

LEG 1:
Padstow to Blabel
House (@5 miles)

/// what3words

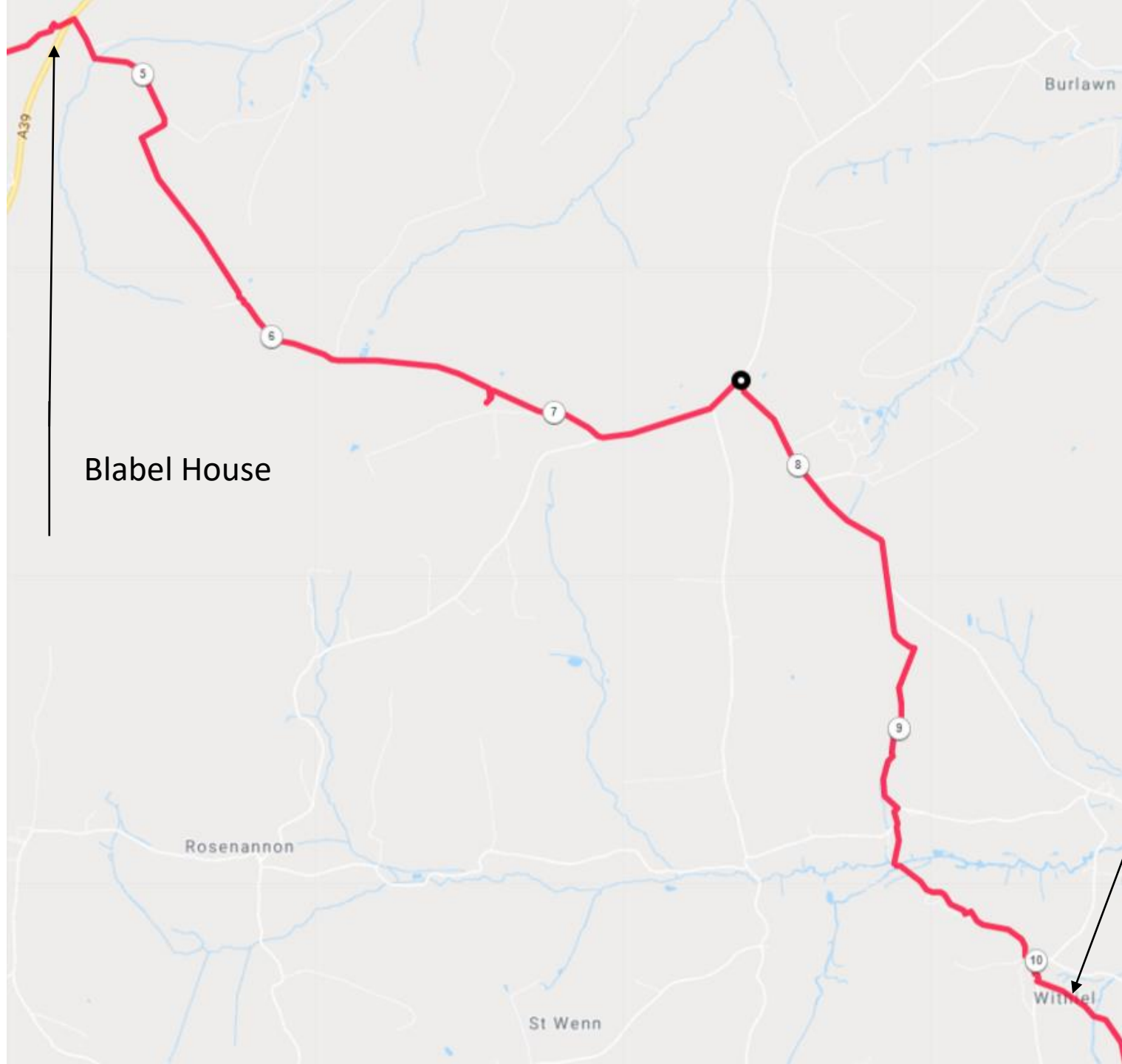
///pats.roof.pausing

**START AT PADSTOW: 8AM
FIRST WAVE THEN 9AM
FOR FASTER GROUP**

Blabel House
(in lane just
before crossing
A39)

