



Minutes of Committee Meeting

Tuesday 9th September 2025 20.15 St Austell Rugby Club

1. Welcome and Chairman's report

Welcome by Paul as Sam was unable to attend, well done to Jodie on a brilliant run of the Dragons Back

2. Apologies for absence. GM, LH, SE

3. Review of minutes of last meeting (relevant items can be moved to be discussed later, if likely to be covered by the agenda)

Minutes approved from last meeting

4. Membership report and approval of members

111 Female, 87 Male members

5. Treasurer's report

£17,053.06 balance, Charity donations need to be issued by the AGM,
Brain Tumour £700.00
£300 Foodbank

Large cheques to be got and presentations to be done, additional signs to be bought and shed repairs quote 216.00 agreed to get done before the bad weather sets in.

6. Secretary's report,

We've been approached by Run Republic to do a feature and join the club finder, a forum in exeter to discuss various aspects for volunteers, Cotswold outdoor centre now have a running department and members get 15% discount

7. Race reports, Captain's/Vice-captain's update (advertising for new captains and showing who has been captains before)

Ladies Captain Report

GP

5th overall - Claire Dale

7th overall - Libby Bonny

1st Age Cat - Libby Bonny

2nd Age Cat - Anita Hudson, Theresa Williams,

3rd Age Cat - Clare Dale

MTRS

2nd overall - Abbi McEwan

8th overall- Anita Hinson
10th overall - Mel Nile

1st Age Cat - Abbi McEwan
3rd Age Cat - Steph Edwards, Anita Hudson

Other Races

- Dragons Back - Jodie Gauld 2nd Female!
- Saints Way Ricochet - Karina Bowers 1st Female!
- Saints Way - Sam Ewart and Jacqui Martin, Jacqui completed the Saints and

Smugglers series 🍌

- Dartmoor in a Day 30K - Emma Lawry and Beckie Shore
- Great North Run - Ruth Simmons for Guide Dogs charity
- Arundel Castle 10K - Theresa Williams 2nd Female
- The RAT

Red - 20 miles

Lorraine Hoar

Mel Nile

Sam Timothy - first race for STARC and absolutely smashed it

Black - 32 miles

Nat Dowling

Steph Edwards

Gwen Maggs

Anita Hudson

Jenny Gardiner

James Stephens Men Captains report

MTRS

Overall in series

2nd - Brad Parsons

3rd - James Youlden

Age cats

1st - Brad Parsons, James Youlden, Steve Towsey,

2nd -Mat Henderson, Ross Lawry

3rd - Luke Fordham, Steve Menear

Teams - 3rd overall

GP - After Sticker

Age cats

1st - Bradley Parsons

2nd - Marv Hine, Steve Towsey,

3rd - Nicholas Wherry, Stu Richards,

The RAT

Damen Powell took on The Plague for the first time and battled through to complete it. Brad made it look easy as always. We also had a great turnout in the black and red editions of the race and a huge turnout for support.

8. Run/Walk Group update

Run/Walk everything is going well, finished the summer tour and back at the club until the Winter tour starts at the end of November until Christmas

9. Trail Nights

10. Leaders, Training and Coaching,

First 8 of the in house trained leader have attended the first stage which was a presentation from Doug, contact Mel for the first aid course, this will be opened up to the club. Congratulations to Iain for passing his coaching qualifications, Iain thanked the club for this. Mel and Iain will do the safeguarding presentation with the new leaders, all the information is on the website for future groups to be trained, thank you Clive for all the online information. Looking out for more members to become leaders

11. Website

Nothing to report

12. Club Races,

Gribbin all good and finished with a good profit, Skyline looking at having the base at the college again next year, all paperwork started, hopefully the college will be available and if the new building isn't ready we can hopefully use the old one, 200 possible entries for next year and part of the MRTS, MRTS require at least 150 to add it to the MRTS. Eden will be the same course as last year, the bridge isn't suitable for runners, it should be the original proposed route not the last minute alternative route as changes have been made, same first aid cover search and rescue. Eden is going well but we still need more marshals. The water station that we thought we would have to move is a go for this year. Iain has spoken to the widow and she is happy for it to be there again this year. Chaos radio should be present, perhaps have Tom Howell marshal near the end and have interviews with the runners, Andy Chase has offered to help with the setting up

13. Welfare

To explain to new members what the roll of the Chaplain is, Iain looking to start a running group once a month on a Sunday, Church to Church, not to do with the club as such but having help from STAARC and Bodmin

A post for HI Viz and torches to be worn on club nights now its getting dark

14. Social

21st November Christmas party at Carlyon Bay Golf club, £49, will need approximately 90-100 people, committee has decided to subsidise the tickets at £10 per ticket, so each person now pays £39 per ticket

Any Other Business

Screenprint can do supporters t-shirts for £13 each a link can be put on the facebook page to follow and order.

Committee asked to think about positions for the AGM and who is staying and who is going, Christine has said she will be leaving the committee and the post of social secretary, Derek thomas will be taking over this roll

Monthly challenges introduced for member to complete, ideas for challenges

Most improved runner is to be reintroduced this year by the GP series, need to ask and see who we think the most improved Female and Male runner is with information to back this up GP and MTRS only to count. This doesn't need to be the same nomination as the club one, but the one to be presented at the mob match through the GP needs to be supported with data etc..

Awards for Christmas party need to be thought of, correct data for each runner when entering races for the club mileage, Iain to email the track

Meeting finished 9.24pm

Next Meetings: 14/10/2025, 06/11/2025 AGM, 02/12/2025

All committee meetings on Tuesday 20.15 – Rugby Club.
AGM on Thursday in November 19.00 – Rugby Club. (Proposed dates above)