



Calling Notice and Agenda for Committee Meeting

Tuesday 25th March 20.15 St Austell Rugby Club

1. Welcome and Chairman's report

Welcome everyone, we may look at perhaps not doing a full Captains report of we have a full agenda, just the main points highlighted at the meeting with the full report being put on the minutes, this is just a thought for future meeting if we have a lot of things that will be lengthy discussions.

2. Apologies for absence. KB,GP, MN, GM

3. Review of minutes of last meeting (relevant items can be moved to be discussed later, if likely to be covered by the agenda)

Minutes approved from last meeting

4. Membership report and approval of members

Membership renewals all sent out 77 female paid members and 62 Male paid members

5. Treasurer's report

17,785.23 nothing outstanding at present, but Gribbin requests will be sent in soon.

6. Secretary's report,

Nothing to report will check

7. Race reports, Captain's/Vice-captain's update (advertising for new captains and showing who has been captains before)

Ladies Captain Update Gwen Mags

Gloucester Half Marathon - Janet Wills

San Tropez Marathon - Jules Williams and Gill Overell

Way of the Dead - Karina Bowers, Nat Dowling, Claire Todd and Gemma Pateman

Las Galletas, Tenerife 10K - Lorraine Wherry

London Landmarks Half Marathon - Courtney Marks

An Res Hellys - Nat Dowling 2nd age cat, Kate Washington, Claire Dale and Gemma

Martin 3rd age cat and 2nd place ladies team

Vienna Marathon - Emma Lawry and Beckie Shore

Hong Kong 12K - Ann Bradley

Run Like Hell - Libby Bonney first, Nat Dowling 2nd and Abbi McEwan 3rd overall and first team alongside Paul Johnson

Tunnel 10K - amazing turnout

Manchester Marathon - Paula Viera, Charlie Trethewey

London Marathon - Janet Wills, Lorraine Hoar, Kate Stevens

Smugglers away - Sam Ewart and Jacqui Martin

Bodmin Beast Half - Nat Dowling 1st age cat, Claire Dale 3rd age cat and ladies team 3rd overall

Bodmin Beast Marathon - Karina Bowers 2nd age cat and Debbie Marshal tail ran 37 runners (mostly women) completed the Mountain Rescise 5K, a great success

Salt ash Half Marathon - Kate Stevens 2nd age cat

GP Series -

Libby Bonny 4th, Clare Dale 6th and Debbie Marshal 9th overall

1st Age cat - Libby Bonny, Debbie Marshal

2nd Age cat - Katie Waddington, Nat Dowling, Loraine Hoar, Theresa Williams, Janet Wills

3rd Age cat - Clare Dale

3rd Ladies Team

MTRS

Mel Nile 7th and Shell Dunn 9th overall

2nd Age Cat - Shell Dunn, Janet Wills

3rd Age Cat - Nat Dowling, Mel Nile

4th Ladies Team but only 7 points in it with Perran Trail Runners

Mens report James Stephens

GP

An Res -

Doug Alsop came first in age cat

Marv Hine and Steve Towey second in age cat

Mark Sweeny and James Youden third

Men's team came third

In the standings

1st in age cat Marv Hine, Steve Towsey

2nd in age cat - Bradley Parsons, Stu Richards, Steve Menear, Malcolm Roberts

3rd in age cat - Luke Wood, Dave Speake, Doug Alsop

STARC men hold first second and third in

MTRS

In the standings

1st in age cat - Paul Johnson, Matt Philips,

2nd in age cat - Bradley Parsons, Brett Jackson, Steve Menear

Men's team second overall

The club was well represented at both the Manchester and London Marathons.

Special mentions go to Jamie Masters with an incredible 2 hour 47 minute time at London and to Jordan Cocks who went from his first 5k race at Plymouth this time last year through to completing London Marathon.

Ross and Mat went a little further and took part in the Blackpool marathon.

Brad, Alan and Malcolm took part in a sunny Saltash half marathon. Alan coming first in age cat, Malcolm second and the men's team bringing home a third.

A good turn out for the Beastly Marathon and Beastly half in Bodmin with Brad coming home in second place for the marathon and first in age cat.

Trevornick is next in the GP series this Sunday with 34 club members booked to race. A handful of members will cross the border into Devon for Plymouth half Marathon.

8. Run/Walk Group update

All going well with the Run/Walk group, 37 people ran the Mountain rescue Charity Run, some medals left so will do another run or maybe a virtual one.

9. Trail Nights

10. Leaders, Training and Coaching,

Club leaders vests being ordered for the summer for leaders. The training programme will start soon, dates will be posted on facebook and hope to have it all done before the next meeting, iain has done 2 days of his coaching course and has 3 more to do at a later date

11. Website

Sam and Rich's info will be posted on the website highlighting the classes the benefits for runners

12. Club Races,

Skyline virtual run is doing well with 24 entries so far, once all costs have been confirmed proceeds to go to our charity for this year Brain Tumour Support, maybe some new signage for next year, baggage drop, headquarters and maybe some others to be organised before next year. Also the race will be going to the CRRR to be considered for the MTRS series next year

Eden all going well, Dough to check if the bridge has been replaced so we can run the original route or if we have to run the route we ran last year

Gribbin, 141 entries so far, order 250 medal as should have more entries if not run another virtual one after, Sam going to check with one of the farmers to see if we can use a field closer to the start, the gentleman from the foodbank will be there as well, maybe try and get Chaos radio involved and send something to advertise the race, race will be run on the original route as the path has been improved

13. Welfare

Nothing to report

14. Social

Confirmed that the Christmas Party will beat the Brit again this year, extension to the finishing time, last Friday in November, quiz night 25th June at Bethel for the Brain Tumour support charity

Any Other Business

Organising the buses for the Saints way, waiting on prices at the moment and possibly only one bus with some additional loops for the faster runners, advertise of food for the events

Brick wording Run stronger together to besent to the rugby club so the brick can be done and put up

Looe Pioneers have emailed about having a training day swap with them, James is going to contact thyme and arrange this.

Members incentive scheme to be looked at, maybe a championship to run throughout the year for all to participate in and then have a bigger one for the year after which is our 20th year and could form part of our celebrations, also an idea of having training vest for club members to wear on club run, good advertising for the club on all runs.

Look at ways at getting Chaos radio involved in the club with advertising events etc.. something about Gribbin and also Eden maybe have an open day for the club, hopefully get them on board and get some good publicity for the club and its charity. Clive going to put something together for Gribbin and send to help promote the race and the foodbank

We've had a look and discussed perhaps another email, perhaps for races so that things aren't missed National run day, perhaps get a group of runners with the club vests for this to promote the club locally and get some photos done and advertise the event hopefully in the voice if we can

Next Meetings: 17/06/2025, 29/07/2025, 09/09/2025, 14/10/2025, 06/11/2025 AGM, 02/12/2025

All committee meetings on Tuesday 20.15 – Rugby Club.

AGM on Thursday in November 19.00 – Rugby Club. (Proposed dates above)

Meeting finished 9.30pm