/// what3words

///flotation.switch.finger



Blabel House



LEG 2:
Blabel House to
Withiel (@5 miles)

ASSEMBLE: 9.30AM
(timing is approximate)

Withiel
(outside church)

 what3words
[///resettle.replaces.delight](https://www.what3words.com/)




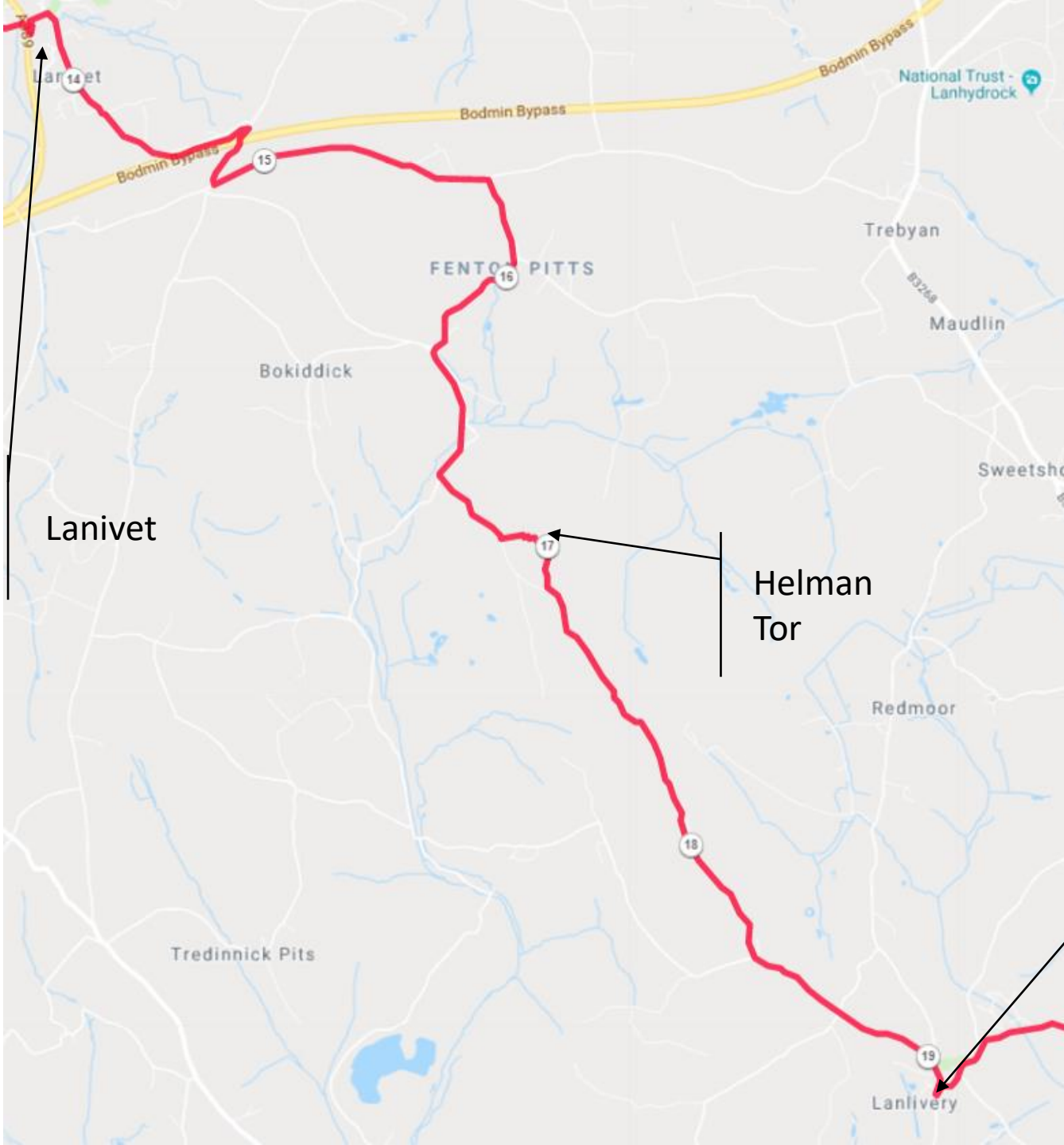
LEG 3:
Withiel to Lanivet
(@4 miles)

