



Minute for Committee Meeting

Tuesday 2nd December 2025. 20.15 St Austell Rugby Club

1. Chairmen's welcome
2. Apologies for absence. KB, MT, AD, CG, CG, DG, JS, DS, PC, TW
3. Review of minutes of last meeting (relevant items can be moved to be discussed later, if likely to be covered by the agenda)

Approved

4. Membership report and approval of members

93 Male
112 Female

5. Treasurer's report

£10,240.28, Trophies cost more than expected but there will be a discount next next year

6. Secretary's report

Yoga and Strength and Conditioning dates have been agreed with the Sam and Rich and the Rugby Club, Also the meeting dates for the year, Marathon ballot place allocated and the entry has been made and confirmed

7. Race reports, Captain's/Vice-captain's update

Ladies race report:-

GP

Clare Dale - 6th overall
Libby Bonney - 1st overall

Age cats:-

Clare Dale 2nd
Theresa Williams 2nd

Ladies team 4th

Lots of ladies in the top 10

Mel Nile won most improved

Debbie Marshall, Libby Bonney and Clare Dale - completed all 14 races.

MTRS (so far)

Abi McEwan - 2nd overall

Mel Nile 6th

Steph Edward's 7th

Age cat:-

Abi McEwan 1st

Steph Edward's 2nd

Mel Nile 3rd

Alison Day 3rd

Trevithick 12 61 entries so far and 31 are women

Also Monday group 🥳

Sam Timothy is doing her 1st ultra at The Fairy Tale of Newquay on 13/12.

Lisa Worfold - consistently getting PBs at Eden PR

Helen Sandy in training for the London Marathon

Well done to the Monday Group and Jacqui please keep doing what you're doing , as you're amazing and inspiring so many people

Mens Captain's Report:-

'GP Series:

David Speake, Steve Towsey, Steve Menear & Luke Wood completed all 14 races in this years

GP Series.

Steve Towsey 2nd in Age

Marv Hine 2nd in Age

Bradley Parsons 3rd in Age

Stuart Richards 3rd in Age

Ryan Marks 3rd overall in Mini GP Series.

MTRS (after 5 races):-

Male Team in 2nd Place after 5 races with James Youlden currently leading the MTRS Table.

Bradley Parsons currently 1st in Age.

Luke Fordham currently 1st in Age.

Steve Menear currently 1st in Age.

Andy Coles currently 2nd in Age.

Ross Lawry currently 2nd in Age.

Steve Towsey currently 3rd in Age.

Lost Run 7 - 16th Nov 2025

Bradley Parsons finished 2nd overall.

Scilly 60: 555 - 30th Oct 2025

(5 Marathons on 5 Islands in 5 days)

Paul Johnson - 1st Finisher overall & 1st ever to complete the event.
Also not forgetting huge amount Paul Johnson does for Eden Parkrun.

Alan Wherry continues to finish high in Age Group rankings in Half Marathons.

Ryan Marks often 1st finisher in Eden Parkrun or if not 1st, more often than not, a top 3 finisher'.

8. Run/Walk Group update

The Winter tour is going well, the 0-5K will start in January (19th January) it will be a 10 week session and will end with the Park Run in March (28th March) which we are also hoping will be a St Austell Running club take over, also hoping that members will also run with any that complete the sessions

9. Leaders, Training and Coaching, Training leaders Doug

Leaders training going well, now doing guided sessions with other leaders, welfare section to be completed and first aid course to be set up as well for new and old leaders.

Doug is planning a training schedule for over the winter after the success of last years going for 10, this is called "Having a Half" which will be training for members for a half marathon, a choice for March include, Falmouth, Exeter, Taunton, Broken Beast etc... Clubs 4 coaches will be on hand to help with training and guidance with Clive organising the data

10. Club Races,

Skyline 21.03.2026, entries open 3.12.2025, start at the college, Imerys all okay everything track at the moment

Gribbin date for next year 27.05.2026, Iain to have a chat with Richard to confirm date

Eden Libby will be helping with the marshalls this year and Doug would like someone to start shadowing him to learn the ropes and to help with the event is the view of taking over at some point, to ensure someone knows who to get permissions, know the routes etc.. perhaps set up sub committees for races so the responsibilities don't fall to just one person to deal with

11. Website

Website, perhaps add perpetual trophy information on the website, also the charity for this yer information South West Coast path, perhaps get Chaos radio involved and advertise

12. Social

Social events to raise money for the club and this years charity 50/50 lots of idea to be thinking of and the set occasions to be put in the diary and organised for next year

Any Other Business

Perhaps more people to mention when driving to races and perhaps more car sharing, possible group chat for this, possibly restart the statics of who had the most entries at races, GP. Kit to be sorted and looked in to again about a new suppliers . Coaching sessions, away days for the club and recess of our races, Stats abs mileage to be taken over by someone as Iain has requested to stand down from this.

Next Meeting: 06/01/2026, 17/02/2025, 24/03/2026, 05/05/2026, 16/06/2026, 28/07/2026, 08/09/2026, 13/10/2026, 05/11/2026, AGM, 01/12/2026

All committee meetings on a Tuesday 20.15 – Rugby Club.

Meeting closed 9.10pm