



## Minutes for Committee Meeting

Tuesday 13th January 2026. 20.15 St Austell Rugby Club

1. Chairmen's welcome

Welcome everyone and to Phil, Debbie and Karina

2. Apologies for absence. AD, DT, DG, CG, MN, DS, LH

3. Review of minutes of last meeting (relevant items can be moved to be discussed later, if likely to be covered by the agenda)

Approved

4. Membership report and approval of members

210 members

5. Treasurer's report

£14, 450.74, eden money has come through, £2,833.00, also £\$33 to bank from the raffle at the christmas party

6. Secretary's report

Check EA and upload relevant information, also need to check the email address from EA as it doesn't appear to be working

7. Race reports, Captain's/Vice-captain's update

Ladies Race Report- January 2026

MTRS - no St Pirans yet

Ladies are 2nd team

Overall - Abbi McEwan 2nd

Age cats:-

Abbi 1st

Mel 2nd

Ali 3rd

Karina did a great Tywardreath Trotter Recce run last weekend, great to see some females on it. Thanks Karina.

GP starts this Weekend 80 entries - great start.

Set up a FB messenger group to lift share, encouragement etc

Cornwall physio will do a group of 12 ladies prevention of injury session either at theirs or the club on a Wednesday evening.

Lovely to see lots of ladies attending The Cornwall Running Show.

Hoping to encourage more ladies to do Heligan Parkrun , great trail and may encourage more ladies to do trail races especially MTRS.

Some Ladies have asked for vest tops without the racer back also thicker material.

Mens Captains Report from last night's Committee Meeting:

'Key Results from St Pirans Revenge MTRS6 - 21 December 2025

Steve Towsey - 2nd in Age Cat

Dan Alsop - 2nd in Age Cat

James Youlden - 3rd in Age Cat

Steve Menear - 3rd in Age Cat

We achieved 3rd Team place with Bradley Parsons, Dan Alsop, James Youlden & Liam Donnelly.

MTRS Table not updated yet with MTRS6 results so placings unchanged from previous report.

Mid Winter Mortimer Ultra Trail 30miles - Bradley Parsons 2nd overall finisher.

Upcoming Races:

We are getting big numbers entering the GP Series.

Trevithick 12k GP1 - 18th January 2026 - 80 entrants (40 males, 40 females).

Newquay 10k GP2 - 1st February 2026 - 76 entrants (36 males, 40 females). Both races Full'.

I should have included date for Mid Winter Mortimer Ultra Trail '27 December 2025'.

#### 8. Run/Walk Group update

Back a week later then expected due to the bad weather last week, lovely to have everyone back, 0-5K starting next week

#### 9. Trail

The trail nights are still very popular, had to cancel the first one this year due to the weather warning, so had it on the Sunday instead, lots of people joined in and nice to see some that cant make it on a week night joining in on Sunday, Day of the dead trying to get a team together as we did last year the date is 28/03/26, also on trail run a first aid kit with foil blankets to be taken due to the fact that the runs are not always easily accessible if there is an accident and people may have to wait for help.

#### 10. Leaders, Training and Coaching, Training leaders Doug

The next batch of inhouse leaders are ready to start, 6 so far and hopefully some more may join before it starts, the theory conducted by Doug hopefully this month and the safeguarding organised by Iain, Dates for the first of the first aid course is 28th March, which will be taken by Mel Maskel

#### 11. Club Races,

Skyline 21.03.2026, 180 entered so far for this event, capacity for 250, good support and the advertising is going well, getting extra signs for the race, some marshalls already, need to order my HI Viz for the marshalls, need an adjudicator, photographer, maybe the photography club and the same person who did last years, funding and support from Imerys

Gribbin date for next year 27.05.2026, date confirmed, need to get out and speak to the farmers in advance so they know when it is, funding for Gribbin by Cozy Style

Eden Armando and Chris have volunteered to be the race directors for this and being helped by Doug

## 12. Website

Looked at the proposed addition of the Trophies on the website for the different categories so people are aware of them and what they are for, just need to add some more information. Nigel Hoar has kindly offered to take over the mileage and Stars for the club from Iain, looking at cleaning up the leaders schedule sheet, the two post on facebook seems to be a hit with finding the schedule easier with out the weekly round up in the same post.

## 13. Social

Looking at venues and dates for the christmas party and a sit down meal was preferred to a buffet

## **Any Other Business**

Shed has almost been sorted just a few bits to complete,.Lisa Players funeral was well supported by STARTC and other clubs our deepest condolences goes to Gary. To reintroduce the yearly book for our 20th Anniversary next year, with a bit of a practice run this year, also look at doing a proper mission statement,based on the original list of what the club represents and hope to fulfil to all members

- 1 Provide a friendly running environment
- 2 Encourage all runners
- 3 GP races support and promote
- 4 Build Skills
- 5 Promote local races

Add safeguarding and social media to the mission statement

Also would like to reintroduce the most members in races for the GP, this used to happen but when it went computerised this facility wasn't added, nice to encourage friendly rivalry to get as many members as we can to the races, builds team work, team places will calculated on all races throughout the year and not just 8, this evens out the points won over the year as some clubs don't enter the longer races and it includes more runners that do more of the run over the year.

Opening the club shop for members to order items, look at having samples for people to try, not doing a cub order people will have to pay there own delivery charges or group together, still looking into other optician for the kit.

Saints way 17th May

Next Meeting: 06/01/2026, 17/02/2025, 24/03/2026, 05/05/2026, 16/06/2026, 28/07/2026, 08/09/2026, 13/10/2026, 05/11/2026, AGM, 01/12/2026

All committee meetings on a Tuesday 20.15 – Rugby Club.

Meeting closed 9.23pm