



Minute for Committee Meeting

Tuesday 14th October 2025. 20.15 St Austell Rugby Club

1. Chairmen's welcome
2. Apologies for absence. GP, DS, JS, TW,LH
3. Review of minutes of last meeting (relevant items can be moved to be discussed later, if likely to be covered by the agenda)

Approved

4. Membership report and approval of members

232

5. Treasurer's report

£16,227.36, Brain tumour donation to be made

6. Secretary's report

The Brick as been done for the rugby club and is on the wall on the stairs, ARC committee permit sending position available, CRRRG Treasurer and Vice Chairman positions needed for their next AGM

7. Race reports, Captain's/Vice-captain's update

Ladies Captain update

MTRS season 2024-25

Age Categories -

Michelle Dunn 🏆

Nat Dowling 🏆

Karina Bowers 🏆

Female Team 🏆

Completing 11 races - Melanie J Nile and Michelle Dunn

Tywarnhayle 10K

Age cats

🏆 Abbi McEwan

🏆 Karina Bowers

🏆 Mel Nile

🏆 Ladies team

Cardiff Half - Wendy Stuart and Debbie Gibbs

Sibelco Templar 10 miler - Emma Lawry and Beckie Shore

Polkerris Aquathon - Nicci Bonfield

Trail Escape Bristol - Bath 25K - Gwen Maggs

Plymouth 10K - Karen Littler

Marazion 10K -

Age cats

🏆 Libby Bonney

🏆 Clare Dale

🏆 Mel Nile

Truro Half

🏆 Theresa Williams

Bude Pirate Run

Age cat

🏆 Abbi McEwan

Ladies Team - Abbi McEwan, Steph Edwards, Mel Nile, Ali Day

Cheltenham Half - Karen Littler

Cheltenham 10K - Lorraine Wherry

Storm the Fort - Emma Lawry and Beckie Shore

Mens Report

Bradley Parson 1st Over all in the Saints and Smugglers 100 miler (45 minutes ahead of 2nd with a new course record of 21hrs 38 mins 50 sec

Bradley Parson 2nd overall in the STAARC Duchy and Dinas race

Bradley Parsons currently 1st on the 2025/2026 MTRS table

Bradley 4th Overall in Bude Pirate run 2nd age cat

Ryan Marks 1st at Eden park run last saturday

Doug 1st AGe cat Lakes in a day

Iain 1st age at Saints and Smugglers 100 miler

James Youlden 3rd Age Cat Tywarnhayle

Steve Menear 3rd Age Cat Bude pirate run

Steve Towsey 2nd Age Cat at Marazion, Truro Half and Bude pirate run

Alan Wherry 2nd Age Cat Cheltenham Half

Marv Hine 3rd Age Cat Truro, 2nd Age cat Marazion

Luke Fordham doing very well and more to watch out for

8. Run/Walk Group update

All going well, need to organise long sleeve tops for the leaders, also hats for club members, Winter tour to start in th November

9. Leaders, Training and Coaching, Training leaders Doug

Leaders training going well, now doing guided sessions with other leaders, welfare section to be completed and first aid course to be set up as well for new and old leaders.

Doug is planning a training schedule for over the winter after the success of last years going for 10, this is called "Having a Half" which will be training for members for a half marathon, a choice for March include, Falmouth, Exeter, Taunton, Breken Beast etc... Clubs 4 coaches will be on hand to help with training and guidance with Clive organising the data

10. Club Races,

Gribbin, Skyline, Eden

Eden on track with marshals, Armando volunteered with van to help with signage and water, numbers down on last year, races are getting expensive, more events available, the Club bell with be ready for this event, Sam taking to Eden

Nothing to report at the moment on Skyline and Gribbin but all going ahead next year and in the MTRS

11. Website

Website renewal due and hosting costs, maybe revamp the site in the new year

12. Social

Payment for Disco for Christmas party £250, Organise Pasties for the AGM

Any Other Business

Most improved runner nominations put forward for Male and Female, details need to be checked, also other nominations for club awards Malcolm, with Jodie being an ambassador for the club. , Marathon club place to be posted (draw at christmas party, put out for people to apply for the draw) An idea for a league table to be done for the clubs 20th anniversary for 2027, this is based on the run britain idea with fixed routes and a handicap system to be used for this, multiple routes from 10k to half marathon distance, also a club messenger group to possibly to started for club business only, such a race transfers as this has been out on the facebook page and a non member claimed the place and then did not run, this would be stopped and restarted again each year when memberships were renewed on April. All staying on the committee except Chris Todd who will be standing down this year, thank you for all your hard work

Next Meeting: 06/11/2025 AGM, 02/12/2025

All committee meetings on a Tuesday 20.15 – Rugby Club.

Meeting closed 9.40pm