ASSEMBLE: 11AM
(timing is approximate)

Withiel

Lanivet
(Town
car park)


 what3words
[///handrail.boggles.stewing](http://handrail.boggles.stewing)

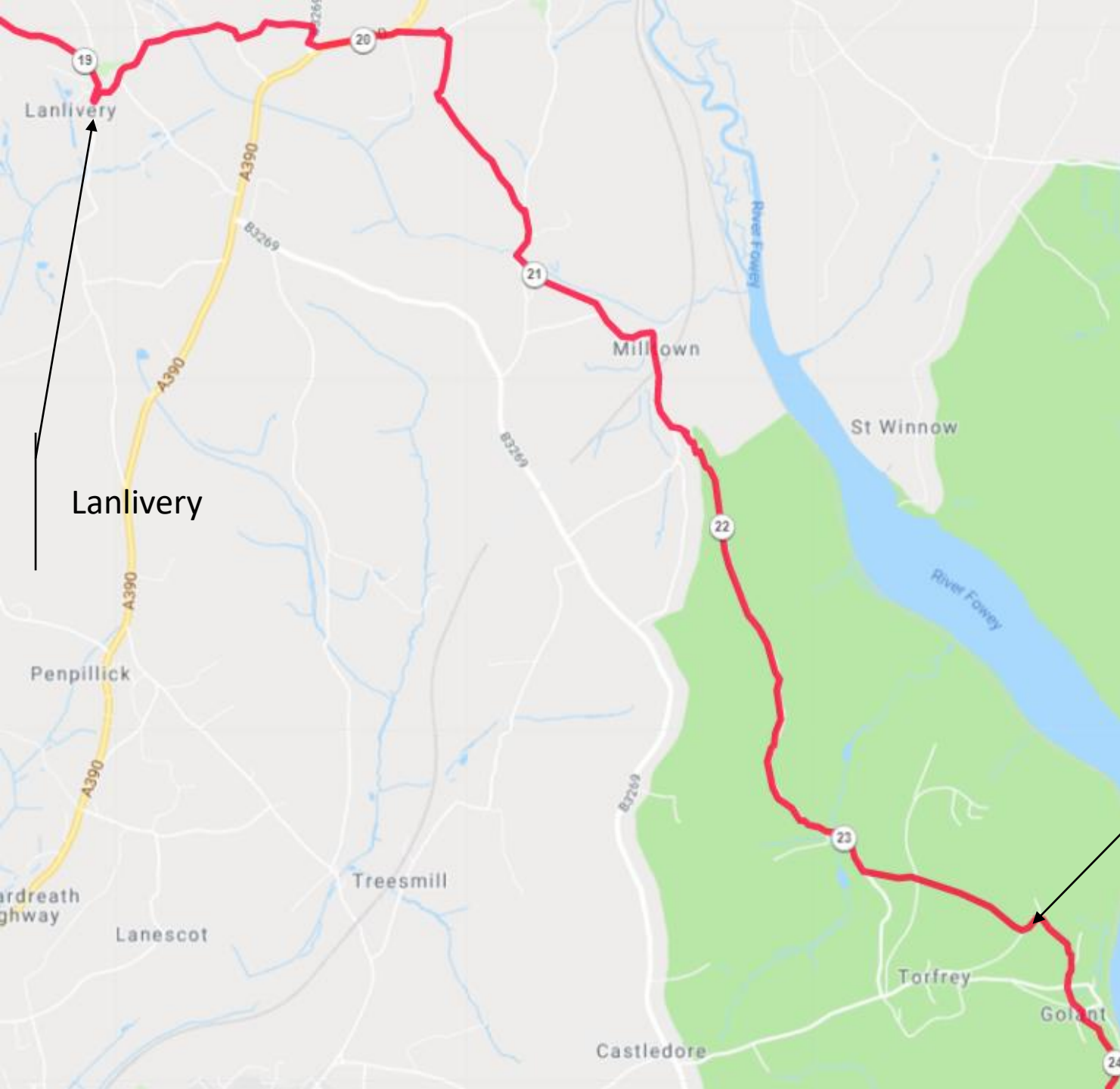


LEG 4:
Lanivet to Lanlivery
(@5 miles)

