



Minutes for Committee Meeting

Tuesday 16th June 2026. 20.15 St Austell Rugby Club

1. Chairman's welcome

Welcome everyone and Thank you

2. Apologies for absence: TW, PC

3. Review of minutes of last meeting (relevant items can be moved to be discussed later, if likely to be covered by the agenda)

Minutes approved

4. Membership report and approval of members

101 Female paid
98 Male Paid

5. Treasurer's report

£13,515.84

£2,000.00 on Charity, paid Christmas party deposit

6. Secretary's report

Nothing to report

7. Trail

What a fantastic summer of trail runs we have had. The usual Thursday one took us up to Helman Tor, the weather was fabulous and had a great turn out of 18 I think.

Our most recent one was around the trails of Foxhole and St Stephen, 15 came to this one. Sadly the run of amazing weather came to an end, and we were back to the more normal cornish mizzle, it didn't dampen our spirits though, everyone loved the route. It was getting pretty dark by the time we finished so head torches are a must going forward.

In addition to the club trail runs, we had a great social run from Caerhayes that Gwen organised, with drinks and music after the run. Following on from the success of this, we are having another social trail run this Thursday from Pentewan with Hub Box after. Its great to make the most of these events whilst we can. The trail runs will continue over winter, and I'll arrange a few pub finishes too, everyone seems to love ending at a pub!

Finally, we had our RAT social run, really pleased with the turnout, it was a stunning but very hot day. Great to see some of the ladies from the Sub 11/progression group join us for the later leg too.

8. Race Reports Captains/Vice captains

September Ladies Report

GP after Sticker 5

Clare Dale still 1st overall lady

Age cats:-

Emma Clarke

Clare Dale

Emma Lawry

Gill Overall

Janet Wills

Ladies Team place - Gone up to 4th

5th Team place

MTRS- After St Ives Bay -2

Gwen Maggs

Lorraine Hoar

Ladies team 2nd place

Cerys Ward ran the Sydney marathon.

Lovely to see Sam Timothy, Melody Edwards, Anita Hudson, Abbi McEwan back running.

Anita Hudson completed Lakeland 50

Mens Report

'In the GP Series -

'Indian Queens Half Marathon' (GP10) on 2nd August 2026 - Jamie Masters 3rd in Age Cat.

'Sticker 5' (GP11) on 8th August 2026 - Bradley Parsons 1st in Age Cat, Andrew Hall 2nd in Age Cat, James Martyn 3rd in Age Cat. Our Mens Team achieved 3rd Place comprised Bradley Parsons, James Martyn, Andrew Hall, James Stephens, Luke Fordham & Simon Truscott.

'Treggy 7' (GP12) 6th September 2026 - James Martyn 1st in Age Cat, Andrew Hall 2nd in Age Cat. Our Mens Team achieved 3rd Place comprised James Martyn, Dan Alsop, Andrew Hall, Luke Fordham, Simon Truscott & Elliot David. (Day before James Martyn was 1st in Age in Eden Parkrun & 4th finisher overall).

In the GP Table currently, Bradley Parsons in 4th Place & James Martyn 8th Place. Age Cats currently in the Table for Mark Sweeney 1st, Bradley Parsons 2nd, James Martyn 2nd, Andrew Hall 2nd, Christopher Baggott 2nd & Stuart Richards 3rd.

In the MTRS -

'St Ives Bay 10k' (MTRS 2) 6th August 2026 - Bradley Parsons 4th overall finisher with Age Cats for Bradley Parsons 3rd, James Youlden 3rd & Steve Towsey 3rd.

In the MTRS Table currently Bradley Parsons is in 1st Place & Christopher Nottle 3rd Place. Age Cats currently in the Table for Bradley Parsons 1st, James Stephens 1st, Christopher Nottle 3rd, Dan Varcoe 3rd, Steve Towsey 3rd, Iain Walker 3rd, Doug Alsop 3rd.

Other Races:

Iain Walker completed the 'Centurion North Downs Way 100' on 8th August 2026 - 1st in Age Cat.

Dan Varcoe completed the 'Tide Race, Isles of Scilly 10k' on 14th August 2026.

We had 7 completing the new 'Mad Hatter Portmellon Trail 12k' on 16th August 2026.

Matt Steadman running the 'Devon & Cornwall Backyard Ultra' on 29th August 2026.

Bradley Parsons completed the 'Ring O Fire 130 Mile Ultra Marathon' on 4th September 2026 finishing 7th overall out of 90'.

9. Run/Walk Group update

All good with the group, we have permission to run from the Football Club at St Austell this opens up more routes for the run/walk group as we are very limited to routes from the Rugby club, this was agreed and will start later in September

10. Leaders, Training and Coaching, Training leaders Doug

Need to get a first aid training course organised

11. Club Races,

Eden, All licenses done, flyer for residence approved by eden, photographer done, and passes for residence that we go through there land, family pass for the farm, volunteers for marshalling are coming in just need to organise positions, Andy and Carol have offered to help do the marshals next year, need to organise pasty delivery, cycle group is an idea as the roads are narrow, signs all sorted, also Hi Viz, EA rae licence. Sea cadets helping possibly the guides as well
24 production are doing a film about Heligan and hoping to incorporate eden marathon as well, see how it is set up, race leader info,

12. Website

Website all good minutes updated

13. Social

Possible run from the Par Inn, maybe chilly, curry, Christmas party to stay at the same price as last year and be subsidised by the club £39 per person.

Any other business

Request for sub committee for next years birthday celebrations for ideas and events, club championships possible idea, More information and discussion on the stars set up cost, will need nominations for club awards for the Christmas party

CRRRG most improved runner, also Ron Shoplan award, in the face of adversity award, Jan Sargent treasurer spirit of running award

Feed back on a possible bus for Mob match

Next Meeting: 13/10/2026, AGM 05/11/2026, 01/12/2026

All committee meetings on a Tuesday 8.15pm – Rugby Club. (unless stated)

Meeting closed 9.20pm