running

Eden the final preparations are being dealt with, the bridge being down has caused some difficulties with a new route, and when being checked at the weekend another minor adjustment had to be made, also the moving of the water station due to new people at one of the water stations has also had to be looked at, we have an alternative site but it makes a short distance between two of the stations and a longer gap to the next one, but it will work, found it difficult to fill all the marshal points with our own members, which is a shame, but it's nice that we have been contacted by other clubs to help

11. Publicity & Website

Photo has been changed on the facebook group, we have collated what responses we have received regarding the questionnaire, it looks like the preferred means of communication is the facebook page, so will look at perhaps closing the app down and all relevant information is put on the facebook page and emailed to members,, with the possibility of the app being shut down we will need to put the accident form somewhere that can be easily accessed lots to consider from the feedback and this will be addressed further after the AGM with the new committee and if we get any more responses back

12. Welfare

Everyone is wearing hi viz and several also wearing torches now that the evenings have drawn in, the hi viz purchased by the club will be here this week and waiting for prices from Cornwall Screenprint regarding hi viz tops for club members to purchase with the club logo on

Iain attended an event regarding the Chaplaincy with other types of clubs, found this very interesting and informative

13. Social

Christmas party is fully booked and menu choices and money are coming in which is good, t events will be planned in the new year.

Any Other Business

Looking in being affiliated with ARC as well as the EA, this may help with keeping costs down

for training leaders and we can do our own leaders training courses with health and safety and risk assessments and safeguarding. Going live with the training for stormforce and Newquay 10K after Eden and see what sort of response we get, Jacqui will be helping Doug with this. A sad note from Jo that her and Andy will be leaving as moving back to Ireland for family reasons, the committee thanked Jo for all her hard work over the last year and they will be missed but hopefully will be back for visits, Paul taking over the Imerys run.

Dino's artwork will be put up for auction at the Christmas party

Meeting finished 21.47

Next Meetings: AGM 07.11.24, 03.12.24

All committee meetings at Tuesday 20.15 – Rugby Club.

AGM on Thursday in November 19.00 – Rugby Club. (Proposed date above)