ASSEMBLE: 12.30PM
(timing is approximate)

Lanlivery
(Roselyon
School)


 what3words
[///nail.leaky.pitching](https://nail.leaky.pitching)



LEG 5:
Lanlivery to Golant
(5 miles)

ASSEMBLE: 1.30PM
(timing is approximate)

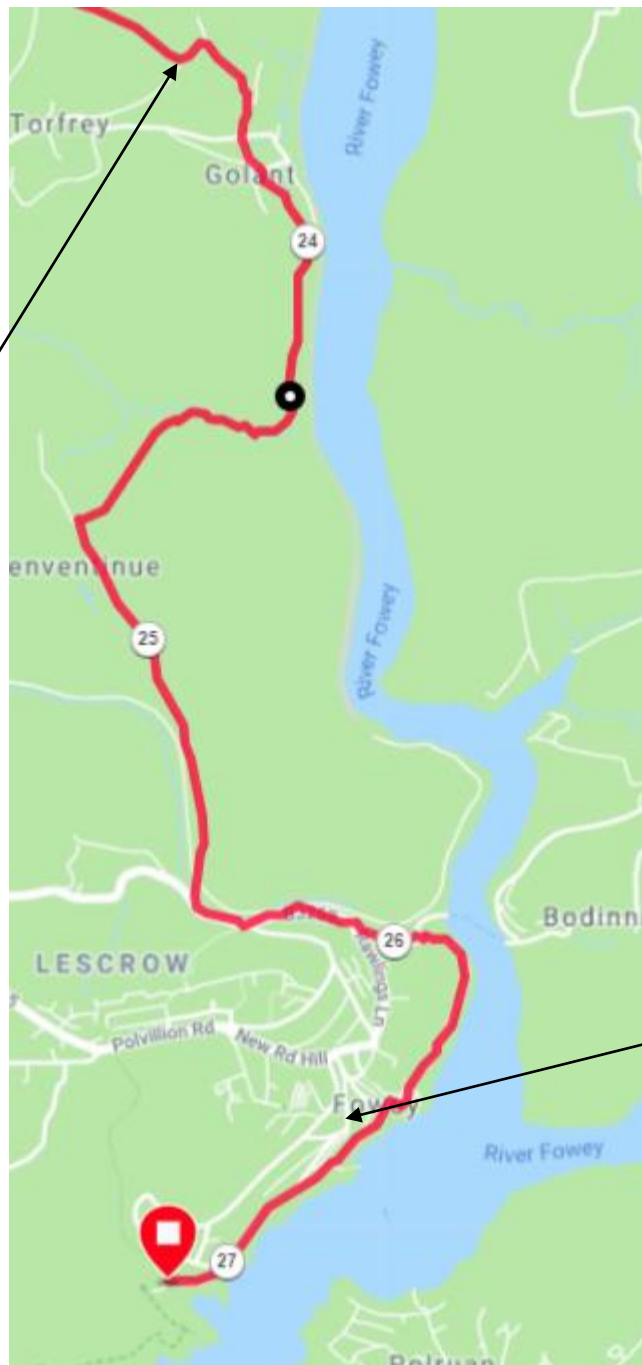
Golant
(in lay by when
you get out of
field)

 what3words
[///rewarded.stocky.chugging](http://rewarded.stocky.chugging)



LEG 6:
Golant to Fowey
(4 miles)

ASSEMBLE: 3PM
AIM TO FINISH: 4 to 5PM
(timing is approximate)



Fowey
(Bodinnick Ferry car park, then onto church in town, then finish at Readymoney Beach)

/// what3words

///smuggled.invite.hopefully

Golant